

Dockets Management Branch (HFA-305)
Food and Drug Administration
Docket #97N=0511
5630 Fishers Lane, Rm. 1061
Rockville MD 20857

2013 '00 JAN -5 P2:03

December 28, 1999

Good People at the FDA!

We urge you to continue and promote the availability of fresh RAW fruit & vegetable juices.

Fresh, raw fruit & vegetable juices contain nutrients so fragile they are not easily measured, but vital to health. That's real health I have in mind, not just push your body through the day and hope your mind makes it past the fog and headache to catch up once in a while.

Not everyone is in a position to make fresh raw juice at home. To have such readily available commercially allows more of our populace to benefit from them -- and then turn that enhancement and health toward higher productivity and more positive social interaction.

To deny the availability of raw juice on the grounds that they might contain "bad germs" is in error. Just as cactus plants only grow in desert conditions (and not in the arctic nor the tropics), "germs", or any other living organism, can grow only in the conditions hospitable to them. When people fall ill due to E. Coli or whatever, the E. Coli is only "the pig stuck in the barn door". The ill person's metabolism and general body chemistry are so out of balance that the supposedly illness causing microbes thrive in the unhealthy conditions. The person's tissues are so full of metabolic wastes and other toxins that the body was already sick; the E. Coli (or whatever) only moved in opportunistically because the conditions to support it were exactly what it needed.

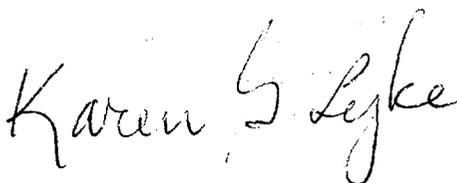
At the moment, this is not the "common wisdom -- everything gets blamed on those nasty outside enemy germs. However, more and more people are coming to recognize the truth in Pasteur's dying words acknowledging his rival's (Claude Bernard, both he and Pasteur being French scientists of the 19th century) point of view: the environmental conditions determine everything. Microbes -- bacteria, viruses, etc. move right in where the conditions are most welcoming and supportive of them.

It is impossible to protect everybody from every possible danger. Airplane crashes claim several hundred lives a year. 50,000(+) people a year are killed in auto accidents; 110,000(+) die annually from FDA approved prescription drugs. Yet air travel, cars, and pharmaceuticals continue as thriving industries. Alcohol and tobacco wreak tremendous damage to millions of lives -- both in quality and length, but the populace remains nonetheless able to choose to use them -- and thus negatively impact the lives of innocent bystanders as well.

It's time to apply the wisdom of century-old science to practical benefit. The public speaks: we want to be able to choose and to have access to things which will enhance our health and our lives. We want fresh RAW fruit & vegetable juices readily available.

Very truly yours,

Karen G. Lyke
3056 Wembley Forest Place
Atlanta GA 30340
karenlyke@mindspring.com



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