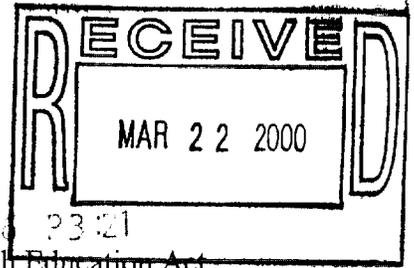


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Spring Valley® Vitamin B1, Product #13616** bearing the statements set out below:

Weider Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure function claim for **Vitamin B1** is as follows:

- (Statement 1) Vitamin B1 helps utilize energy from food by promoting proper metabolism of carbohydrates.
- (Statement 2) It is necessary for the maintenance of normal digestion, muscle contraction and nerve tissue.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of March, 2000.

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI

Vice President of Research

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