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GRONEK & ARMSTRONG

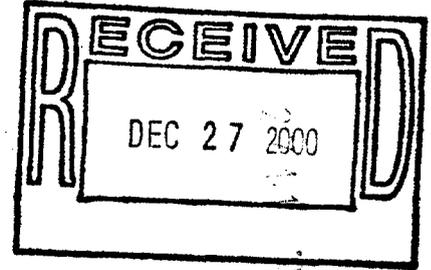
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December 20, 2000



Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204

Re: Notification for Statements on Dietary Supplement Labels

Dear Sir/Madam:

This firm represents Nature's Sunshine Products, Inc., Provo, Utah, a manufacturer and distributor of dietary supplement products (hereinafter "Nature's Sunshine"). Nature's Sunshine has requested that we notify your Agency on its behalf of the inclusion of statements of nutritional support on its dietary supplement product labels.

Pursuant to the requirements of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. §343(r)(6), and in accordance with the authorized provisions of 21 CFR §101.93(a), your Agency is hereby notified that Nature's Sunshine has made statements of "nutritional support", as described in 21 U.S.C. §343(r)(6)(A), for its dietary supplements as follows:

Product Name
Gaba Plus

Label Statement
Nervous System Support. Supports Brain and Nerve Metabolism. Normalizes Nervous System Functions. GABA is an amino acid that acts as an inhibitory neurotransmitter in the central nervous system and is essential for brain metabolism and function. Glutamine is essential for cerebral and mental function. Taurine has a protective effect on the brain and helps maintain normal activity levels and supports proper brain function. Spirulina helps support the glandular system.

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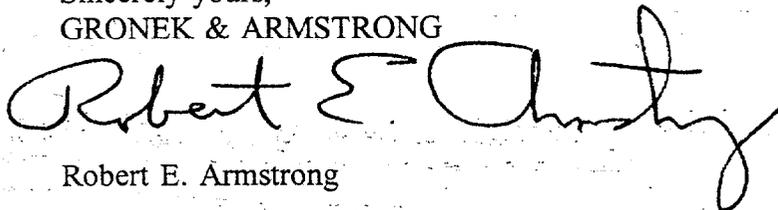
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Gall Bladder Formula	Digestive System Support. Supports the digestive system; provides soothing action.
Ginkgo & Hawthorn Combination	Circulatory System Support. Supports increased blood circulation; supports oxygen utilization in heart muscle.
Ginkgo/Gotu Kola with Bacopa	Circulatory System Support. Improves brain function, memory and concentration; promotes optimal circulation to the brain.
HCP-X	Immune System Support.
Herbal CA	Structural System Support. Herbs boost the body's absorption of calcium; enhances digestion of calcium; supports the structural system.
HSN-W	Key System. Hair, Skin, and Nails Formula; promotes proper utilization of calcium.
HVP	Sleep Easy Formula. Nervous System Support. Supports restful sleep; provides soothing and calming properties; supports proper nervous system function. Formulated for its soothing and calming.
Hydrangea	Urinary System Support.
IF-C	Immune System Support. Qing Re (Clear the Heat)
Intestinal Soothe & Build	Intestinal System Support. Nutrients to support the lower bowel; relieves occasional bloating and pressure; soothes the intestinal tract.
JNT-A	Nervous, Immune, and Structural System Support. Supports joint health. Feeds the structural system.
JP-X: Bladder Detox Formula	Urinary and Glandular System Support. Bladder Detox Formula. Supports detoxifying functions of the body; strengthens kidneys and bladder.

- K Urinary System Support. Kidney Strength Formula. Nourishes the urinary system; supports bladder and kidney health.
- KB-C Kidney and Bone Support. Urinary and Structural System Support. Nourishes the kidney; supports structural integrity. Jian Gu (Strengthen Water).
- L-Lysine Structural, Circulatory, and Immune System Support. Helps control acid/alkaline balance in body; strengthens circulation; boosts immune system. Each preservative-free capsule contains pure l-lysine monohydrochloride, one of eight essential amino acids. L-Lysine is not produced by the body, therefore it is an essential part of dietary intake and is required to form protein and maintain good health.
- L.Acidophilus Intestinal System Support. Probiotic Formula. Helps Regulate Intestinal Tract. Each capsule contains a minimum of 100,000,000 counts of pure strain of hardy, viable lactobacillus acidophilus, a symbiotic homofermentative lactic acid-producing bacteria. Each capsule is designed to help populate the intestinal tract.
- LBS-II Intestinal System Support. Lower Bowel Stimulant. Encourages intestinal contraction; supports proper waste elimination.

The undersigned hereby certifies on behalf of Nature's Sunshine that the information contained in this correspondence is complete and accurate.

Sincerely yours,
GRONEK & ARMSTRONG


Robert E. Armstrong

PJW:REA:
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CC: Nature's Sunshine Products, Inc.