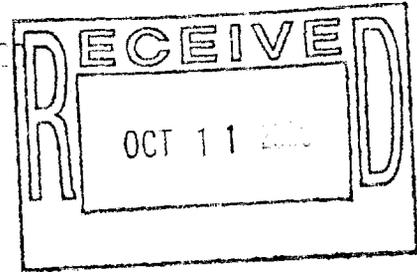


FITNESS LABS™  
NUTRITION CORPORATION

September 29, 2000

2578 00 101-5 000



Linda S. Kahl, Ph.D.  
Office of Special Nutritionals (HFS-450)  
Center of Food Safety and Applied Nutrition  
Food and Drug Administration  
200 "C" St. S.W.  
Washington, D.C. 20204

Dear Dr. Kahl:

Fitness Labs Nutrition Corporation wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

The dietary supplement for which the statement is made is Diet Stack. The dietary ingredients that are the subject of the statement are Citrus aurantium, Ma Huang, Guarana, White Willow Bark, Acetyl-L-Carnitine, L-Tyrosine, Ginger, Pantothenic acid. The statements read as follows.

"Diet Stack is the latest and most scientifically advanced stack (combination) of diet ingredients available. To maximize fat loss, consume moderate calories, exercise regularly and add Diet Stack to you weight loss regime."

These statements are accompanied by the required disclaimer which is prominently displayed in bold-faced type.

This information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,  
Fitness Labs Nutrition Corporation

A handwritten signature in black ink, appearing to read "D. McFarland".

Daniel R. McFarland  
President

975-0162

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