

2509 00 NOV -6 92:07

August 22, 2000

Office of Special Nutritionals (HFS-450)
Center for Food Safety & Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204

Received
AUG 22 2000

Dear Sir or Madam:

This letter will serve as a 30-day notification, pursuant to 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Product Manufacturer: Twin Laboratories, Inc.
150 Motor Parkway
Hauppauge, NY 11788

Nutritional support claim being made: Nutritionally supports strength, muscle growth and recovery.

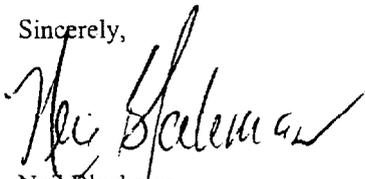
Dietary supplement ingredients: Creatine, Taurine, Magnesium, Glutamine, and Alpha Lipoic Acid.

Product brand and name: Twinlab Creatine Fuel Loading Drink.

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statement is truthful and not misleading.

Sincerely,



Neil Blechman
Executive Vice President
Twin Laboratories Inc.

Enclosures

975-0162

Let 5939

75137