



**THE WINNING
COMBINATION**

The Informed Choice

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November 18, 1999

Director
Special Nutritionals
Center for Food Safety and Applied Nutrition
FDA
200 C Street S.W.
Washington, DC 20204



RE: METABOLIC ACTIVATOR

Dear Sir / Madam:

This is a 30-day notification for a dietary supplement. The product name is **Metabolic Activator**. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

Andrew Lessman's METABOLIC ACTIVATOR™ is an all natural nutritional supplement designed to gently elevate the body's metabolism without the use of the potentially dangerous Ephedrine containing herb, Ma Huang. The thermogenic herbs and cellular activators in **Metabolic Activator** are designed to compensate for the natural slowing of our body's metabolism and the fatigue that occurs when we diet and reduce our caloric consumption. It is intended to safely enhance metabolism and energy, particularly fat metabolism during periods of physical activity. It contains standardized extracts of Guarana, Yerba Mate, Kola Nut and Green Tea, four herbs that contain natural caffeine-related alkaloids with a history of traditional use in many cultures for promoting energy and a sense of well being. To further fight fatigue, and also to provide calming benefits, this formula also contains standardized extracts of the adaptogenic herbs Siberian and Panax Ginseng. Vitamin C and Lysine are also included to support the production of Carnitine, which is essential for the transport and burning of all body fat. Chromium and Vanadium are added to support healthy carbohydrate and energy metabolism. **Metabolic Activator** is designed to safely and gently jump-start fat metabolism when you need it most – while dieting and exercising.

Respectfully Submitted,

Rob Maltas
Director, Product Development

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