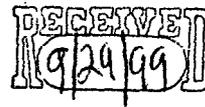




0815 '99 OCT 15 P2:11



Office of Special Nutritionals  
HFS-450  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington DC 20204

Statement of Nutritional Support – CHROMIUM PICOLINATE

Pursuant to 21 CFR Part 101.93, American Specialty Health and Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as CHROMIUM PICOLINATE

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Drive, Suite 250, San Diego, CA 92108.

2) Text of Nutritional Support Statement being made:

“Chromium is an essential mineral, which helps to regulate the healthy metabolism of glucose (blood sugar). Some research has shown that it may be important for healthy blood cholesterol and triglycerides.”

3) Name of dietary ingredient: See attached product label.

4) Brand Name: CHROMIUM PICOLINATE

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Sr. Vice President.

Yours truly,

A handwritten signature in black ink, appearing to read "Doug Metz".

Dr. Doug Metz  
Sr. Vice President

97S - 0162

P.O. Box 509040, San Diego, CA 92150-9040 • Phone 1-888-BUY-HEALTHY™ (1-888-289-4325)

67387  
LET 4474



**Directions For Use:** Take 1 capsule daily with a meal or water.

**Storage:** Keep tightly closed in a cool, dry place.

**Caution/Warning:** As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. Large doses of chromium can inhibit insulin activity and cause toxicity to the liver and kidneys. Persons with diabetes should only supplement with chromium under the guidance of their physician.

**Note:** This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY™ HEALTH & WELLNESS,  
PO BOX 509040, SAN DIEGO, CA 92150-9040

[www.buyhealthy.com](http://www.buyhealthy.com)

Item # 40127

1999 R/0

# CHROMIUM PICOLINATE

DIETARY SUPPLEMENT



100 CAPSULES

*Premium Products for Your Health & Wellness*

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 100

|                                      | Amount Per Serving: | %Daily Value |
|--------------------------------------|---------------------|--------------|
| Chromium<br>(as chromium picolinate) | 200 mcg.            | 167%         |

Other Ingredients: Millet, Cellulose, Maltodextrin, Gelatin.  
This product contains no artificial ingredients or preservatives.

Double safety sealed with a printed outer shrink-wrap film and a printed inner bottle freshness seal. Do not use if either seal is broken or missing.