



UNIVERSITY OF  
**ROCHESTER**  
MEDICAL CENTER

EASTMAN DENTAL CENTER  
SCHOOL OF MEDICINE AND DENTISTRY  
SCHOOL OF NURSING  
STRONG MEMORIAL HOSPITAL  
UNIVERSITY MEDICAL FACULTY GROUP

DEPARTMENT OF COMMUNITY AND  
PREVENTIVE MEDICINE

November 3, 1999

Office of Food Labeling (HFS-465)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, S.W.  
Washington, D.C. 20204

To the Food and Drug Administration:

I have been asked by Lipton to share with you my views on that company's petition for a health claim associating the use of vegetable oil sterol esters and a reduction in coronary artery disease risk. I am familiar with the petition and have reviewed the data supporting it. I am also aware of the scientific standards used in the approval of health claims for other foods.

I am currently the Albert D. Kaiser Professor and Chair of the Department of Community and Preventive Medicine at the University of Rochester School of Medicine and Dentistry. I am also Adjunct Professor of Nutrition at both Cornell University and the Pennsylvania State University. I am the Principal Investigator of a Nutrition Academic Award and Chair of the Steering Committee for the NHLBI Nutrition Academic Award Program. I was previously chair of the Steering Committee for the DELTA Program, a multicenter study of effects of dietary fats on metabolic endpoints. I have been involved in nutrition research for the past 16 years, especially in the area of cardiovascular nutrition and lipid and lipoprotein metabolism. I have performed studies on sterol ester compounds and am well familiar with the scientific issues surrounding them. I have served on the Nutrition Committee of the American Heart Association and currently chair its Population Science Committee. A copy of my curriculum vitae is attached.

It is my opinion that vegetable oil sterol ester use is associated with a reduced risk of coronary heart disease, as supported by a large number of metabolic studies and randomized clinical trials. The cholesterol-reducing properties of phytosterols such as beta-sitosterol are well established, based on decades of research experience. Vegetable oil sterol esters appear to act similarly as unesterified phytosterols, as they appear to be released in the gut during digestion.

A number of carefully performed randomized trials in several groups of patients have verified that vegetable oil sterol esters reduce cholesterol levels when incorporated into whole foods and in doses easily consumed by the average adult. Thus, two .5mg servings appear to lower LDL

cholesterol by at least 7%. As a preventive cardiologist, I can state that these are clinically meaningful changes. Moreover, as an epidemiologist, I can say that a 7% shift in population LDL-cholesterol levels would have a profound impact on population risk of coronary disease. These data are compatible with observational and clinical trial data in the field of preventive cardiology, and, as such, enjoy considerable agreement with a huge body of scientific evidence confirming "the cholesterol hypothesis".

I have written about the need to shift population risk of coronary disease. I believe that a health claim about the association between vegetable oil sterol esters and reduced risk of CHD would assist consumers toward that goal. In this regard, I support Lipton's request that vegetable oil sterol esters be exempt from certain regulatory requirements that would otherwise not permit a health claim on the labeling of foods containing this substance. I believe this will enhance their availability and subsequent beneficial effects, since they can be formulated into tasty, convenient foods with which the consumer can comply.

Thank you for considering my opinion of this important advance in cardiovascular nutrition.

Best regards,

A handwritten signature in black ink, appearing to read "T. A. Pearson" followed by a flourish and the initials "MD PhD".

Thomas A. Pearson, MD, PhD, MPH  
Albert D. Kaiser Professor and Chair

TAP:kb

Enc (Curriculum Vitae)

## CURRICULUM VITAE

July 1999

### PERSONAL DATA:

Name: THOMAS A. PEARSON, M.D., M.P.H., Ph.D.  
Birthdate: October 21, 1950  
Birthplace: Berlin, Wisconsin  
Citizenship: U.S.A.

### ACADEMIC TRAINING:

1968 - 1971 University of Wisconsin, Madison, Wisconsin  
1971 - 1973 The Johns Hopkins University (B.A. Degree)  
1972 - 1976 The Johns Hopkins University, School of Medicine (M.D. Degree)  
1975 - 1976 The Johns Hopkins University, School of Hygiene and Public Health,  
M.P.H. Program (Advisor - Dr. Leon Gordis)  
1976 - 1983 The Johns Hopkins University, School of Hygiene and Public Health,  
Ph.D. Program in Epidemiology (Ph.D. Awarded April 1983, Thesis  
Advisor - Dr. Leon Gordis)  
Licensure: 175541-1 NYS  
DEA AP2029252

### TRAINEESHIPS:

1976 - 1978 The Johns Hopkins University, School of Hygiene and Public Health,  
Resident in Preventive Medicine (Chief of Service - Dr. Edyth  
Schoenrich)  
1976 - 1979 The Johns Hopkins University, School of Medicine, Fellow in Pathology  
(Laboratory of Dr. R.H. Heptinstall)  
1979 - 1980 The Johns Hopkins University, School of Hygiene and Public Health,  
Chief Resident in Preventive Medicine  
1979 - 1980 Johns Hopkins Hospital, Intern in Medicine (Chief of Service - Dr.  
Victor McKusick)  
1980 - 1981 Johns Hopkins Hospital, Assistant Resident in Medicine (Chief of  
Service - Dr. Victor McKusick)  
1981 - 1983 The Johns Hopkins University, School of Medicine, Fellow in Internal  
Medicine and Cardiology (Chiefs of Service - Dr. Craig Smith and Dr.  
Myron Weisfeldt)

BOARD QUALIFICATION:

March 1980	United States: Diplomate of the National Board of Medical Examiners
September 1983	Diplomate, American Board of Internal Medicine
November 1985	Diplomate, American Board of Preventive Medicine
1988	Internal Medicine/Cardiovascular Diseases/Preventive Medicine Specialist, State of Maryland

PROFESSIONAL ORGANIZATIONS AND SOCIETIES:

1977 - Present	American Heart Association Council on Epidemiology
1977 - Present	American Heart Association Council on Atherosclerosis
1976 - Present	Alpha Omega Alpha, Past President of Johns Hopkins Chapter (1977)
1977 - Present	Society for Epidemiologic Research
1983 - Present	American Federation for Clinical Research
1983 - Present	Johns Hopkins Medical Surgical Society
1985 - Present	American College of Epidemiology
1986 - Present	American College of Preventive Medicine, Fellow, 1987
1986 - Present	International Society and Federation of Cardiology Section on Epidemiology and Prevention
1986 - Present	Association of Teachers of Preventive Medicine
1986 - 1988	Mid Atlantic Lipid Society
1987 - Present	American College of Physicians, Fellow, 1988
1988 - Present	The New York Academy of Sciences
1989 - Present	American Association for the Advancement of Science
1990 - 1997	Otsego County Medical Society
1990 - Present	The American Public Health Association
1990 - Present	American College of Cardiology, Fellow, 1992
1994 - 1997	National Rural Health Association
1994 - Present	New York State Public Health Association

ACADEMIC APPOINTMENTS:

1983 - 1985	Assistant Professor of Medicine, Pathology and Epidemiology Johns Hopkins Schools of Medicine and Public Health
1985 - 1988	Associate Professor of Medicine and Epidemiology, Johns Hopkins Schools of Medicine and Public Health
1988 - 1995	Professor of Public Health (Epidemiology), Columbia University College of Physicians and Surgeons -- Division of Epidemiology, Columbia University, Schools of Public Health
1988 - Present	Part-time Faculty, Department of Medicine, Johns Hopkins University, School of Medicine

ACADEMIC APPOINTMENTS: (cont'd)

1988 - Present	Senior Associate, Department of Epidemiology, Johns Hopkins University, School of Hygiene and Public Health
1989 - 1997	Research Professor of Epidemiology, State University of New York at Albany, School of Public Health
1990 - Present	Adjunct Professor of Nutrition, Division of Nutritional Sciences, Cornell University
1994 - Present	Adjunct Professor, Department of Nutrition, College of Health and Human Development, The Pennsylvania State University
1995 - 1997	Professor of Public Health (Epidemiology) and Medicine, Columbia University College of Physicians and Surgeons, School of Public Health and Department of Medicine, School of Medicine
1995 - 1997	Jane Forbes Clark Chair in Health Research
1997 – Present	Albert D. Kaiser Professor and Chair, Department of Community and Preventive Medicine, University of Rochester
1997 – Present	Professor of Medicine, University of Rochester

HOSPITAL APPOINTMENTS:

1988 - 1997	Director, The Mary Imogene Bassett Research Institute, Cooperstown, New York
1988 - 1997	Attending Physician, Department of Medicine, The Mary Imogene Bassett Hospital, Cooperstown, New York
1993 - 1996	Director, Executive Health Program, Bassett Healthcare
1997 – Present	Attending Physician, Department of Medicine, Strong Memorial Hospital, Rochester, New York
1997 – Present	Director, Preventive Cardiology Clinic, Strong Memorial Hospital, Rochester, New York

