

1 are independently controlled to produce these effects.

2 Regarding the genotoxicity issue, again,
3 this is an issue -- probably omeprazole is one of the
4 most heavily studied compounds in genotoxicity tests
5 that exist today, other than some of the positive
6 controls that are used in Ames tests and things.

7 And I'd like to ask Dr. Dave Brusick --

8 CHAIRMAN BRASS: I'd like to not unless
9 you think it's absolutely critical.

10 DR. KINTER: I'll leave it to the
11 committee.

12 CHAIRMAN BRASS: Would the FDA like to
13 have some additional input?

14 DR. CHOUDARY: I'm Jaspi Choudary,
15 supervisory pharmacologist for the Division of
16 Gastrointestinal and Coagulation Drugs.

17 Dr. DeGeorge, before he left for another
18 meeting, asked me to clarify on genotoxicity and as
19 well as repro. toxicity and the reference that is made
20 by Dr. George Sachs about the high doses in the
21 carcinogenicity studies.

22 Let's first focus on the genotoxicity
23 data. The genotoxicity data findings that we referred
24 to in the Advisory Committee FDA package are referred
25 to the sponsor studies. One is the most micronucleus

1 test in vivo. The second one is most bone marrow cell
2 chromosomal aberration test in vivo, and these data have
3 been presented in 1989 Advisory Committee meeting, and
4 this is part of the labeling.

5 And recent data from the sponsor's tests
6 shows in vitro human lymphocyte chromosomal aberration
7 tests were also positive. Now, that is the extent of
8 the data from the sponsor.

9 Now, there are negative tests conducted by
10 the sponsor. The Ames test is negative. Most
11 lymphoma cell farbore (phonetic) mutation essay is
12 negative. In vivo rat liver DNA damage also is
13 negative.

14 So the leveling (phonetic) affects that.
15 One doesn't cancel the other. That has to be kept in
16 mind, and one also has to keep in mind the doses
17 selected for the animal toxicology studies,
18 particularly the Product II toxicology studies,
19 carcinogenicity studies, they may seemingly be very
20 high when you compare to the human dose, but you have
21 to realize these doses are meant to detect certain
22 things. They're surrogates for certain aspects of the
23 drug effects, and those are done not at overtly toxic
24 doses. That's what you have to keep in mind.

25 You also have to keep in mind what are the

1 exposure ratios when compared to the exposure in
2 human, and you also have to take into account what are
3 the dose -- how do the doses compare When putting it
4 on surface area basis, which are more closely related
5 to the exposure ratios?

6 Now, in that context, let me point out
7 something.

8 CHAIRMAN BRASS: Very quickly, please.

9 DR. CHOUDARY: Surely. Published
10 information does show -- published, Martelli, et al.,
11 in Toxicology, 1998, that omeprazole produces
12 micronuclei in vitro, in in vitro tests of rat and
13 human hepatocyte cell cultures, and in vitro human
14 lymphoblastoid TK cell line cultures. This is
15 published in 1998. It is more recent.

16 Now, the other information that is
17 available, which Dr. Avigan also pointed out in the
18 slide, which is not conformed later. That is, the
19 sister (unintelligible) in human lymphocytes of
20 volunteers who are treated with the drug, that was not
21 conformed by anybody else. Now, those are the tests.

22 As far as the two toxicology studies that
23 are concerned, if there was a dominant lethal effect,
24 that would have been detected in the assay if there
25 was an autopsy at the earlier part of the pregnancy,

1 which wasn't the case.

2 The things we have observed, that is the
3 fetal loss at embryonic loss, a fetal toxicity in
4 terms of weight loss, fetal weight, retardation of
5 body weight, these are all detected later on during
6 the gestation.

7 Now, for specifically diagnosing or
8 detecting any preliminary indication for dominant
9 level effects, we need to have the autopsy much
10 earlier in gestation, say, for example, day 13 or day
11 nine or something like that. That was not done in
12 those cases.

13 The other thing is leveling indicates,
14 clearly states, and we also clearly stated the drug
15 did not show any anatomical teratological effects.

16 DR. DOUGLAS: That's correct.

17 CHAIRMAN BRASS: Thank you.

18 DR. CHOUDARY: No (unintelligible) --

19 CHAIRMAN BRASS: Right.

20 DR. CHOUDARY: But, however --

21 CHAIRMAN BRASS: I'm sorry. You have
22 exactly 30 second.

23 DR. CHOUDARY: Sir, there is one -- one
24 piece --

25 CHAIRMAN BRASS: Thirty seconds.

1 DR. CHOUDARY: -- of evidence that
2 (unintelligible) recently. There is some effect on
3 the behavioral development of the offspring of the
4 animals treated. This is most recent.

5 As far as the carcinogenicity -- oh, okay.
6 Thank you very much for the opportunity.

7 (Laughter.)

8 CHAIRMAN BRASS: Dr. Douglas, one
9 sentence.

10 DR. DOUGLAS: Thank you.

11 What particularly raised my concern was
12 the sister common exchange study on unexposed
13 volunteers because that indicates that there is a form
14 of genotoxicity in people who are exposed apparently
15 at -- I don't know. I don't know the study -- at
16 therapeutic doses. So it is a tie-in to the animal
17 data, although it's not the same endpoint. Sister
18 common exchange is not mutation. It's a reciprocal
19 event normally, but it indicates that there is effects
20 on the DNA.

