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Office of Special Nutritionals
HFS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington DC 20204

Statement of Nutritional Support – DAILY MULTI-VITAMIN + MINERALS

Pursuant to 21 CFR Part 101.93, American Specialty Health and Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as DAILY MULTI-VITAMIN + MINERALS

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Drive, Suite 250, San Diego, CA 92108.

2) Text of Nutritional Support Statement being made:

“Daily Multi-Vitamin plus Minerals is a unique combination of vitamin and mineral nutrients formulated to provide additional nutrient supplementation to the daily diet. A complete balanced assortment of essential vitamins, minerals and other nutrients is necessary for growth, tissue vitality and well being.”

3) Name of dietary ingredient: See attached product label.

4) Brand Name: DAILY MULTI-VITAMIN + MINERALS

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Sr. Vice President.

Yours truly,

Dr. Doug Metz
Sr. Vice President

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DAILY MULTI-VITAMINS + MINERALS

DIETARY SUPPLEMENT



100 CAPSULES

Premium Products for Your Health & Wellness

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 33

	Amount Per Serving	%Daily Value		Amount Per Serving	%Daily Value
Calories	5		Magnesium (as aspartate/oxide)	125 mg.	31%
Total Carbohydrate	1 g.	<1%†	Zinc (as amino acid chelate)	10 mg.	67%
Vitamin A (as retinol palmitate and 57% as beta carotene)	8750 IU	175%	Selenium (as selenium monomethionine)	100 mcg.	143%
Vitamin C (ascorbic acid)	250 mg.	417%	Copper (as amino acid chelate)	1 mg.	50%
Vitamin D-3 (as cholecalciferol)	100 IU	25%	Manganese (as aspartate)	5 mg.	250%
Vitamin E (as d-alpha tocopheryl)	200 IU	667%	Chromium (as polynicotinate)	100 mcg.	83%
Vitamin K (as phytonadione)	30 mcg.	38%	Molybdenum (as molybdenum tritrate)	50 mcg.	67%
Thiamin (as thiamin HCl)	25 mg.	1667%	Potassium (as chloride/gluconate)	45 mg.	1%
Riboflavin (Vitamin B2)	25 mg.	1471%	Bioflavonoid complex (from a natural derivative of orange, grapefruit, lemon, lime and tangerine)	50 mg.	*
Niacin (as niacinamide/nicotinic acid)	38 mg.	188%	Choline (as choline bitartrate)	50 mg.	*
Vitamin B6 (as pyridoxine HCl)	25 mg.	1250%	Inositol	50 mg.	*
Folic Acid	200 mcg.	50%	PABA (para aminobenzoic acid)	25 mg.	*
Vitamin B-12 (as cyanocobalamin)	50 mcg.	833%	Rutin bioflavonoid	25 mg.	*
Biotin (as biotin tritrate)	150 mcg.	50%	Boron (as amino acid chelate)	750 mcg.	*
Pantothenic Acid (as d-calcium pantothenate)	75 mg.	750%	Vanadium (as vanadium tritrate)	50 mcg.	*
Calcium (as citrate/carbonate)	250 mg.	25%			
Iodine (from pacific kelp powder)	25 mcg.	17%			

Other Ingredients: Gelatin, Cellulose, Magnesium stearate.

This product contains no yeast, milk, lactose, wheat, sugar, soy, artificial ingredients or preservatives.

Directions For Use: Take 3 capsules twice daily with meals or water.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician.

Warning: Women who are pregnant should not exceed recommended dosage. Exceeding the recommended dose will result in ingestion of more than 10,000 IU of Vitamin A as retinol, which in high amounts is known to cause birth defects.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY™ HEALTH & WELLNESS, PO BOX 509040, SAN DIEGO, CA 92150-9040

www.buyhealthy.com

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Item # 40134

Double safety sealed with a printed outer shrink-wrap film and a printed inner bottle freshness seal. Do not use if either seal is broken or missing.