## HONORS:

- 1968 Phi Eta Sigma, University of Wisconsin
- 1970 R.I. Ingersoll Memorial Award for Excellence in Physics
- 1971 Phi Kappa Phi, University of Wisconsin
- 1971 Phi Beta Kappa and Speaker at Annual Banquet, University of Wisconsin
- 1973 B.A. with Honors, Johns Hopkins University
- 1975 Finalist, Medical Student Research Competitions, Johns Hopkins University School of Medicine
- 1976 Alpha Omega Alpha, Johns Hopkins University School of Medicine
- 1977 Passed with Distinction, Ph.D. Comprehensive Oral Examination, Johns Hopkins University School of Hygiene and Public Health
- 1978 Selected for Workshop on Epidemiologic Methods, sponsored by the Society for Epidemiologic Research and National Cancer Institute
- 1978 Student Research Prize Paper, 11th Annual Meeting of the Society for Epidemiologic Research
- 1980 Selected as one of "80 People to Watch in 1980" by Baltimore Magazine, 1/80
- 1983 Delta Omega, Public Health Honor Society, Johns Hopkins University School of Hygiene and Public Health, Alpha Chapter
- 1984 Maryland Heart Association Annual Appreciation Award
- 1986 Selected as one of "86 People to Watch in 1986" by Baltimore Magazine, 1/86
- 1986 Maryland Heart Association Annual Appreciation Award
- 1986 Elected Fellow, American Heart Association, Epidemiology Council
- 1987 Elected Fellow, American College of Preventive Medicine
- 1987 Presidential Award for outstanding volunteer service, Maryland Affiliate of American Heart Association
- 1987 Sydney Cohen Award for Outstanding Contribution to the Understanding of Addiction, American Medical Association
- 1988 Elected Fellow, American College of Physicians
- 1988 Gold Certificate Honorable Mention, American Heart Association, Maryland Affiliate
- 1988 Governor's Citation, State of Maryland, for Community Service
- 1988 Elected Fellow, American Heart Association, Council on High Blood Pressure
- 1989 American Men and Women of Science, 17th edition
- 1991 NIH Certificate of Appreciation
- 1992 AHA Certificate of Appreciation
- 1992 Fellow, American College of Cardiology
- 1992 Fellow, American College of Epidemiology
- 1995 Named to Jane Forbes Clark Chair in Health Research
- 1996 Pfizer Visiting Professor in Cardiovascular Medicine
- 1997 Joseph Stokes Award in Preventive Cardiology from the American Society of Preventive Cardiology
- 1999 Lewis Connor Memorial Lectureship, American Heart Association

DEPARTMENTAL AND UNIVERSITY COMMITTEES:

1983 - 1985	Admissions Committee, Department of Epidemiology, John Hopkins University School of Hygiene and Public Health
1983 - 1987	Internship Selection Committee, Department of Medicine, Johns Hopkins Hospital
1983 - 1988	Nutrition Committee, Johns Hopkins Hospital
1983 - 1991	Thesis Committees, Johns Hopkins University School of Hygiene and Public Health
1985 - 1988	Standing Committee on Preventive Residency Programs, Johns Hopkins University School of Hygiene and Public Health
1987	Search Committee for Head of Preventive Medicine Residency, Johns Hopkins University, School of Hygiene and Public Health
1988 - 1997	Member, Medical Board, The Mary Imogene Bassett Hospital
1988	Member, Internship Selection Committee, Department of Medicine, The Mary Imogene Bassett Hospital
1988 - 1997	Thesis Committee, Columbia University School of Public Health
1994 - Present	Graduate Field, Division of Nutritional Sciences, Cornell University
1994 - Present	Thesis Committee, Department of Nutrition, Pennsylvania State University
1997 - Present	Curriculum Steering Committee, University of Rochester School of Medicine
1997 - Present	Medical School Advisory Committee, University of Rochester School of Medicine. Steering Committee, 1998 - 2000.
1997 - Present	Advisory Committee, Center to Study Rochester's Health
1997	Task Force on University Capitalizing
1997	Internal Reviewer, Division of General Pediatrics and of Outcomes Research, Department of Pediatrics
1997 - Present	First Year Introductory Committee
1997	Areas of Clinical Focus Working Group
1997	Overarching Services Committee
1998 - Present	Clinical Research Advisory Committee
1999 - Present	Associate Director for Training, General Clinical Research Center
1999 - Present	Implementation and Public Policy Thrust Leader, Center for Future Health
1999	Task Force on Nursing Research

TEACHING EXPERIENCE:

- 1983 - 1988 Teaching Attending Physician, Nelson-Baker Medical Service, Johns Hopkins Hospital
- 1984 - 1988 Director: "Epidemiology and Prevention of Cardiovascular Disease" (Epidemiology 5), Johns Hopkins University School of Hygiene and Public Health
- 1983 - 1988 Cardiovascular Clinical Skills Instructor, Division of Cardiology
- 1983 - 1988 Annual Lecturer in Biochemistry, Pathophysiology, and Biochemistry Nutrition Courses (Year I, II Curriculum), The Johns Hopkins University School of Medicine
- 1983 - 1988 Rotating Instructor, Clinical Epidemiology, (Year II), The Johns Hopkins University School of Medicine
- 1983 - 1988 Advisor of Graduate Students, Department of Epidemiology, The Johns Hopkins University School of Medicine
- 1985 - 1986 Course Director: "Preventive Strategies in Medical Education." Hangzhou, Peoples Republic of China
- 1984 - 1988 Co-Director: "Clinical Research Methods Course." The Johns Hopkins University School of Medicine
- 1988 - 1997 Advisor of Graduate Students, Department of Epidemiology, Columbia University School of Public Health
- 1989 Course Director, "Clinical Research Methods Course," The Mary Imogene Bassett Hospital
- 1989 - 1994 Annual Lecturer in Epidemiology Course (Year 1), Columbia University College of Physicians and Surgeons
- 1990 Lecturer and Workshop Director, Epidemiology Course (Year 1), Albany Medical College
- 1991 - Present Faculty Member, American Heart Association 10-Day Seminar on the Epidemiology and Prevention of Cardiovascular Disease, Lake Tahoe, California
- 1992 - 1997 Lecturer in Cardiovascular Epidemiology Course, Columbia University School of Public Health
- 1995 - Present Director, The Northeast Regional Lipid Training Center
- 1997 - Present Course Director, Introduction to Epidemiology, Graduate Program, Department of Community and Preventive Medicine
- 1997 - 1999 Course Director, Introduction to Community Medicine, Year I, University of Rochester School of Medicine
- 1997 Course Director, Introduction to Environmental Health, Graduate Program, Department of Community and Preventive Medicine
- 1998 - Present Course Director, Practical Skills in Grant Writing, Graduate Program, Department of Community and Preventive Medicine
- 1997 - Present Lecturer in Nutrition: Cell Structure and Function Course, Year I, University of Rochester Medical School
- 1998 - Present Co-director: Implementing Coronary Risk Factor Modification: Why, How, and When. American College of Cardiology.
- 1999 - Present Course Director, Mastering Medical Information, Year I MD Curriculum. Nutrition Theme Director.

GRADUATE STUDENTS AND FELLOWS SUPERVISED:

1982 - 1985	Linda P. Fried, M.D., M.P.H.	Fellow
1983 - 1986	Robin Miller, M.D., M.H.S.	Fellow
1984 - 1987	Teri Manolio, M.D., M.H.S.	Fellow
1984 - 1988	Carol Derby, Ph.D.	Grad. Student
1984 - 1985	Andrea P. Lacroix, Ph.D.	Fellow
1985 - 1987	Marilyn Menkes, Ph.D.	Fellow
1987	Prithiva Chanmugan, Ph.D.	Fellow
1987 - 1990	Shen-Qiang Yu, M.D.	Fellow
1986 - 1988	Stephen Coughlin, Ph.D.	Grad. Student
1985 - 1988	David Herrington, M.D., M.H.S.	Fellow
1985 - 1988	Jorge Trejo-Gutierrez, M.D., M.H.S.	Fellow
1986 - 1988	Roy Fried, M.D., M.H.S.	Fellow
1987 - 1988	William Sigmund, M.D., M.H.S.	Fellow
1988 - 1994	Stephen Bowlin, D.O., M.P.H.	Fellow/Grad. Student
1988 - 1990	Anne Nafziger, M.D.	Fellow
1989 - 1990	Beth Benson, M.D.	Fellow
1989 - 1990	Charles B. Eaton, M.D.	Fellow
1989 - 1992	Sarah Olson	Grad. Student
1990 - 1991	Barbara A. Dennison, M.D.	Fellow
1990 - 1991	Richard Carroll, M.D.	Fellow
1990 - 1995	Lori Mosca, M.D.	Fellow/Grad. Student
1992 - 1995	Matthews K. Hurley, M.D.	Minority Investigator
1983 - 1988	Paul Terry	Grad. Student
1993 - 1994	Fernando Lapetina, M.D.	Fellow
1994 - 1995	Jose Mathew, M.D.	Fellow
1994 - 1995	James LaCava, M.D.	Fellow
1996 - 1997	Merle Myerson, M.D.	Fellow
1997 - Present	Ronald Gottlieb, M.D.	Part time MPH Student
1997 - Present	Mark Hostetler, M.D.	Part time MPH Student
1998 - Present	I. Diana Fernandez, M.D. Ph.D.	Fellow
1999 - Present	Patricia Stewart, R.D., Ph.D.	Fellow

