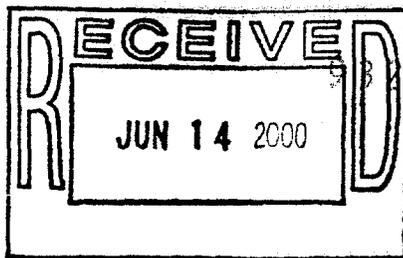


Andrew Lessman's  
**WINNING COMBINATION™**  
The Informed Choice for Nutritional Supplements



June 9, 2000

Director  
Special Nutritionals  
Center for Food Safety and Applied Nutrition  
FDA  
200 C Street S.W.  
Washington, DC 20204

**RE: DAILY INNER CLEANSE**

Dear Sir / Madam:

This is a 30-day notification of a statement of nutritional support for a dietary supplement. The product name is **Andrew Lessman's Daily Inner Cleanse**. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

**Andrew Lessman's DAILY INNER CLEANSE™** is a comprehensive, all natural fiber and herb-based internal cleanser formulated for daily use. It is designed to support and maintain the health of several different internal systems. **Daily Inner Cleanse** is a unique blend of 5 different sources of fiber providing both soluble and insoluble (bulk) fiber. In addition to offering the benefits of fiber from Psyllium Husk, Oat, Apple, Grapefruit and Guar, it also contains Fructooligosaccharides (F.O.S.), Inulin, Lactobacillus sporogenes, Vitamin C and the herbs Cranberry and Milk Thistle, to provide additional benefits.

Dietary fiber provides a myriad of healthful benefits and is often overlooked as an important component in the American diet. It has been reported that soluble fiber may help to maintain healthy blood cholesterol levels. In fact, *diets low in saturated fat and cholesterol that include 7 grams of soluble fiber per day from Psyllium Husk (the amount in 3 servings of Andrew Lessman's Daily Inner Cleanse) may reduce the risk of heart disease.* Also, the insoluble (bulk) fiber in this product helps to "scour" the digestive tract removing undigested food, debris and other by-products. Fiber also speeds gastrointestinal (GI) transit time (the time it takes for food to pass through you) and as a result can help remove digestive by-products sooner. Fiber can also provide a natural feeling of fullness to support most diet plans, while the Apple and Grapefruit pectins may also help to maintain healthy blood sugar levels.

We include *L. sporogenes* to support the beneficial proliferation of the healthy bacteria in your intestines. We also add Fructooligosaccharides (F.O.S.) and Inulin (which contains F.O.S.) because they are a preferred food of this healthy "good" bacteria, thus allowing them to multiply. The natural flora (good bacteria) in the GI tract also provides additional health benefits, which include supporting the absorption of certain vital minerals such as Calcium and Magnesium. We also include Cranberry for its antioxidant properties and because it helps naturally support the health of the bladder and the urinary tract. We add Milk Thistle because research has shown that Silymarin from the Milk Thistle plant is a potent antioxidant that can neutralize free radicals and has beneficial effects on the liver.

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**Daily Inner Cleanse** not only provides the fiber that is so often too low in our modern diet, but also delivers a wide range of other components to support the health of the gastrointestinal tract and several other internal organs and systems.

Respectfully Submitted,



Shawn Tiller  
Manager, Product Development