21 CHAIRMAN BRASS: Thank you.

22 And I don't want to trivialize this issue,
23 but from our perspective an important consideration is
24 that it's not an OTC specific issue; that if, in fact,
25 this drug has a major problem, it's in all

1 formulations, and if it's identified, if anything,
2 it's going to be less of a concern because of the dose
3 issues in the OTC.

4 So if it is a concern and these issues
5 need to be addressed, it really applies independent of
6 its OTC status.

7 Okay. So I'd like to call Question E, and
8 without going through the entire thing again, I want
9 to simply phrase it: are there other safety concerns
10 that affect the acceptability of the OTC marketing of
11 omeprazole from the list of things that we discussed
12 and are listed below?

13 If the answer is yes, it means you do have
14 safety concerns. If the answer is no, it means you do
15 not. Yes, no, abstain.

16 DR. STEINBERG: Can I ask a question?
17 Does that mean that it can be addressed in the
18 labeling?

19 CHAIRMAN BRASS: Yes.

20 DR. STEINBERG: Or it needs to be
21 addressed if you answer yes?

22 CHAIRMAN BRASS: Yes, and I think several
23 of those points came up in the discussion. So
24 hopefully the FDA will have captured that information.

25 All who would like to vote, yes, there are

1 safety concerns, please raise your hand.

2 (Show of hands.)

3 CHAIRMAN BRASS: All those who feel there
4 are not safety concerns, please raise your hand.

5 DR. SHAPIRO: Mr. Chairman, could I raise
6 a point of order?

7 CHAIRMAN BRASS: Let's finish the vote and
8 then we'll come back to it.

9 (Show of hands.)

10 CHAIRMAN BRASS: Abstentions, please raise
11 your hand.

12 (Show of hands.)

13 CHAIRMAN BRASS: Yes, Dr. Shapiro.

14 DR. SHAPIRO: Well, this has to do with my
15 point of order. There are too many items here to
16 answer this. I don't feel competent, for example, to
17 judge on issues such as genotoxicity or rebound
18 hyperacidity. So I would abstain on that.

19 But I do feel competent to judge on some
20 of these items.

21 CHAIRMAN BRASS: And that's reflected in
22 the discussion, but we have to have a yes/no vote.

23 Now, because there were so many
24 expressions of concern --

25 DR. DeLAP: I was a little bit confused

1 about what you were voting on frankly. I think the
2 last question just before the vote was whether you
3 could vote yes and still think that there were
4 concerns that could be managed in labeling, which I
5 think might have been what some of the people were
6 voting on.

7 CHAIRMAN BRASS: I'm sorry. If you think
8 the concerns could be addressed in the labeling, you
9 should vote no.

10 PARTICIPANT: Well, that's a different
11 question.

12 CHAIRMAN BRASS: I apologize. I
13 apologize. I apologize. Okay. We will go again.

14 A yes vote means that there are
15 substantial safety concerns that affect the OTC
16 marketing regardless of any labeling that would be put
17 in place. No means that any concerns you have could
18 be addressed in the label. I apologize. That's what
19 I meant to say.

20 Okay. Here we go again. Yes, please
21 raise your hand.

22 (Show of hands.)

23 CHAIRMAN BRASS: No, please raise your
24 hand.

25 (Show of hands.)

1 CHAIRMAN BRASS: Abstain, please raise
2 your hand.

3 (Show of hands.)

4 CHAIRMAN BRASS: Okay. We have to do it
5 again. Yes, please raise your hand.

6 (Show of hands.)

7 CHAIRMAN BRASS: No, raise your hand.

8 (Show of hands.)

9 CHAIRMAN BRASS: Abstain raise your hand.

10 (Show of hands.)

11 DR. TITUS: Okay. There are eight noes,
12 which mean -- eight noes mean?

13 CHAIRMAN BRASS: That there are not safety
14 concerns.

15 DR. TITUS: Five yeses, which mean there
16 are safety concerns, and one abstention.

17 CHAIRMAN BRASS: Okay. I propose we skip
18 F as already discussed in the earlier discussions
19 unless somebody has an urgent point about drug-drug
20 interactions.

21 Moving on to G, and I think several of
22 these points have already been discussed actually, in
23 the actual use studies approximately 65 percent of the
24 subset of subjects using the product only for the
25 prevention of heartburn exceeded the ten consecutive

1 day limit for dosing recommended on the label. Note
2 19 to 22 percent of consumers using omeprazole for
3 both symptoms and prevention similarly exceeded the
4 ten consecutive day limit for dosing recommended on
5 the label.

6 Do these results suggest that omeprazole
7 will likely be used by consumers on a chronic basis
8 for conditions other than episodic heartburn? For
9 example, will they use it for GERD?

