

Jennifer Benson Ryder, DPM  
925 South Idaho St., #160  
La Habra, CA 90631

January 8, 2001

Jane Henney, MD  
Commissioner  
FDA  
5600 Fishers lane  
Rockville, MD 20857

Dear Dr. Henney:

I am writing to express my concern about the fat-alternative additive 'Olestra.' Members of my family experienced severe nausea and diarrhea for several days after eating 'Wow' potato chips. We were unaware of the cause of the symptoms because the chips were served in a basket at a picnic. I personally experienced severe cramping, diarrhea and dehydration for five days.

I urge you to eliminate products with 'Olestra' from supermarkets. Even if the warning label was more prominent, it would not prevent illness in persons who are unaware of ingesting the ingredient at gatherings.

Thank you for your attention.

Sincerely,

  
Jennifer B. Ryder, DPM

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