## OTHER PROFESSIONAL ACTIVITIES:

### National Academy of Sciences/Institute of Medicine:

1997 – Committee on Research, Development, and Institutional Strengthening for Control of Cardiovascular Diseases in Developing Countries

### National Board of Medical Examiners:

1993 - 1995            Preventive Medicine and Public Health Test Committee  
1993 - 1995            United States Medical Licensing Examination Test Material  
Development Committee for Preventive Medicine and Public Health

### National Institutes of Health:

1984 - Present        Member, Monitoring Board, CARDIA Project, National Heart, Lung and Blood Institute  
1985                    Study Section Member, "Childhood Nutrition, Physical Activity and Cardiovascular Health," (NHLBI), National Institutes of Health, Bethesda, Maryland  
1985                    Workshop on Atherogenesis and Aging, National Institute of Aging, Graylyn Conference Center, Wake Forest University, Winston-Salem, North Carolina  
1985                    Study Section Member, NHLBI Physician Scientist Award, National Heart, Lung, and Blood Institute, Bethesda, Maryland  
1986                    Study Section Member, "Preventive Cardiology Academic Awards" (NHLBI) National Institutes of Health, Bethesda, Maryland  
1986                    Study Section Member, "Prevention of Bypass Graft Atherosclerosis Clinical Center." (NHLBI) National Institutes of Health, Bethesda, Maryland  
1986                    Discussant: NHLBI Workshop on the Decline in CHD mortality  
1987 - Present        Chairman, CARDIA Review Board, National Heart, Lung and Blood Institute  
1987 - 1991            Member, Clinical Applications and Prevention Advisory Committee of the National Institutes of Health  
1988                    Consultant, Concept Development Meeting for National Heart, Lung, and Blood Institutes, News Media Campaigns  
1988                    Ad Hoc Site Visitor, Clinical Trials Branch, NHLBI  
1988                    Chairman of Session: Trends and Determinants of CHD Mortality. II. International Comparisons. NIH, Bethesda  
1988                    Organizing Committee, NIH Conference on Occupational Stress  
1988                    Speaker at National Heart, Lung and Blood Institute meeting of State Health Officers, Western U.S., Boulder, Colorado  
1988                    Reviewer by mail, Surgery and Bioengineering Study Section, National Institutes of Health

National Institutes of Health: (cont'd)

- 1989 Consultant, National Heart, Lung, and Blood Institute, Contracts, Clinical Trials, and Training Review Section
- 1989 Chair, Clinical Applications and Prevention Advisory Committee, National Institutes of Health
- 1990 Planning Committee and Writing Task Force, Workshop on Cholesterol in Women and the Elderly, National Heart, Lung, and Blood Institute, Bethesda
- 1990 Federal Government Consultant for the Evaluation of Demonstration and Education Research Grants, Washington, DC
- 1990 Chair, Overseas Studies, National Heart, Lung, and Blood Institute Conference on Low Blood Cholesterol Levels, Washington, DC
- 1991 Invited speaker, Cardiology Advisory Committee, National Heart, Lung, and Blood Institute, Washington, DC
- 1991 Organizing Committee and Discussant, Workshop on the Prevalence and Etiology of Idiopathic Dilated Cardiomyopathy
- 1991 - 1999 Chairman, Data Monitoring Board, VA Coop. Study, 363: The VA HDL Intervention Trial, Veterans' Administration
- 1992 - 1993 Member, Steering Committee, NASBP Breast Cancer Prevention Trial
- 1992 Chair, Diagnosis and Case-Finding Session, NHLBI Workshop "Identification and Management of Heterozygous Familial Hypercholesterolemia."
- 1992 - 1993 Member, NHLBI Task Force on Research in Epidemiology and Prevention of Cardiovascular Disease.
- 1993 - 1998 Member of Steering Committee, Chair of Steering Committee (1996-present), and Chair of Laboratory Subcommittee (1993- 1996), Dietary Effects on Lipids and Thrombogenic Activity (DELTA) Study
- 1994 Member, Cardiac Diseases Advisory Committee, The National Heart, Lung, and Blood Institute
- 1994 Member, Working Group, Impact of Cholesterol Guidelines in Secondary Prevention, National Heart, Lung, and Blood Institute
- 1994 Member, Ad Hoc Review Panel on Implementation of Physical Activity Into Preventive Care
- 1994 Member, Special Review Committee, National Institute on Alcohol Abuse and Alcoholism
- 1995 Member, Special Emphasis Panel, Division of Heart and Vascular Disease
- 1995 Member, Research Training Review Committee, National Heart, Lung, and Blood Institute
- 1995 Invited Speaker, U.S.-Italy Joint Symposium on "Clinical Trials: Past and Future," Rome, Italy
- 1995 Invited Speaker, "Socioeconomic Status and Cardiovascular Health and Disease." The National Heart, Lung, and Blood Institute, Bethesda, MD.

National Institutes of Health: (cont'd)

- 1996 - present Member and Acting Chair, Special Emphasis Panel on Training, Division of Research Grants
- 1996 Member, National Heart, Lung, and Blood Institute Special Emphasis Panel on "New Opportunities for Studies of CVD Risk Factor Development and Early Vascular Disease in Children and Adolescents." Washington, D.C., September 11, 1996.
- 1996 Scientific Chairperson, National Heart, Lung, and Blood Institute conference "Cardiopulmonary Risk Factor Reduction Through Communities or Community Institutions: Implications for Preventive Strategies..." Washington, DC, September 25-26, 1996.
- 1996 Faculty, "Genetics of Complex Cardiac and Pulmonary Diseases." Bar Harbor, Maine, October 7, 1996.
- 1998 - 1999 Member, Working Group on Cardiovascular Epidemiology and Prevention
- 1998 - 1999 Member, SPARK Group, National Heart, Lung and Blood Institute
- 1999 Chair: Nutritional Conference on CVD Prevention: Meeting the Nation's Year 2010 Objectives in Cardiovascular Health.

American College of Cardiology:

1993 - 1995	AHA Representative and Member, Committee on Prevention of Cardiovascular Disease
1993 - 1994	Working Group Co-Chair, Bethesda Conference on Future Personnel Needs in Cardiovascular Health Care
1994 - 1996	Co-Chair, Bethesda Conference #27 in Preventive Cardiology
1995	Co-Director, 12th Annual Santa Fe Colloquium on Cardiovascular Therapy
1996	Ad Hoc Advisory Committee on Risk Factor Management Practices Survey
1997 - 1998	Member, Annual Scientific Session Program Committee
1998 - Present	Co-Director, Risk Factor Modification: Who, When, and Why? Heart House Course
1998 - Present	Member, Committee on Demographic Trends

American Heart Association:

1983 - 1986	Vice Chairman, Research Committee, Maryland Heart Association (AHA Affiliate)
1985 - 1988	Member, Board of Directors and Executive Committee, American Heart Association, Maryland Affiliate
1985 - 1988	Maryland Representative to AHA Middle Atlantic Regional Research Committee
1986 - 1988	Vice President and Chairman of the Research Committee, American Heart Association, Maryland Affiliate
1987 - 1987	Ad hoc Member, National Research Committee, American Heart Association
1987	Abstract Reviewer, American Heart Association
1987 - 1988	Chairman of the American Heart Association Middle Atlantic Regional Research Committee
1987 - 1992	Member, National Research Committee of the American Heart Association, (Co-Chairman of Review Section C)
1987 - 1991	Co-Chairman and Chairman, Lipoprotein, Lipid Metabolism and Epidemiology Research Study Committee of the American Heart Association
1987 - 1992; 1988 - 1992	Member, American Heart Association Epidemiology Council National Program Committee. American Heart Association and AHA Epidemiology Council
1989 - 1994	Chairman, Working Group on Preventive Cardiology Monograph for Medical Students
1989 - 1991	Chairman, Subcommittee to Increase Involvement of Women and Minorities in AHA Research
1990	Member, Planning Committee, American Heart Association Prevention Conference III
1990	Keynote Speaker, American Heart Association, Wood County Division Meeting, Marshfield, WI
1991	Invited Speaker, 18th Annual Science Writers Forum, Savannah, GA

American Heart Association: (cont'd)

