

Yale University



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July 18, 2000

Dockets Management Branch
(HFA-305)
Room 1061
Food and Drug Administration
5630 Fishers lane
Rockville, MD 20852

Re: Docket Number 99P-2630

To Whom It May Concern:

I write in regard to the petition requesting the FDA to establish a Daily Reference Value for added sugar and to require labeling to indicate the amount of added sugars in foods.

With the prevalence of obesity now called an epidemic, and poor diet contributing in a major fashion to the leading chronic diseases, any measure taken to improve the American diet is beneficial. Added sugars contribute in a significant way to the overnutrition that plagues the country. Among the steps that can be taken to reverse the situation are education of the public and awareness of the nutritional content of foods. Current labeling requirements are a big step in the right direction. Added sugars on the list would be an important improvement.

Please consider this petition. It is consistent with national nutrition priorities.

Sincerely,

Kelly D. Brownell, Ph.D.
Professor of Psychology, Epidemiology
and Public Health
Director of Graduate Studies
Director, Yale Center for Eating and
Weight Disorders

KDB/ab

99P-2630

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