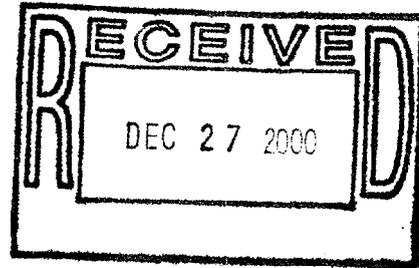


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Office of Nutritional Products,  
Labeling and Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW,  
WASHINGTON  
DC 20204

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December 22, 2000



### NURSING TEA

Pursuant to 21 CFR Part 101.93, Weleda, Inc. is filing the following Statement of Nutritional Support for the Dietary/Herbal Supplement marketed as NURSING TEA:

1. Weleda, Inc.  
175 North Route 9W, Congers, NY 10920
2. Text of Nutritional Support Statement being made: "Supports Healthy Lactation"
3. Name of dietary ingredients: Caraway seed, Fennel seed, Anise seed, Nettle leaves
4. Brand Name: Nursing Tea
5. Substantiation information on file at the company office. The corporate officer who can certify same is Erk Schuchhardt, Vice President of Weleda, Inc.

Yours truly,

  
Erk Schuchhardt  
Weleda, Inc.

975-0162

C.6345

Weleda, Inc., 175 North Route 9W, Congers, NY 10920

(800) 241-1030 ■ Fax: (914) 268-8574 ■ e-mail: admin@weleda.com ■ Internet: usa.weleda.com

Nursing Tea

WELEDA



WELEDA

**Directions:** Add one teabag to a cup of boiling water. Cover and let stand for 5 minutes.  
Drink up to 3 cups daily.

Because good water is essential to brewing a great cup of tea we recommend using spring or filtered water to ensure the best result.

**Ingredients:** Caraway Seed, Fennel Seed, Anise Seed, Nettle Leaves

All the ingredients in our Nursing Tea are certified organic; grown and harvested according to WELEDA quality standards. No flavorings, preservatives, or sweeteners of any kind are added to this product.

The tea comes in a safety-sealed, tamper-evident bag. If seal is broken do not use and contact WELEDA at 1-800-241-1030.

Warning: Use with caution in individuals with kidney and heart disease. As with any product, if you experience a skin rash, discontinue use and consult your doctor.

\*This statement has not been evaluated by the FDA. This product is not intended to treat, cure, or prevent any disease.

**Nursing Tea**

Supports Healthy Lactation\*

Certified Organic Herb Tea  
Dietary Supplement

24 TEA BAGS 1.68 O.Z. (48G)  
Mother and Child

<b>Nutrition Facts</b>	
Serving Size: 1 Tea Bag (0.07 O.Z.)	
Servings Per Container: 24	
<b>Amount Per Serving</b>	
Calories 0    Calories from Fat 0	
	%Daily Value**
Total Fat 0g	less than 2%
Sodium 0g	less than 2%
Total Carbohydrates 0g	less than 2%
Sugars 0g	
Protein 0g	less than 2%
**Percent Values are based on a 2,000 calorie diet.	

### Swiss Quality since 1921

- No petroleum derivatives
- No synthetic preservatives
- No artificial fragrances
- No artificial colors
- No animal testing
- No GMO

Distributed by  
 **WELEDA INC.**  
 Congers, NY 10920  
[www.weleda.com](http://www.weleda.com)

### About Nursing Tea and Lactation

Mothers Milk is complete and perfect nourishment. Generally, breast-fed babies develop harmoniously and without any disturbances. Breast-feeding provides a basis for good health throughout life. Even the best substitutes cannot provide the resistance to diseases given by mothers milk.

The nursing mothers diet should be easily digestible and rich in vitamins and minerals. **WELEDA's** Nursing Tea not only helps to support healthy lactation\*, but it also has a soothing effect on the digestion of mother and baby.

**WELEDA's** Nursing Tea has been sold to hundreds of thousands of satisfied mothers worldwide.

Ask your local child-birth educator for more information about breast-feeding and visit us on the web at [www.weleda.com](http://www.weleda.com).

We also recommend using **WELEDA Calendula Ointment** to help protect and soothe sore nipples - safe and effective for mother and child.

Look for other **WELEDA Calendula** baby products: Baby Cream, Diaper-Care, Baby Soap, Baby Lotion, Baby Oil, Talc-Free Baby Powder. Also for mothers: Foot Balm, Leg Toner, Arnica Massage Oil.

