

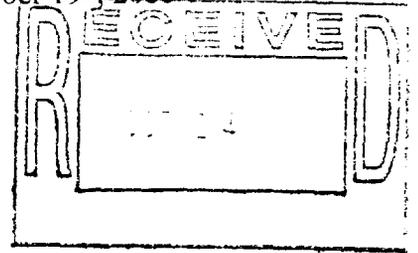


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September 19th, 2000

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Hydro Ripped supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

- Chromium is an essential trace mineral found in true brewer's yeast and plays a role in fat metabolism and the release of energy from cells.
- Ma Huang is an appetite suppressant and Thermogenic agent that can be used as part of your weight control program.
- L-Carnitine assists in the breakdown of fat in cells to produce energy.
- Chromium, Guarana, Ma Huang and L-Carnitine work synergistically to provide Thermogenic results.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

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