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August 25, 2000

Office of Special Nutritionals (HFS-450)
Center for Food Safety & Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as 30-day notification, pursuant to section 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Dietary Supplement Manufacturer: Twin Laboratories, Inc.
150 Motor Parkway
Hauppauge, NY 11788

Text of statement being made: "Advanced nutrition for vibrant skin, rich hair and healthy nails."

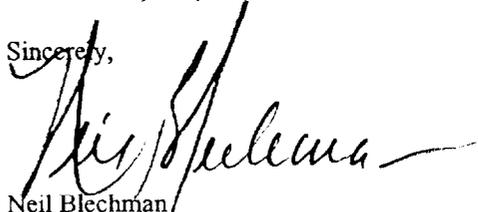
Dietary supplement ingredients: Vitamin A (acetate), Vitamin A (from beta carotene), Vitamin B-2 (riboflavin), Vitamin B-6 (pyridoxine HCl), Vitamin C (ascorbic acid), Vitamin E (dl-alpha tocopheryl acetate), Biotin, Horsetail, L-Cysteine HCl, and Red Clover Blossoms.

Dietary supplement brand and name: Twinlab Today's Woman SKIN, HAIR & NAIL FORMULA.

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statement is truthful and not misleading.

Sincerely,



Neil Blechman
Executive Vice President
Twin Laboratories, Inc.

Enclosures

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