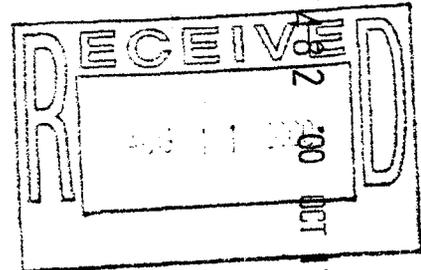




Division of Compliance and Enforcement/ONPLDS
Center for Food Safety and Applied Nutrition
Food and Drug Administration
HFS-810
200 C Street, S.W.
Washington, DC 20204
202-205-5229

July 25, 2000



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

Alpha Lipoic Acid, also called Thiocctic Acid, is a disulfide molecule (containing two thiol groups). A thiol (or -SH) consists of a sulfur and a hydrogen atom. This unique antioxidant is both lipid and water soluble, a potent promoter of glutathione and an important co-factor in energy metabolism.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Alpha lipoic acid

(4) Name of the dietary supplement(s)

Alpha lipoic acid 100 mg.-60 tablets

Alpha lipoic acid 100 mg.-180 tablets

Alpha lipoic acid 100 mg.-90 capsules

(5) The following disclaimer appears on the label in bold: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

Siddharth Shastri, CCN

Vice President, Director of Product Development
Licensed Dietitian/Clinical Nutritionist, #002378
(by the University of the State of New York, State Board of Education)

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