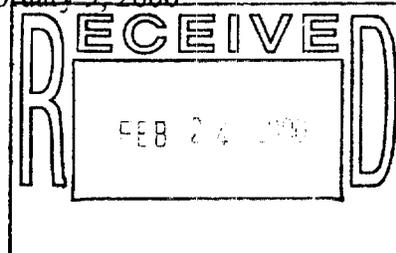




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (516) 567-9500 ■ Fax: (516) 567-1953

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February 9, 2000



Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on our Ginseng Complex, American Ginseng, Chinese Red Ginseng, Korean Ginseng and Manchurian Ginseng products under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Puritan's Pride, Select Herbals, US Nutrition, Vitamin World, Herbal Harvest, and Herbal Sure:

Ginseng helps maintain physical performance.

The above statement is accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications