

# GENERAL VITAMIN CORP

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May 18, 2001

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BY: \_\_\_\_\_

**CERTIFIED MAIL**  
**Return Receipt Requested**

Office of Nutritional Products, Labeling and Dietary Supplements  
HFS-800  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW  
Washington, D.C. 20204

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

**MoodForm**

Vitamin B6 (as pyridoxine HCl)	5mg
Vitamin B12 (as cyanocobalamin)	10mcg
Zinc (as monomethionine)	10mg
St. John's Wort (Hypericum perforatum Flower) (standardized 0.3-0.5% [0.9-1.5mg] hypericin)	300mg
Kava (Piper methysticum root) (standardized 30%[15mg]kavalactones)	50mg
L-Tyrosine (pharmaceutical grade free Form amino acid)	25mg
Other ingredients: Gelatin, glycerin, silica and water	

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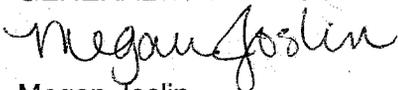
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The text of the statements that are being made in regards to the above stated product are listed below:

- support general well being
- mood refinement
- maintain a positive and healthy outlook
- supporting the biochemical processes responsible for good mood
- demonstrated safety and effectiveness
- B6 and B12 have been associated with excessive stress, commonly linked to mood pattern disturbances
- for optimal mood support

Sincerely,

GENERAL VITAMIN CORP.



Megan Joslin  
Product Development Coordinator