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Office of Special Nutritionals  
HFS-450  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington DC 20204

Statement of Nutritional Support – ECHINACEA GOLDENSEAL COMPLEX

Pursuant to 21 CFR Part 101.93, American Specialty Health and Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as ECHINACEA GOLDENSEAL COMPLEX

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Drive, Suite 250, San Diego, CA 92108.

2) Text of Nutritional Support Statement being made:  
“Echinacea, also known as purple cone flower, is a native North American wildflower. Preparations made from the juice of the plant have been found to support a healthy immune system. Echinacea Complex is made from several herbs in a proprietary blend including two types of Echinacea, Goldenseal root, and Burdock root.”

3) Name of dietary ingredient: See attached product label.

4) Brand Name: ECHINACEA GOLDENSEAL COMPLEX

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Sr. Vice President.

Yours truly,

A handwritten signature in black ink, appearing to read "Doug Metz".

Dr. Doug Metz  
Sr. Vice President

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**Directions For Use:** Take 3 capsules, 3 times daily with water at mealtimes.

**Storage:** Keep tightly closed in a cool, dry place.

**Caution/Warning:** As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. Do not use echinacea for more than a few weeks. This herb is not to be used in systemic diseases such as tuberculosis, multiple sclerosis, immune disorders and other such diseases. Do not take this product if you have gastric or duodenal ulcers or with gastric irritation or inflammation.

**Note:** This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY™ HEALTH & WELLNESS,  
PO BOX 509040, SAN DIEGO, CA 92150-9040

[www.buyhealthy.com](http://www.buyhealthy.com)

Item # 40138

1999 R/O

# ECHINACEA GOLDENSEAL COMPLEX

DIETARY SUPPLEMENT



100 CAPSULES

Premium Products for Your Health & Wellness

## Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 33

	Amount Per Serving:	%Daily Value
Calories	5	
Total Carbohydrate	1 g.	< 1%†
Dietary Fiber less than 1 gram		3%†
Proprietary blend	1.35 g.	*
Echinacea (Echinacea purpurea (stem, leaf, flower))		
Goldenseal (Hydrastis canadensis root)		
Echinacea (Echinacea angustifolia root)		
Burdock (Arctium lappa root)		
Gentian (Gentiana lutea root)		
Cayenne pepper (Capsicum annuum fruit)		
Wood betony (Stachys officinalis stem, leaf, flower)		

\*Daily Value not established.

† Daily value based on a 2000 calorie diet.

Other Ingredients: Gelatin.

Double safety sealed with a printed outer shrink-wrap film and a printed inner bottle freshness seal. Do not use if either seal is broken or missing.