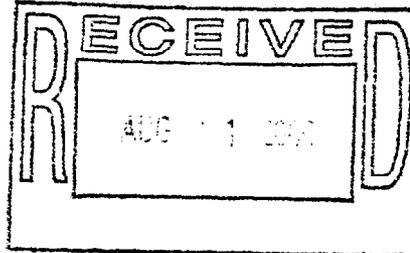




Division of Compliance and Enforcement/ONPLDS
Center for Food Safety and Applied Nutrition
Food and Drug Administration
HFS-810
200 C Street, S.W.
Washington, DC 20204
202-205-5229

July 25, 2000



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Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

"Supports Healthy Joints Function" – Glucosamine is an aminomonosaccharide synthesized by transamidase enzymes from glutamine and glucose. HCl (hydrochloric acid) stabilizes the glucosamine in this product. Glucosamine is a component of joints and intestinal tissue and is involved in the production of synovial fluid, which lubricates the joints. Glucosamine is converted to N-acetyl-L-glucosamine in the intestines by the goblet cells. This product is best taken with BioSil, the only high potency source of orthosilicic acid, the biologically active form of silicon.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Glucosamine hydrochloride

(4) Name of the dietary supplement(s)

Glucosamine Mega 1000 (100 tablets, 1000 mg each)

(5) The following disclaimer appears on the label in bold: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

Siddharth Shastri, CCN

Vice President, Director of Product Development
Licensed Dietitian/Clinical Nutritionist, #002378

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