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5-15-02
Source Naturals®
23 Janis Way
Scotts Valley, CA 95066

5/15/02

April 10, 2002

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204

RE: Notification of Nutritional Support Statements

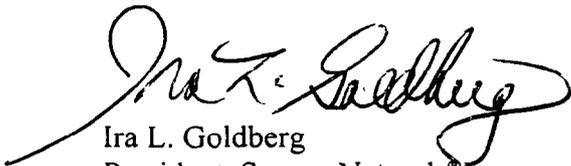
Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of, Advanced B-12 Complex a dietary supplement. Source Naturals® is the manufacturer of Advanced B-12 Complex.

Statements being made in the labeling of Advanced B-12 Complex:

- (1) Advanced B-12 Complex combines the two active, coenzyme forms of vitamin B-12 methylcobalamin and adenosylcobalamin (dibenzozide) with folic acid. Vitamin B-12 is required for normal growth, cell reproduction, myelin and nucleoprotein synthesis, and the formation of red blood cells.
- (2) Coenzyme supplementation bypasses the body's need to synthesize the active forms of vitamin B-12 from cyanocobalamin.

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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