1991	Abstract Reviewer
1991	Inaugural Chairman, Behavioral Science, Epidemiology and Prevention Study Committee
1991 - Present	Faculty Member, Annual Ten-Day Seminar on the Epidemiology and Prevention of Cardiovascular Diseases, Tahoe City, CA
1992 - 1994	Co-Chairman, AHA Writing Group, Medical/Scientific Statement "Optimal Risk Factor Evaluation and Follow-up for Patients Undergoing Surgical and Non-Surgical Coronary Revascularization."
1992 - 1995	AHA Representative to the American College of Cardiology Prevention of Cardiovascular Disease Committee.
1993	Advisory Group for AHA Health Care Site Product Development.
1993	Leader, Lipids Section, AHA Prevention III Conference, Monterey, CA
1993 - 1998	Member, Nutrition Committee
1993 - 1995	Member, Task Force on Cholesterol
1993 - 1996	Member, Research Program and Evaluation Committee
1994 - 1996	Vice Chairman, Council on Epidemiology and Prevention
1994 - Present	Member, Executive Committee of Council on Epidemiology and Prevention
1995 - 1996	Member, Task Force on Risk Reduction
1995 - 1996	Member, Task Force on Preventive Cardiology
1995 - 1997	Chairman, Task Force on Council Member Participation in Affiliates/Divisions
1996 - 1998	Chairman, Council on Epidemiology and Prevention
1999 - Present	Member, Scientific Advisory and Coordinating Committee
1996 - 1998	Prevention Coordinating Committee
1998 - 1999	Vice-Chair, Population Science Committee
1999 - Present	Chair, Population Science Committee

Universities (Visiting Professorships, etc.):

1983 - 1988	Consultant to Atherosclerosis SCOR (NHLBI) and Preventive Cardiology Program, Bowman-Gray School of Medicine
1985	Consultant to University of Washington Preventive Cardiology Program
1986 - 1990	External Advisory Board, NHLBI Non-Human Primate Models, Program Bowman Gray School of Medicine
1986 - 1988	Consultant, SUNY-Stony Brook School of Medicine Preventive Cardiology Program (Dr. Robin Miller)
1986 - 1988	Consultant, University of South Carolina School of Medicine Preventive Cardiology Program (Dr. O'Neal Humphries)
1987	Consultant, Louisiana State University School of Medicine, Preventive Cardiology Program (Dr. Frank Franklin)

Universities (Visiting Professorships, etc.): (cont'd)

- 1997 Consultant, Medical College of South Carolina, Preventive Cardiology Program (Dr. David Garr)
- 1987 Consultant, Henry Ford Hospital Cardiovascular Research Institute, Detroit, Michigan
- 1988 Consultant, Preventive Cardiology Program, University of California at Davis
- 1990 Visiting Professor, University of California at Davis, Davis and Sacramento, CA
- 1988 Consultant, Preventive Cardiology Working Group, Toronto General Hospital, Toronto, Canada
- 1988 Consultant, Committee to Make Memorial Hospital Smoke-Free, Danville, VA
- 1988 Consultant, Rush Presbyterian Medical Center, Chicago, IL
- 1988 Visiting Professor, Loyola-Stritch School of Medicine, Chicago, IL, Preventive Cardiology Program
- 1988 Visiting Lecturer, The University of Ottawa Heart Institute, Ottawa, Canada
- 1989 Visiting Lecturer, State University College at Oneonta, Conference on Nutrition Awareness, Oneonta, NY
- 1989 Consultant to Sinai Hospital of Baltimore, Johns Hopkins University School of Medicine, Baltimore, MD
- 1990 Dean's Lecturer, Martinez Veterans Administration Hospital, Martinez, California, and Visiting Professor, University of California at Davis
- 1990 Epidemiology and Biostatistics Lecturer, Albany Medical College, Albany, NY
- 1990 Visiting Professor, Beth Israel Hospital, Boston, MA
- 1990 Visiting Professor, Marshfield Clinic, Marshfield, WI
- 1990 Visiting Professor, SUNY - Health Sciences Center, Syracuse, NY
- 1991 Visiting Professor, Seminar Series, Cornell University, Ithaca, NY
- 1992 Visiting Professor, University Medical Center, Tucson, AZ
- 1992 Visiting Professor, Pennsylvania State University College of Medicine, Hershey, PA
- 1992 Visiting Professor, Meharry Medical College, Nashville, TN
- January 1993 Visiting Professor, St. Joseph's Hospital, Bangor, ME
- April 1993 Visiting Professor, Northwestern University School of Medicine, Chicago, IL
- April 1993 Visiting Professor, Meharry Medical College, Nashville, TN
- May 1993 Visiting Professor, Boston University School of Medicine, Boston, MA
- May 1993 Visiting Professor, University of Michigan, Ann Arbor, MI
- 1993 Visiting Professor, University of New Mexico, Albuquerque, NM
- 1994 Visiting Professor, Pennsylvania State University, University Park, PA
- 1995 Visiting Professor, University of Umea, Umea, Sweden

Universities (Visiting Professorships, etc.): (cont'd)

- 1995 Invited Speaker, The First Abraham Conference on Preventive Nutrition, Ben-Gurion University of the Negev, Beer-Sheva, Israel.
- 1996 Pfizer Visiting Professor in Cardiovascular Medicine, Morehouse School of Medicine, Atlanta, GA
- 1996 Visiting Professor, Michigan State University, East Lansing, MI
- 1996 Visiting Professor, University of Michigan, Ann Arbor, MI
- 1997 Visiting Professor, University of Pittsburgh, Pittsburgh, PA
- 1998 Visiting Professor, University of Capetown and Medical Research Council of South Africa, Capetown, Republic of South Africa
- 1999 Visiting Professor, Cleveland Clinic

Industry:

- 1984 Speaker, "The Treatment of Atherosclerosis: Current Clinical Considerations and Future Trends," Round Table Symposium by Warner-Lambert/Parke-Davis, Dearborn, MI
- 1985 Participant, Consensus Roundtable: ERT - An Interdisciplinary Controversy, Washington, DC
- 1986 Speaker and Consultant, Control Data Corporation, Minneapolis, MN
- 1987 - 1997 Scientific Consultant, Chocolate Manufacturers Association, U.S.A.
- 1988 Chairman, Roundtable Discussion, Intramed Inc., Baltimore, MD
- 1988 Scientific Consultant, Norwich Eaton Pharmaceuticals, Inc.
- 1989 Scientific Consultant, Hershey Foods
- 1989 Scientific Consultant, M&M/Mars, Inc.
- 1989, 1999 Consultant, Bristol-Myers, Squibb. Pravastatin Development, Multivitamin Development.
- 1989 Consultant, AM Medica Communications, Ltd., "Pravastatin Investigators Clinical Review: A Roundtable Discussion," New Orleans, LA
- 1991 - Present Member, Interdisciplinary Council on Lipids and Cardiovascular Risk Intervention
- 1993 - 1997 Scientific Advisory Panel, ABMRF
- 1993 - 1997 Scientific Advisory Committee, DISCUS
- 1995 - 1997 Cardiovascular Clinical Advisory Board, MEDCO Containment Services Inc.
- 1995 - 1997 Chair, Bristol-Myers/Squibb Cardiovascular Advisory Board
- 1995 - Present Vascular Biology Working Group, Medical Education Programs, Ltd.
- 1996 - Present Coalition for the Advancement of Cardiovascular Health, Wilton, CT
- 1997 - Present Co-Chair, Global CVD Interest Group
- 1997 - Present Consultant, Lipton Foods, Inc.
- 1998 - Present Member, Data Safety and Monitoring Board, PROMISE Study, Bristol-Myers/Squibb and the University of Glasgow.

Industry: (cont'd)

1998 – Present Member, Data Safety and Monitoring Board, MADIT II Study.  
 1998 – Present Consultant, Weinberg and Associates.  
 1999 – Present Consultant, Johnson and Johnson/Merck

International Organizations:

1985 - 1986 Director, course entitled "Preventive Strategies in Medical Education," funded by the World Bank, Hangzhou, People's Republic of China, March 1986  
 1990 Invited Speaker, World Bank/INCLIN Program on Health Promotion in the Developing World, Puebla, Mexico  
 1990 Invited Speaker, International Symposium on Health, Environment, and Social Change, Taipei, R.O.C.  
 1993 Invited Speaker, II KTL Symposium on Chronic Disease Prevention, Helsinki, Finland  
 1993 - Present Member, Implementation Committee for the Victoria Declaration  
 1994 Invited Speaker, National Academy of Sciences Symposium: Disease Trends in the Newly-Independent States  
 1995 - 1997 Organizing Committee, 4th International Conference on Preventive Cardiology. Chair, International Liaison Committee  
 1996 Lecturer, World Bank Health Resources Sector Professional Development Week. Leesburg, VA, Jan. 11, 1996  
 1996 Antwerp University Program, Antwerp, Belgium, September 13-15, 1996  
 1996 Invited Speaker, Nobel Prize Jubilee for 1985 Nobel Prize in Science and Medicine. Swedish Society of Cardiology, Stockholm, Sweden  
 1996 Consultant, Swedish Office of Technology Assessment, Stockholm, Sweden  
 1997 Faculty, Heart Care Network, European Study of Cardiology, Nice, France  
 1997 – 1998 Organizing Committee, The Heart Health Conference, Singapore  
 1997 – 1999 Member, Singapore Declaration Committee  
 1998 – Present Organizing Committee, Fifth International Conference on Preventive Cardiology, Osaka, Japan, 2001.

