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Office of Special Nutritionals
HFS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington DC 20204

Statement of Nutritional Support – BETA-CAROTENE

Pursuant to 21 CFR Part 101.93, American Specialty Health and Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as BETA-CAROTENE

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Drive, Suite 250, San Diego, CA 92108.

2) Text of Nutritional Support Statement being made:

“Beta carotene is a provitamin that the human body converts to Vitamin A. It is a pigment that helps give vegetables their green or orange color. These pigments, including beta carotene are also called carotenoids. Beta carotene is an important antioxidant and supports your immune and cardiovascular systems.”

3) Name of dietary ingredient: See attached product label.

4) Brand Name: BETA-CAROTENE

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Sr. Vice President.

Yours truly,

Dr. Doug Metz
Sr. Vice President

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Directions For Use: Take 1 softgel daily with a meal or water.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY™ HEALTH & WELLNESS,
PO BOX 509040, SAN DIEGO, CA 92150-9040

www.buyhealthy.com

1999 R/O

Item # 40121

BETA-CAROTENE

DIETARY SUPPLEMENT



100 SOFTGELS

Premium Products for Your Health & Wellness

Supplement Facts

Serving Size: 1 softgel
Servings Per Container: 100

	Amount Per Serving:	%Daily Value
Vitamin A (100% as Beta carotene)	25,000 IU	500%
Vitamin E (as d-alpha tocopherol)	37 IU	123%

Other Ingredients: Gelatin, Lecithin, Glycerin, Water, Annatto (seed), Caramel, Titanium dioxide.

This product contains no yeast, milk, lactose, wheat, sugar, corn, artificial ingredients or preservatives.

Double safety sealed with a printed outer shrink-wrap film and a printed inner bottle freshness seal. Do not use if either seal is broken or missing.