

## Screening Tests

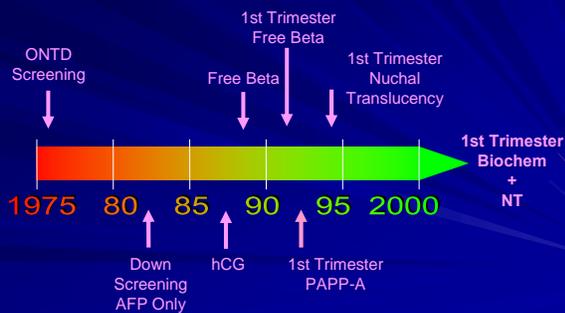
- Healthy patients
- Relatively inexpensive
- Easy to use
- Reliable
- Identify high risk group who may need to consider further testing

### CRITERIA FOR SCREENING

- Relatively frequent disease
- Impairing or fatal disease
- Beneficial intervention may be possible
- Sensitive and specific screening test
- Prompt testing and follow up
- Benefits outweigh costs
- Voluntary and educational

### Practical Lessons Learned from Genetic Screening

### PRENATAL SCREENING 25 YEAR HISTORY



### Screening for Down Syndrome

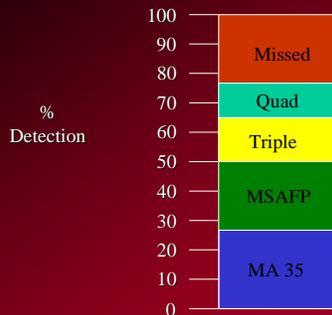
#### Maternal Age

<u>Cut-Off</u>	<u>Liveborn Risk of Down Syndrome</u>	<u>Second Trimester Risk of Down Syndrome</u>
Age 35	1:380	1:270

"...the age limit is arbitrarily decided by logistical concerns and is not the consequence of a sudden biologic difference between women above and below any given risk".

NICHD, 1979

## Screening for Chromosomal Abnormalities



## VALUE OF TESTS

- With a disorder of low prevalence
  - Even a great test will have a low positive predictive value

## First Trimester Screening



### First Trimester Serum Markers for Down Syndrome: 1:270 Cut Off

	<u>DS X</u>	<u>DR</u>	<u>FPR</u>
Free $\beta$ HCG	1.8 MOM	23%	5%
PAPP A	0.4 MOM	42%	5%
Free $\beta$ HCG and PAPP A		62%	5%

## Measuring Nuchal Translucency

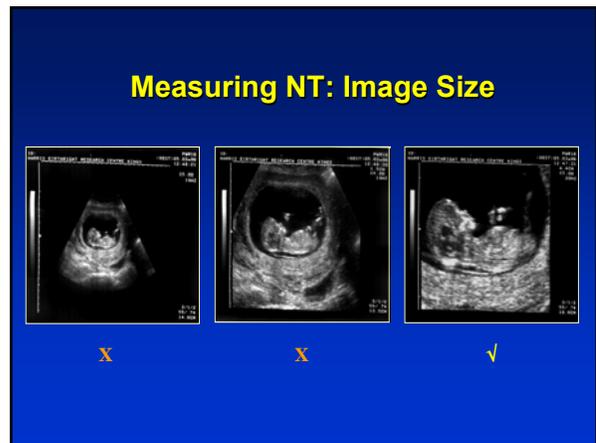
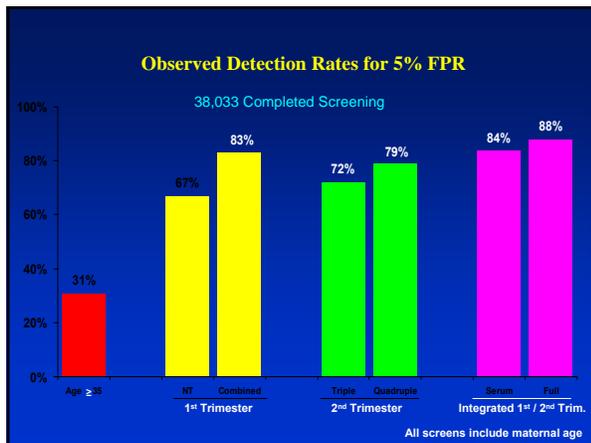
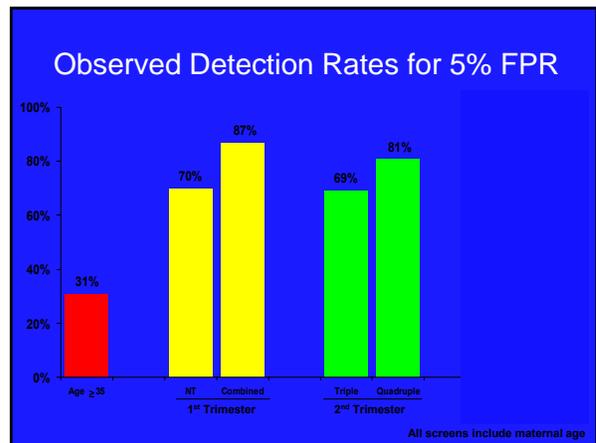
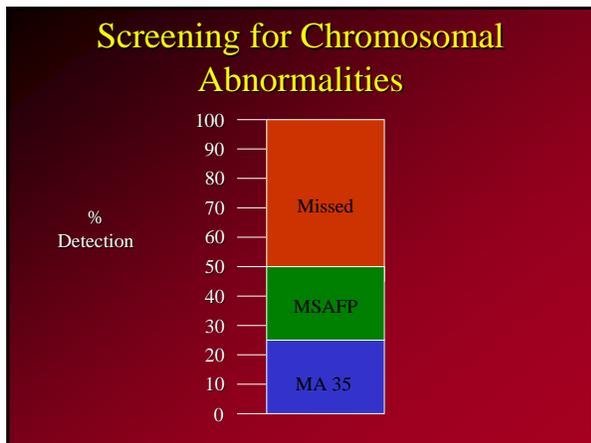