Other:

1983 Consultant to Workshop on Epidemiology and Biostatistics in Clinical Cancer Education, sponsored by the National Cancer Institute  
 1985 - 1988 Director, Johns Hopkins Physicians Lipid Education Program, a continuing education program for U.S. Physicians  
 1985 - 1988 Commissioner, Maryland Council on Physical Fitness (Appointed by Governor Harry Hughes)

Other: (cont'd)

- 1986 Speaker, McArthur Foundation Summer Institute, "Male-Female Differences in Coronary Artery Disease"
- 1987 Peer reviewer for the Arizona Disease Control Research Commission
- 1987 - 1988 Editor-in-Chief, Johns Hopkins Preventive Cardiology Reports
- 1988 Science Advisory Committee, American College of Preventive Medicine
- 1988 - 1990 Editor, Perspectives in Lipid Disorders
- 1988 - 1990 Contributor, MKSAP VIII. American College of Physicians
- 1989 Consultant, AMA Division of Drugs and Toxicology, 7th ed., AMA Drug Evaluations
- 1988 Consultant, Health Priorities Review Program, World Bank
- 1989 Guest Editor, Supplement to Preventive Cardiology in the American Journal of Preventive Medicine
- 1989 Peer Reviewer - The 1990 Surgeon General's Report on Smoking and Health
- 1990 - 1992 Contributor, MKSAP IX, American College of Physicians
- 1990 Session Chairman, "Atherosclerosis During Childhood and Adolescence," New York Academy of Sciences Conference on Hyperlipidemia in Childhood, Bethesda, MD, May 2-4, 1990
- 1990 National Academy of Sciences, Institute of Medicine, Reviewer of Setting Priorities for Effective Research in Acute Myocardial Infarction.
- 1990 Invited Speaker, National Academy of Sciences, Institute of Medicine, Twentieth Anniversary Annual Meeting, "21st Century Choices For Health: The Case of Cardiovascular Disease," Washington, D.C.
- 1992 Invited Speaker "Aging: The Quality of Life," sponsored by the Christopher Columbus Medical Sciences Committee, NIH, Washington, D.C.
- 1992 Invited Speaker, Coronary Heart Disease Prevention Program: The Hospital-Based Perspective, presented by the Health Education Research Foundation and the NYS Department of Health, East Elmhurst, New York
- 1993 - 1997 Executive Committee, American Society of Preventive Cardiology
- 1994 - 1996 Consultant and Chair of Working Group in Cardiovascular Disease, Council on Linkages Between Academia and Public Health Practice
- 1996 Task Force on Education and Research in Managed Care, New York Academy of Science
- 1997 - 1998 Clinical Champion, The HMO Group Initiative on Secondary Prevention of Ischemic Heart Disease

State Office:

1985 - 1988	Commissioner, Maryland State Physical Fitness Commission
1988 - 1990	Member, Community Evaluation Task Force, New York State Department of Health
1988 - 1990	Member, Cholesterol Task Force, New York State Department of Health
1988 - 1990	Member, Food and Nutrition Policy Advisory Committee, New York State
1989 - 1992	Member, Ad Hoc Committee on Preventive Cardiology, New York State Cardiac Advisory Committee
1991	Member, Statewide Extension Committee on Food, Diet, and Health

Editorial Board:

1993 - Present	Journal of Cardiovascular Risk
1994 - 1997	Coronary Artery Disease: Index and Reviews
1996 - Present	Evidence-Based Cardiovascular Medicine
1997 - Present	CVD Prevention
1997 - Present	American Journal of Medicine
1997 - Present	Issues in Preventive Cardiology

Manuscript Reviewer:

American Journal of Cardiology  
 American Journal of Clinical Nutrition  
 American Journal of Epidemiology  
 American Journal of Medicine  
 American Journal of Pathology  
 American Journal of Preventive Medicine  
 Annals of Internal Medicine  
 Arteriosclerosis  
 Circulation  
 CVD Prevention  
 Epidemiology Reviews  
 Evidence-Based Cardiovascular Medicine  
 Journal of the American Medical Association  
 Journal of Cardiovascular Risk  
 Journal of Clinical Investigation  
 Journal of General Internal Medicine  
 Medicine  
 New England Journal of Medicine  
 Preventive Medicine

LECTURESHIPS:

1. William J. Noble Distinguished Lectureship, St. Frances Hospital, Roslyn, New York, September 16, 1992.
2. DeStevens Lectureship. Northwestern University, Chicago, Illinois, April 2, 1993.
3. Keynote Lecture – Cardiology at the Limits, University College of London. Presented at University of Capetown, Capetown, South Africa, April 17, 1998.
4. Keynote Lecture – 6<sup>th</sup> International Conference on Noninvasive Cardiology, Jerusalem, Israel, December 20, 1999.

RESEARCH GRANTS OBTAINED AS PRINCIPAL INVESTIGATOR:

1. Preventive Cardiology Academic Award. National Heart, Lung, and Blood Institute. Principal Investigator 1983-88. \$399,606.
2. Genesis of Atherosclerotic Lesions. National Heart, Lung, and Blood Institute. Principal Investigator 1986-1991. \$696,877.
3. Core Functions of the Precursors Study. Johns Hopkins University, School of Medicine. Principal Investigator 1984-88. \$31,966 (each year).
4. Effects of Verapamil on Blood Lipids. G.D. Searle Pharmaceutical Co. Principal Investigator 1984-85. \$69,967.
5. Psychobiological Precursors of Cancer. National Cancer Institute. Principal Investigator 1984-87. \$395,757.
6. Research Training in Preventive Cardiology. National Heart, Lung, and Blood Institute. Principal Investigator 1986-1991. \$753,145.
7. Precursors of Premature Disease and Death. National Institute on Aging. Principal Investigator 1984-86. \$336,920.
8. Randomized Trial of Gemfibrozil in Hyperapobetalipoproteinemia. Parke Davis/Warner Lambert Co. Principal Investigator 1986-88. \$100,786.
9. Johns Hopkins Physicians Lipid Education Program. Parke Davis/Warner Lambert Co. Principal Investigator 1985-86. \$40,654.
10. Cardiovascular Reactivity as a Precursor to Cardiovascular Disease. John D. and Catherine T. MacArthur Foundation. Principal Investigator 1986-87. \$27,110.
11. Study of the Effect of Coffee Consumption on Blood Lipids. National Coffee Association. Principal Investigator 1986-87. \$175,936.

RESEARCH GRANTS OBTAINED AS PRINCIPAL INVESTIGATOR: (cont'd)

12. Youthful Precursors of Mortality. Phillip Morris Inc. Principal Investigator 1987. \$199,136.
13. Youthful Predictors of Alcoholism. J.M. Foundation. Principal Investigator 1988. \$15,000.
14. Precursors of Premature Disease and Death. National Institute on Aging. 1988-1993. Principal Investigator 1988. \$726,048.
15. Johns Hopkins Physicians Lipid Education Program. Health Scan, Inc. Principal Investigator 1987-88. \$17,500.
16. Community Cardiovascular Intervention Program. New York State Department of Health 1988-1994. \$209,425 per year.
17. Cardiovascular Disease in Black and White Physicians. National Heart, Lung, and Blood Institute. Principal Investigator 1988-1993. \$1,960,860.
18. Private Census of Otsego County, New York. S. C. Clark Foundation 1988-89. \$150,000.
19. Development of Computer Assisted Instruction Module. Subcontract from JWK. International and National Heart, Lung and Blood Institute. 1988-1990. \$36,000.
20. Rural Lipid Resource Center. National Heart, Lung, and Blood Institute. Principal Investigator 1989-1994. \$1,350,655.
21. Clinical Trial of Simvastatin. Merck, Sharp & Dohme. 1989-1990. \$21,962.00.
22. PHS-DHHS, National Center for Research Resources. Minority High School Student Research Apprentice Program. 1990. \$6,000.
23. Biomedical Research Support Grant, NIH, Division of Research Resources. 1989-1990, \$22,489; 1990-91, \$22,896.
24. The Genetic Epidemiology of Malignant Hyperthermia. Muscular Dystrophy Association. 1990-91. \$27,000.
25. PHS-DHHS, National Center for Research Resources, Minority High School Student Research Apprentice Program. 1991. \$6,000.
26. Improving Animal Resources at The Mary Imogene Bassett Hospital. National Center for Research Resources. 1991-92. \$202,397.
27. Effects of Gemfibrozil on Postprandial Lipoprotein Levels. Parke- Davis/Warner-Lambert. \$267,355.

