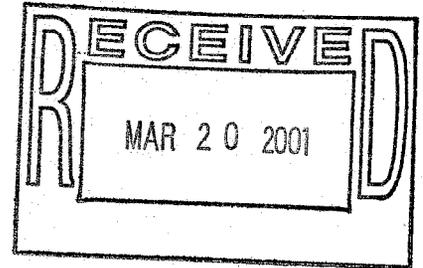


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March 14, 2001



Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW  
Washington, DC 20204

NOTIFICATION OF STATEMENTS  
OF NUTRITION & SUPPORT

This Notification is filed pursuant to § 403(r)(6) of the Federal Food Drug and Cosmetic Act (FDC Act), 21 U.S.C. § 343 (r)(6).

Name of dietary supplement: B 1 / thiamine

Statement(s) of nutritional support:

Helps promote healthy memory and mental function  
Enhances circulation  
Involved in nerve cell production  
Used in the production of energy in the body, especially in the heart and brain  
Acts as an antioxidant  
Has a positive effect on energy and growth

I certify that the information contained in this notice is complete and accurate, and that we have substantiation that the statement(s) is (are) truthful and not misleading. Two copies of this notification are enclosed with this original.

A handwritten signature in cursive script that reads "Berrilyn J. Branch".

Berrilyn J. Branch,  
Senior Research Scientist  
NatureSmart, Inc.

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