- Gestation 11<sup>+0</sup> to 13<sup>+6</sup> wks
- Mid-sagittal view
- Image size >75%
- Fetus away from amnion
- Maximum lucency
- Callipers on-to-on

- 99.5% of NTs are measurable
- 95% of NTs can be measured by transabdominal scanning

## Lessons Learned from Aneuploid Screening Adaptable to Breast Screening

- Individual Risk Assessment (Screening) is now a routine part of OB/GYN care
- Patients and physicians understand screening parameters
  - DR, FPR, PPV, NPV
- Physicians can integrate new screening techniques into their practice



## VALUE OF TESTS

- A test is useful if the odds of having the disease after the test are increased compared to general population
  - (does not by itself mean cost effective)
- A test is useless if the odds of having the disease after the test are unchanged
- A test is worse than useless if the odds of having the disease after the test are lower

## Diagnostic Tests

- Definitive answer
- Identify illness / condition
- Usually expensive
- May carry risks

# Screening Tests vs Diagnostic Tests

# Principles of Screening

## AFP - DS

	+	-	
+	A 5	B 400	Sensitivity = $5 / 10 = 50\%$ Positive Predictive Value = $5 / 405 = 1.2\%$
-	C 5	D 7590	

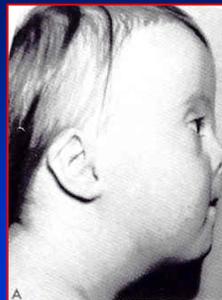
## FOUR QUESTIONS

- WHY DO WE DO TESTS?
- WHAT DO WE EXPECT THEM TO DO?
- WHAT ARE THEIR LIMITATIONS?
- CAN WE APPLY THE SAME MODEL TO EVERYONE?

## ADVANCED MATERNAL AGE 1960's

- o Association with aneuploidy understood for decades
- o Once upon a time was all we had
- o Very few pregnancies in AMA group, but risk for them documented to be higher

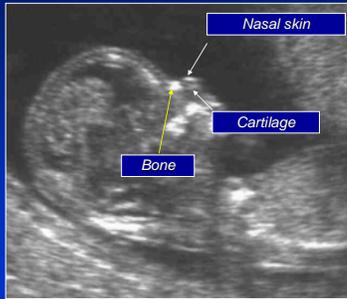
## Nasal Bone Hypoplasia in Trisomy 21



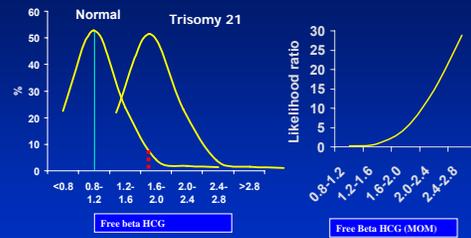
*Langdon Down, 1866*  
Poor skin elasticity  
Flat face  
Small Nose

Smith's Recognizable Patterns of Human Malformation

### Nasal bone at 11-14 wks



### Calculation of Likelihood Ratio



A priori age risk 1 in 200  
 Likelihood ratio = 0.5 Adjusted risk 0.5 in 200 or - 1 in 400  
 Likelihood ratio = 2.0 Adjusted risk 2.0 in 200 or - 1 in 100

### Screening for Down's Syndrome maternal age