RESEARCH GRANTS OBTAINED AS PRINCIPAL INVESTIGATOR: (cont'd)

28. Effects of Lopid SR Administered in the Morning on Postprandial Triglyceride-Rich Lipoprotein Levels Following an Evening Meal. Parke-Davis/Warner-Lambert. \$125,343.
29. Multiple Risk Assessment in High Risk Relatives of Hospitalized Coronary Disease Patients. Parke-David/Warner-Lambert. \$105,559.
30. The Role of Lp(a) in Coronary Heart Disease in Blacks vs. Whites. National Heart, Lung, and Blood Institute. 1992 - 1997. \$1,599,000.
31. Dietary Effects on Lipoproteins and Thrombogenic Activity. Pennsylvania State University. National Heart, Lung, and Blood Institute. P.I. of Bassett Subcontract, Chair of Steering Committee. 1992 - 1998.
32. A Placebo-Controlled Trial to Evaluate Endocrine Function During Pravastatin Therapy in Premenopausal Women with Hypercholesterolemia. 1993 - 1995. \$189,435.
33. Effect of Moderate Alcohol Consumption on Postprandial Clearance of Triglyceride-rich Lipoproteins. Alcoholic Beverage Medical Research Foundation. 1993 - 1995. \$70,000.
34. Distant Medical Link Grant, Rural Electrification Administration. 1993 - 1994. \$494,755.
35. The Effects of Pravastatin Compared to Placebo Upon Endothelium-Dependent Coronary Blood Flow. Bristol-Myers Squibb Co. 01/94 - 9/96. \$522,965.
36. Development and Evaluation of the Bassett Telemedicine Network. Health Resources and Services Administration, 1994 - 1997, \$1,129,455.
37. Northeast Lipid Training Center, Bristol Myers/Squibb Co., 1994 - Present, \$50,000-\$60,000/year.
38. Biosocial Influences on Postpartum Weight Retention. Cornell University, National Institute of Child Health and Human Development. 1/1/95 - 12/31/98, \$571,432, P.I. of Bassett Subcontract.
39. Utilization Study of Rural Hospitals. New York State Department of Health. 3/1/95 - 2/28/96.
40. Screening and Management of Cardiovascular Risk Factors in Patients with Coronary Heart Disease. American College of Cardiology, 3/1/96 - 2/28/97. \$647,082.
41. Lipid Treatment Assessment Program (L-TAP). Parke-Davis/Warner-Lambert, 8/96 - 8/97. \$7500. Analysis Subcontract 3/1/98 - 2/28/99, \$69,000.
42. Managed Care Lipid Treatment Assessment Program (MC-L-TAP). Parke-Davis/Warner-Lambert, 3/97 - 3/98.

RESEARCH GRANTS OBTAINED AS PRINCIPAL INVESTIGATOR: (cont'd)

43. TARGET, (Treatment with Atorvastatin to Reach Goals: Evaluation of Therapy) Study. Parke-Davis/Warner-Lambert, 10/97 – present. \$75,000.
44. TNT Study. Parke-Davis/Warner-Lambert, 9/1/98 – 8/30/04. \$373,000.
45. Nutrition Academic Award, National Heart, Lung and Blood Institute, 9/30/98 – 9/29/03. \$750,000.
46. Western New York Center for Prevention of Heart Disease and Stroke. Oslein Foundation, 8/1/98 – 2/1/01. \$312,500.
47. KOS Pharmaceuticals
48. Clinical Research Curriculum Award, National Institutes of Health, 6/1/99 – 9/30/04. \$1,000,000.

PUBLICATIONS: (\* = Review articles)

1. Matsuda, I., Pearson, T., and Holtzman, N.A.: Determination of apocerulo-plasma by radioimmunoassay in nutritional copper deficiency, Menkes' kinky hair syndrome, Wilson's disease and umbilical cord blood. Pediatric Res 8:821-824, 1974.
2. Gildersleeve, D.L., Pearson, T.A., Baghdiantz, A., and Foster, G.V.: Effect of ACTH, alpha-MSH, and beta-lipotropin in calcium and phosphorus metabolism in the rabbit. Endocrinology 97:1593-1596, 1975.
3. Pearson, T.A., Wang, B.A., Solez, K., and Heptinstall, R.H.: Clonal characteristics of fibrous plaques and fatty streaks from human aortas. Am. J. Path. 81:379-387, 1975.
4. Lockwood, C.M., Pearson, T.A.: Use of plasma exchange in treatment of allergic diseases. Haemonetics Research Institutes Proceedings 3: 1975.
5. Lockwood, C.M., Pearson, T.A., Evans, D.J., Peters, D.K., and Wilson, C.B.: Immunosuppression and plasma exchange in the treatment of Goodpasture's syndrome. Lancet 1:711-715, 1976.
6. Pearson, T.A., Kramer, E., Solez, K., and Heptinstall, R.H.: The human atherosclerotic plaque. Am. J. Path. 86:657-664, 1977.
7. Pearson, T.A., Braine, H.G., and Rathbun, H.K.: Corynebacterium sepsis in oncology patients: Predisposing factors, diagnosis and treatment. JAMA 238:1737-1740, 1977.
8. Pearson, T.A., Dillman, J., Kramer, E., Solez, K., and Heptinstall, R.H.: Clonal markers in the study of the origin and growth of human atherosclerotic lesions. Circulation Res. 43:10-18, 1978.

PUBLICATIONS: (\* = Review articles) (cont'd)

9. Pearson, T.A., Dillman, J., Solez, K., and Heptinstall, R.H.: Clonal characteristics in layers of human atherosclerotic plaques. Am. J. Path. 93:93-102, 1978.
10. Pearson, T.A., Dillman, J., Solez, K., and Heptinstall, R.H.: Monoclonal characteristics of organising arterial thrombi: Significance in the origin and growth of human atherosclerotic plaques. Lancet 1:7, 1979.
11. Pearson, T.A., Bulkley, B.H., Achuff, S.C., Kwiterovich, P.O., and Gordis, L.: The association of low levels of HDL cholesterol and arteriographically-defined coronary artery disease. Am. J. Epid. 109:285-295, 1979.
- 12.\* Pearson, T.A.: The preventive medicine residency within the School of Public Health: Progress at Johns Hopkins. Association of Teachers of Preventive Medicine Newsletter 26:12-13, 1979.
13. Pearson, T.A., Dillman, J., Williams, K.J., Wolff, J.A., Adams, R., Solez, K., and Heptinstall, R.H.: Clonal characteristics of experimentally induced "atherosclerotic" lesions in the hybrid hare. Science 206:1423-1425, 1979.
14. Pearson, T.A.: Experience in teaching epidemiology and biostatistics in medical schools. Epidemiology and Biostatistics in Clinical Cancer Education. National Cancer Institute, 1979, pp. 23-24.
15. Pearson, T.A., Dillman, J.M., Solez, K., and Heptinstall, R.H.: Evidence for two populations of fatty streaks with different roles in the atherogenic process. Lancet 2:496-498, 1980.
16. Pearson, T.A., Dillman, J.M., Solez, K., and Heptinstall, R.H.: Clonal characteristics of cutaneous scars and implications for atherogenesis. Am. J. Path. 102:49-54, 1981.
17. Naslund, M.J., Pearson, T.A., and Ritter, J.M.: A documented episode of pulmonary vasoconstriction in systemic sclerosis. Johns Hopkins Med. J. 148:78-80, 1981.
18. Pearson, T.A., Dillman, J., Malmros, H., Sternby, N., and Heptinstall, R.H.: Cholesterol induced atherosclerosis: Clonal characteristics of arterial lesions in the hybrid hare. Arteriosclerosis 3(6):574-580, 1983.
19. Pearson, T.A., Dillman, J.M., and Heptinstall, R.H.: The clonal characteristics of human aortic intima: Comparison with fatty streaks and normal media. Am. J. Pathol. 113:33, 1983.
- 20.\* Pearson, T.A.: Coronary arteriography in the study of the epidemiology of CAD. Epidemiologic Reviews 6:140-166, 1984.
21. Gardner, T.J., Horneffer, P.J., Manolio, T.T., Pearson, T.A., Gott, V.L., Baumgartner, W.A., Borkon, M., Watkins, L., Reitz, B.A.: Stroke following artery bypass grafting: A ten-year study. Ann. of Thoracic Surg. 40(6):574-581, 1985.

