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November 21, 2000



Office of Special Nutritionals (HFS-450)  
Center for Food Safety & Applied Nutrition  
Food and Drug Administration  
200 C Street SW  
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as 30-day notification, pursuant to section 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Dietary Supplement Manufacturer: Twin Laboratories, Inc.  
150 Motor Parkway  
Hauppauge, NY 11788

Text of statement being made: "...Improve the resynthesis of creatine phosphate and ATP...providing more energy and quicker recovery...Reduce the buildup of lactic acid, increase max VO<sub>2</sub> and oxygen delivery to the muscles for more powerful workouts and reduce onset of fatigue."

Dietary supplement ingredients: Creatine (from Creatine Monohydrate and Creatine Pyruvate) and Potassium Phosphate.

Dietary supplement brand and name: Twinlab ATP FUEL.

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statement is truthful and not misleading.

Sincerely,

A handwritten signature in black ink, appearing to read "Neil Blechman".

Neil Blechman  
Executive Vice President  
Twin Laboratories, Inc.

Enclosures

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