

1/7/99

Dockets Management Branch (HFA-305)
Food and Drug Administration
5630 Fishers Lane Rm 1061
Rockville, MD 20852

To Whom It May Concern:

(Re: Docket Number 94P-0036)

This letter is to voice my support for a proposition currently before the FDA that would require the trans-fat content of foods be listed on labels along with saturated fat.

Trans-fats are even more damaging to health than saturated fats, but currently, food manufacturers are not required to list them on food labels.

Just recently I purchased a container of Fleischman's Light Spread. On the lid was the message "0 grams Trans-fat." I noticed later, however, that the list of ingredients included -in third place, after water and canola oil - PARTIALLY HYDROGENATED corn oil. What is a consumer to think? Perhaps if manufacturers were REQUIRED to reveal exact contents of their products in Nutrition Facts, mysteries like this one would be cleared up.

I urge you to help make the public more aware of the health threat posed by hydrogenated vegetable oils by requiring that trans-fats be listed on food labels.

Thank you.

Sincerely,



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94P-0036

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