PUBLICATIONS: (\* = Review articles) (cont'd)

22. Topol, E.J., Ciuffo, A.A., Pearson, T.A., Dillman, J., Builder, S., Grossbard, E., Weisfeldt, M.L., Bulkley, B.H.: Thrombolysis with recombinant tissue plasminogen activator in atherosclerotic, thrombotic occlusion. J. Amer. Coll. Cardiol. 5:85-91, 1985.
23. Raichlen, J.S., Healy B., Achuff, S.C., Pearson, T.A.: Importance of risk factors in the angiographic progression of coronary artery disease. Amer. J. Cardiol. 57:66-70, 1986.
24. Gardner, T.J., Horneffer, P.J., Manolio, T.A., Hoff, S.J., Pearson, T.A.: Major stroke after coronary artery bypass surgery: Changing magnitude of the problem. J. Vasc. Surg. 3:684-687, 1986.
25. Fried, L.P., Moore, R.D., and Pearson, T.A.: Long-term effects of cigarette smoking and moderate alcohol consumption on coronary artery diameter: Mechanisms of coronary artery disease independent of atherosclerosis or thrombosis. Amer. J. Med. 80(1):37-44, 1986.
26. Moore, R.D., Pearson, T.A.: Moderate alcohol consumption and coronary artery disease: A Review. Medicine 65:242-267, 1986.
27. Shaffer, J.W., Pearson, T.A., Mead, L.A., Thomas C.B.: A possible relationship between figure drawing data collected in medical school and later health status among physicians. J. Clin. Psychology 42(2):363-369, 1986.
28. LaCroix, A., Mead, L., Liang, K-Y., Thomas, C.B., Pearson, T.A.: Coffee consumption and the incidence of coronary heart disease. New England J Med 315(16):977-982, 1986.
29. Shaffer, J.W., Graves, P.L., Mead, L.A., Thomas, C.B., Pearson, T.A.: Development of alternate methods for scoring in the Rorschach Interaction Scale. J. Educational and Psychological Measurement 46:837-844, 1986.
- 30.\* Miller, R.D., Pearson, T.A.: Preventing recurrent myocardial infarction in women with coronary artery disease. Cont. OB/GYN, March 1986.
31. Graves, P.O., Mead, L.A., Pearson, T.A.: Rorschach Interaction Scale as a potential predictor of cancer. Psychosomatic Med 48:549-563, 1986.
32. Becker, D.M., Boekeloo, B.O., Pearson, T.A.: Physician recognition of CHD risk factors in high risk patients. MD State Med. J. 35(3):214-215, 1986.
- 33.\* Becker, D.M., Wilder, L.B., Pearson, T.A.: Hypercholesterolemia: Nutritional and pharmacologic management. Maryland Med. Journal 35(7):549-551, 1986.
34. Becker, D.M., Meyers, A.H., Sacci, M., Weida, S., Swank, R., Levine, D.M., Pearson, T.A.: Smoking Behavior and Attitudes toward Smoking among Hospital Nurses. Amer. J. Public Health 76(12):1449-1451, 1986.

PUBLICATIONS: (\* = Review articles) (cont'd)

- 35.\* Pearson, T.A.: Coronary Risk Factors. American Council of Life Insurance. Medical Section Proceedings 33-46, 1986.
36. Pearson, T.A., Dillman, J.M., Heptinstall, R.H.: Clonal mapping of the Human Aorta: Relationship of Monoclonal Characteristics, Lesion Thickness, and Age in Normal Intima and Atherosclerotic Lesions. Am. J. Pathol. 126(1):33-39, 1987.
37. Herrington, D.M. and Pearson, T.A.: Clinical and angiographic similarities in twins with coronary artery disease. Am. J. Cardiol. 59(4): 366-367, 1987.
38. Pearson, T.A., Malmros, H., Dillman, J, Sternby, N., Heptinstall, R.H.: Atherosclerosis in the hypercholesterolemic hare: Comparison of coronary artery lesions induced by dietary cholesterol in the hare and the rabbit. Atherosclerosis 63:125-135, 1987.
39. Becker, L.C., Becker, D.M., Pearson, T.A., Fintel, D.J., Links, J., Frank, T.L.: Screening of asymptomatic siblings of patients with premature coronary artery disease. Circulation 75:(II) 14-17, 1987.

PUBLICATIONS: (\* = Review articles) (cont'd)

40. Raichlen, J.S., Herrington, D.M., Healy, B., Achuff, S.C., Pearson, T.A.: Risk factors for progression of coronary artery disease. Coronary Artery Disease 4(3):47-53, 1987.
41. Fried, L.P., Pearson, T.A.: The association of risk factors with arterio- graphically-defined coronary artery disease: What is the appropriate control group? Am. J. Epidemiol. 125:844-853, 1987.
42. Thomas, J., Semanya, K., Thomas, C.B., Thomas, D.G., Nesor, W.B., Pearson, T.A., Gillum, R.F.: Precursors of hypertension in black compared to white medical students. J. Chron. Dis. 40:721-727, 1987.
43. Becker, D.M., Markakis, M., Sension, M., Vitalis, S., Baughman, K., Swank, R., Kwiterovich, P.O., Pearson, T.A.: Prevalence of hyperlipidemia in heart transplant recipients. Transplantation 44(2):323-325, 1987.
44. Shaffer, J.W., Graves, P.L., Swank, R.T., Pearson, T.A.: Clustering of personality traits in youth and subsequent development of cancer among physicians. J. Behav. Med. 10(5):441-447, 1987.
45. Horneffer, P.J., Gardner, T.J., Manolio, T.A., Hoff, S.J., Rykiel, R.N., Pearson, T.A., Gott, V.L., Baumgartner, W.A., Borkon, A.M., Watkins, L., Reitz, B.A.: The effects of age on outcome after coronary bypass surgery. Circulation 76, Suppl:V6-V12, 1987.
46. Boekeloo, B., Becker, D., Yeo, E., Pearson, T.A., Gillilan, R.: Post myocardial infarction cholesterol management by primary physicians. JACC 9:77A, 1987.
- 47.\* Pearson, T.A.: Multiple risk factors for coronary artery disease: Behavioral factors in preventive cardiology. Am. J. Cardiol. 60:74J-79J, 1987.
48. Watt, P., Becker, D.M., Salaita, K., Pearson, T.A.: Hypercholesterolemia in patients undergoing coronary bypass surgery: Are they aware, under treatment, and under control? Heart and Lung 17:2, pp. 205-208. March, 1988.
49. Boekeloo, B.O., Becker, D.M., DeBailly, A., Pearson, T.A.: Cholesterol management in patients hospitalized for coronary heart disease. Am. J. Prev. Med. May-June 4(3):128-32, 1988.
50. Moore, R.D., Smith, C.R., Kwiterovich, P.O., and Pearson, T.A.: Effect of low-dose alcohol use versus abstention on apolipoproteins A-1 and B. Am. J. Med. 84(5):884-90, 1988.
- 51.\* Trejo-Gutierrez, J.F., and Pearson, T.A.: A practical approach to the patient with a lipid disorder. Modern Medicine 56(11):86-104, November, 1988.
- 52.\* Sigmund, W.R., Pearson, T.A.: Omega-3 fatty acids: A review of potential benefits and clinical use. Saudi Arabian Medical Journal, 9(6):558-568, 1988.

PUBLICATIONS: (\* = Review articles) (cont'd)

- 53.\* Pearson, T.A., Boekeloo, B.O., Graziano, S.: Community Based Cardiovascular Risk Reduction Programs. Maryland Medical Journal, 37(11):836-839, 1988.
54. Becker, D.M., Becker, L.C., Pearson, T.A., Fintel, D.J., Levine, D.M., and Kwiterovich, P.O.: Risk factors in siblings of people with premature coronary heart disease. J. Am. Coll. Cardiol., Nov. 12(5): 1273-80, 1988.
55. Becker, D.M., Chamberlain, B., Swank, R., Hegewald, M.G., Baughman, K.L., Pearson, T.A., Ettinger, W.H., Renlund, D.: Relationship between Corticosteroid Exposure and Plasma Lipid Levels in Heart Transplant Recipients. Am. J. Med. 85(5):632-8, Nov. 1988.
56. Greenland, P., Castle, C.H., Cohen, J.D., Davidson, D.M., Krakoff, L.R., Nowacek, G., Pearson, T.A., Riemenschneider, T.A., VanCitters, R.L., Stone, E.J.: Attitudes toward prevention of cardiovascular diseases among first-year students at eight American medical schools, 1983-1985. Preventive Med. 17:700-11, 1988.
57. Miller, R.H., Horneffer, P.J., Gardner, T.J., Rykiel, M.F., Pearson, T.A. The epidemiology of the postpericardiotomy syndrome: A common complication of cardiac surgery. American Heart Journal, 116(5):1323-9, Nov. 1988.
58. Becker, D., Becker, L., Pearson, T., Fintel, D., Levine, D., Kwiterovich, P.: Risk factors in siblings of people with premature coronary disease. JACC, 12(5):1273-1280, 1988.
59. Pearson, T.A., Chanmugan, P., Dillman, J., Yu, S.O., Sternby, N., Heptinstall, R.H.: The hybrid hare as a promising model of human atherosclerosis. Eighth International Symposium on Atherosclerosis, Workshop Sessions, Rome, Italy, Oct. 9-13, 1989, p. 137-140.
- 60.\* Pearson, T.A.: A clinical look at lipoprotein (a). Perspectives in Lipid Disorders, 6(1):15-19, April 1989.
61. Manolio, T.A., Beattie, C., Christopherson, R., Pearson, T.A.: Regional versus general anesthesia in high-risk surgical patients: The need for a clinical trial. Journal of Clin. Anesthesia, 1(6):414-21, 1989.
62. Coughlin, S.S., Szklo, M., Baughan, K., Pearson, T.A.: Idiopathic dilated cardiomyopathy and atopic disease: Epidemiologic evidence for an association with asthma. American Heart Journal, 118(4):768-74, Oct. 1989.
- 63.\* Pearson, T.A., Pyorala, K.: Trends in CHD in Selected Countries – Overview. Intern. J. of Epidemiology, 18(3)(Suppl. 1):S99-S100, 1989.
- 64.\* Pearson, T.A.: Influences on CHD incidence and case fatality: Medical management of risk factors. Intern. J. of Epidemiology, vol. 18, no. 3 (Suppl.):S217-S222, 1989.
- 65.\* Pearson, T.A.: LDL subclasses: A critical story unfolds. Perspectives in Lipid Disorders, 1989.

PUBLICATIONS: (\* = Review articles) (cont'd)

66. Menkes M.S., Matthews K.A., Krantz D.S., Lundberg U., Mead L.A., Qaqish B., Liang K., Thomas C.B., Pearson T.A.: Cardiovascular reactivity to the cold pressor test as a predictor of hypertension. Hypertension, 14:524-530, 1989.
67. Miller, M., Mead, L.M., Kwiterovich, P.O., Pearson, T.A.: Dyslipidemias with desirable plasma total cholesterol levels and angiographically demonstrated coronary artery disease. The Amer. J. of Card. 65(1):1-5, January 1990.
68. Coughlin, S.S., Szklo, M., Baughman, K., Pearson, T.A.: The epidemiology of idiopathic dilated cardiomyopathy in a bi-racial community. Amer. J. of Epidemiology 131(1):48-56, 1990.
69. Eaton, C.B., Schaad, D.C., Rybicki, B., Pearson, T.A., Van Citters, R.L., Stone, E.J., Castle, C.H., Cohen, J.D., Davidson, D.M., Greenland, P., Krakoff, L.R., Riemenschneider, T.A., Derby, C.: Risk factors for cardio-vascular disease in U.S. medical students: The Preventive Cardiology Academic Award Collaborative Data Project. In Preventive Cardiology: Perspectives in Physician Education, Amer. J. Prev. Med., vol. 6, no. 2, 14-22, 1990.
70. Horneffer P.J., Miller R.H., Pearson T.A., Rykiel M.F., Reitz B.A., Gardner T.J.: The effective treatment of postpericardiotomy syndrome after cardiac operations. J Thorac Cardiovasc Surg, 100:292-296, 1990.
71. Boekeloo, B., Becker, D., Levine, D., Belitsos, P., Pearson, T.: Strategies for increasing house staff management of cholesterol in inpatients. Amer. J. of Prev. Med., 6[Supp(1)]:51-9, 1990.
72. Pearson, T.A., LaCroix, A.Z., Mead, L.A., Liang, K-Y.: The prediction of midlife coronary heart disease and hypertension in young adults: The Johns Hopkins Multiple Risk Equations. In Preventive Cardiology: Perspectives in Physician Education, Amer. J. Prev. Med., vol. 6, no. 2, 23-28, 1990.
- 73.\* Pearson, T.A., Bowlin, S., Sigmund, W.R.: Screening for hypercholesterolemia. Annual Rev. Med. 41:177-86, 1990.
74. Moore, R.D., Mead, L., Pearson, T.A.: Youthful Precursors of alcohol abuse in physicians. Amer. J. Med. 88:332-336, 1990.
75. Herrington, D.A., Gordon, G.B., Achuff, S.C., Trejo, J.F., Weissman, H.F., Kwiterovich, P.O., Pearson, T.A.: Plasma dehydroepiandrosterone (DHEA) and DHEA sulfate (DHEAS) in patients undergoing diagnostic coronary angiography. In press, Journal of the American College of Cardiology, 16:862-70, 1990.
76. Pearson, T.A., Jenkins, G.M., Thomas, J.: Prevention of coronary heart disease in black adults. Cardiovascular Clinics, 21(3): 263-276, 1991.

— PUBLICATIONS: (\* = Review articles) (cont'd)

- 77.\* Pearson, T.A.: What is a risk factor and what is not -- theoretical and practical implications. In Hypertension, Lipids and Cardiovascular Disease: Is Insulin the Missing Link? Amer. J. Med., vol. 90 (suppl. 2A), 50S-52S, 1991.
- 78.\* Steinberg, D., Pearson, T.A., Kuller, L.H.: Alcohol and Atherosclerosis. Ann. Intern. Med. 114:967-976, June 1991.
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## ABSTRACTS AND PRESENTATIONS

*(Approximately 30-50 presentations per year to physicians' groups for Continuing Medical Education are not included):*

1. Foster, C.V., Gildersleeve, D.L., Juo, C.L., Kelly, D.T., Nichols, W.W., and Pearson, T.A.: Preliminary studies on the effect of calcium in the enzymatic degradation of human calcitonin in the dog. Presented by G.V. Foster at the Tenth European Symposium on Calcified Tissues. Hamburg, Sept. 1973.
2. Pearson, T.A., Wang, A.L., Solez, K., and Heptinstall, R.H.: The mono-clonal origin of human atherosclerotic plaques. Fed. Proc. 34: 876, 1975. Presented by T.A. Pearson, Annual Meeting of Federation of American Societies for Experimental Biology, Atlantic City, April, 1975.
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5. Pearson, T.A., Dillman, J., Solez, K., and Heptinstall, R.H.: No evidence for clonal selection in layers of fibrous plaques. Fed. Proc. March, 1978. Presented by T.A. Pearson at the Annual Meeting of the American Association of Pathologists, Atlantic City, NJ, April, 1978.
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11. Pearson, T.A., Bulkley, B.H., Kwiterovich, P.O., Achuff, S.C., Gordis, L.: Anatomically defined coronary disease in blacks: Importance of hypertension as a risk factor. Circulation 59-60 (Suppl. II): 14, 1979. Presented at the 52nd Annual Scientific Sessions of The American Heart Association, Anaheim, CA, Nov., 1979.
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23. Topol, E.J., Ciuffo, A.A., Pearson, T.A., Dillman, J., Builder, S., Grossbard, E., Bulkley, B.H., Weisfeldt, M.L.: Thrombolysis with recombinant tissue plasminogen activator in atherosclerotic, thrombotic occlusion. Presented in the Plenary Session of the 1984 Session of The American Federation for Clinical Research, Washington, D.C., May 1984. Clinical Research 32: 212, 1984.
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54. Herrington, D.M., Pearson, T.A.: Striking clinical angiographic similarities in twins with coronary artery disease. Maryland Associates Meeting of the American College of Physicians, Baltimore, MD, May 1986.

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59. Markakis, M., Sension, M., Becker, D., Pearson, T.A.: Risk factors for accelerated coronary atherosclerosis following heart transplant. Presented at the Annual Meeting of The Preventive Cardiology Academic Awardees, Bethesda, MD, April 17-18, 1986.
60. Becker, D.M., Kwiterovich, P.O., Pearson, T.A.: What is the appropriate screening strategy for hyperlipidemia in families with early coronary disease. Presented at the 59th Scientific Sessions of The American Heart Association in Dallas, TX, Nov., 1986. Circulation 74: (II): 382, 1986.
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74. Herrington, D.M., Pearson, T.A.: Do coronary anatomic factors explain independent risk of coronary disease due to family history? Presented at the 27th Annual Conference on Cardiovascular Disease Epidemiology, American Heart Association, Charleston, SC, March, 1987.
75. Coughlin, S., Szklo, M., Baughman, K., Pearson, T.: Idiopathic dilated cardiomyopathy: A possible association with asthma. Presented at the Cardiovascular Behavioral Medicine Epidemiology Biostatistics Training Session, Charleston, SC, March, 1987.
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77. Herrington, D.M., Pearson, T.A.: Do coronary anatomic factors explain independent risk of coronary disease due to family history? Presented at the Sixth Mid-Atlantic Regional SREPCIM Conference, Philadelphia, PA, 1987.
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79. Becker, D.M., Waranch, H.R., McBean, M., Pennington, L., Pearson, T.A.: Design and evaluation of a smoking cessation program for health care worksites: A preventive cardiology initiative. Presented at The Annual Meeting of the Preventive Cardiology Academic Awardees, Bethesda, MD, April, 1987.
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89. Krantz, A.S., Menkes, M.S., Londberg, U., Matthews, K.A., Mead, L.A., Long, L.A., Thomas, G.B., Pearson, T.A.: Cardiovascular reactivity to the cold pressor test and predictions of subsequent hypertension. Presented at the 45th Meeting of The American Psychosomatic Society, Toronto, March, 1988.
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