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Michael Guilford
101a Orchard Street
Fayetteville, New York 13066

April 13, 2000

Commissioner
Food & Drug Administration
5600 Fishers Lane
Rockville, Maryland 20857

Dear Ms. Janet Henney, M.D.,

I understand that Proctor & Gamble and Frito-Lay companies are urging a change in the labeling of their food products containing the fat substitute olestra (brand name Olean). I urge you in the strongest way to deny any change that would reduce the visibility or warning of the consequences of ingesting olestra.

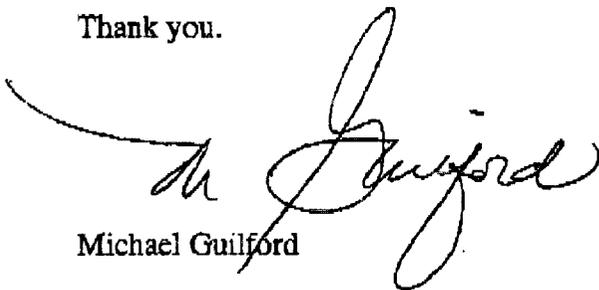
I tried Frito-Lay's WOW Potato Chips. I ate one half of their \$1.49 bag. During the night I awoke with stool oozing out messing my sleepwear and my bedding. I subsequently spent a total of 36 hours on the toilet unable to stop stool from oozing out. During this time I took three Imodium tablets without relief.

I missed two days of work and endure quite a bit of taunting from coworkers once my story was known in the office. I also learned that I was not the only one who had a bad experience with olestra.

Olestra may be safe in the sense of not being a poison, but the resulting cramps, "anal leakage" and vitamin depletion are beyond what I believe a US consumer should expect to have unleashed on them.

Please keep or increase the warnings for this product.

Thank you.



Michael Guilford

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