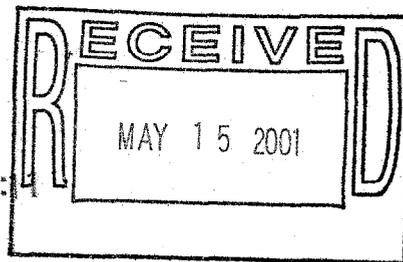




Office of Nutritional Products, Labeling and Dietary Supplements  
 HFS 810  
 Center for Food Safety and Applied Nutrition  
 Food and Drug Administration  
 200 C Street SW  
 Washington, DC 20204

8013 01 JUN 11 P2:11



**RE: NOTIFICATION OF A DIETARY SUPPLEMENT STRUCTURE / FUNCTION CLAIM**

Dear Sir/Madam:

Watkins Incorporated, in accordance with 21 USC § 343(r) and 21 CFR § 101.93, submits an original and two copies of its notification of its product marketing with the statements presented below.

Distributor:

Watkins Incorporated  
 150 Liberty Street  
 Winona, MN 55987  
 Phone: (507)-457-3300  
 FAX: (507)-452-6723

Supplement Brand Name:

Female Formula

Supplemental Ingredients  
 that are the subject of the statement:

Vitamin B-6  
 Magnesium  
 Iron

The Text of Statement of Nutritional Support:

"Formulated to help ease cyclical  
 discomforts"

In accordance with 21 USC § 343(r)(6) and 21 CFR § 101.93(c), each of the above statements will be followed by an asterisk that will be cross-referenced to another asterisk on the very same panel or page next to which the following statement will appear in a box in bold face type. "These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease."

Certification of Accuracy:

In compliance with 21 CFR § 101.93 (a)(3), I certify that the information presented and contained in the notice herein is complete and accurate. Watkins Incorporated has substantiation that the statement contained in this notice is truthful and not misleading.

*Brenda Koth*

Brenda Koth, MS, RD  
 Health & Nutrition Advisor  
 Watkins Incorporated

97S 0162 LET 8037

*Since 1868 committed to enhancing lives one person at a time*