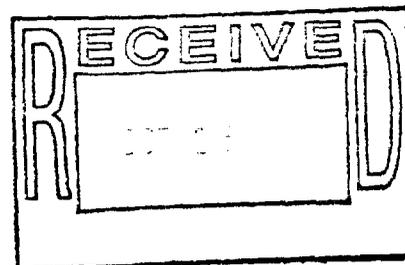


1824 South Robertson Blvd.  
Los Angeles, CA 90035-4317  
310/204-6936 • 800/726-0886

Fax Numbers  
Orders 800/890-8955  
General 310/204-2520  
Administrative 310/204-5132

2169-8-10NPLDS-6 P2:28  
Division of Compliance and Enforcement  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
HFS-810  
200 C Street, S.W.  
Washington, DC 20204  
202-205-5229

October 18, 2000



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

**(1) Name of Address of distributor:**

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

**(2) Text of the statement(s):**

"Antioxidant Amino Acid" - Beta-aminoethanesulfonic acid is the chemical name for taurine, a sulfur containing amino acid. Taurine is produced by the body from the amino acids methionine and cysteine and is found in most cells. As an antioxidant, taurine is used to reduce the toxicity of the hypochlorite secreted by leukocyte immune cells. Taurine also aids in osmoregulation (maintenance of proper concentrations of cellular electrolytes). Taurine's other biological functions include cellular growth, membrane health, sperm motility, bile acid conjugation (chemical activation) and inhibitory neurotransmission. Taurine may also benefit athletic performance as it acts as an insulin mimetic, thereby allowing for better glucose deposition into muscles.

**(3) Name of the dietary ingredient(s) if not provided in the text of the statement:**

Taurine

**(4) Name of the dietary supplement(s)**

Taurine 1000 -1000 mg 100 capsule size

**(5) The following disclaimer appears on the label in bold:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

Siddharth Shastri, CCN 975-0162

Vice President, Director of Product Development  
Licensed Dietitian/Clinical Nutritionist, #002378  
(by the University of the State of New York, State Board of Education)

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Set [redacted]  
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