10 Is the treatment of GERD an acceptable OTC
11 indication?

12 I would submit we've discussed this a
13 great deal directly and indirectly, and I would put on
14 the table that it is extremely likely that there will
15 be chronic use of this product, and that the issue of
16 whether GERD is an acceptable OTC indication, I think
17 we have to address specifically in the context of, as
18 I've already indicated my bias is, it's a standard of
19 care issue, and that if a patient with GERD got
20 symptomatic relief and continued taking this product
21 chronically, would there be any down side in terms of
22 their health?

23 Dr. Shuster?

24 DR. SHUSTER: One of the things that I
25 take great pleasure in teaching house staff and

1 Fellows is that the patient is not always wrong, and
2 I think in this instance the patient was right, always
3 right because to me it's a nonissue.

4 You cannot prevent chronic problems by
5 giving ten days or two weeks of treatment. The only
6 thing you prevent is the symptoms during that ten days
7 or two weeks that you're treating. So that's not
8 prevention. That's treatment, and it seems to me that
9 prevention requires long-term treatment, and that we
10 should not criticize patients for doing that. We
11 should applaud them. They're doing the right thing,
12 and we would do the same thing.

13 And so it seems to me it should be of
14 absolutely no concern if patients do treat themselves
15 for longer periods than the indicated ten days or two
16 weeks.

17 CHAIRMAN BRASS: Ms. Cohen.

18 MS. COHEN: How do you know it doesn't
19 have something else wrong with them? I mean I go to
20 a doctor because I don't know, and we have 50 million
21 Americans who don't. So if I continue to treat
22 myself, how do I know I'm not masking something more
23 serious?

24 DR. SHUSTER: Well, the labeling states
25 that they are, first of all, to see a doctor if they

1 are not treated successfully. If they're treating
2 cancer, they're not going to get relief of their
3 symptoms.

4 MS. COHEN: But the real world is what
5 consumers actually do, and that's what we have to deal
6 with.

7 CHAIRMAN BRASS: I think Dr. Shuster is
8 completing his -- I mean, continue because I think
9 your point is the critical one.

10 DR. SHUSTER: Well, I think that there's
11 no way we can control what people do with antacids and
12 with H2 receptor blockers, and so forth. People are
13 going to do what they feel is appropriate, and I think
14 that treating the symptoms successfully requires
15 further treatment, and in essence that's what the
16 doctor does, too.

17 MS. COHEN: You know what worries me is
18 direct advertising to consumers because consumers all
19 of a sudden don't think it through anymore. They see
20 the advertising, and that's good enough for them, and
21 they've given up thinking.

22 We have to get consumers to think again
23 about what they're taking and what they're doing. We
24 have to do better education than that.

25 DR. SHUSTER: We have to educate patients

1 as to -- and incidently, I would take issue with the
2 term "consumers." I've always objected to this. I
3 think it's a pernicious term. They are patients. We
4 are not providers. We are doctors. The relationship
5 is a doctor-patient relationship. It's not a
6 supermarket relationship.

7 DR. SCHACHTEL: Just one quick remark that
8 might help amplify this. In the 488 patients who were
9 in the actual use study, approximately half of them,
10 in fact, had been seeing a physician for over the past
11 year with whom they had discussed their heartburn.

12 Those people who had been seeing a doctor
13 for their heartburn, 67 percent of them went beyond
14 ten days. On the other hand, the other half, over 240
15 patients who had never seen a doctor for their
16 heartburn, the compliance was 88 percent.

17 So the people, in fact, who are going
18 beyond the ten days are already under the care of a
19 physician, and half of those have been prescribed
20 Prilosec.

21 CHAIRMAN BRASS: Dr. Blewitt? Microphone.

22 DR. BLEWITT: I'm sorry. One has to do
23 with current patterns of use. In other words, what's
24 happening today in the OTC marketplace? How are
25 people treating themselves? How much chronic

1 treatment is going on?

2 And related to that, which I really think
3 ought to come out of this discussion, is how one
4 defines GERD, you know, and I think what I've heard is
5 it sounds like it depends upon whether you're a lumpner
6 or a splitter.

7 I've heard that GERD is a spectrum that
8 goes from symptomatic up to significant disease, and
9 then I've heard that there's a stigma of GERD that
10 this is a serious disease problem.

11 Now, if it's a spectrum of disease, you
12 know, symptoms or is it something that's --

13 CHAIRMAN BRASS: Well, here's how I've
14 thought about it in the context of today's discussion:
15 that what will happen is patients with chronic
16 heartburn will undergo chronic treatment, self-
17 medication. A subset of those will meet somebody's
18 definition of GERD, and depending on whose definition
19 it is, a different percentage of them will meeting it.

20 And my only concern is that if those
21 patients, whatever the definition, continue to self-
22 medicate and get symptomatic relief, are they exposing
23 themselves to any risk or harm from not being further
24 diagnosed?

25 Dr. Johnson.

1 DR. JOHNSON: I guess I'm getting the
2 sense from the gastroenterologist that you don't
3 really have concerns, and that means a lot to me
4 because I'm not a gastroenterologist, and so I guess
5 I'd like to make sure that the sense I'm getting is
6 accurate and hear if there are any people that have
7 major concerns about basically out-patient self-care
8 of GERD.

9 CHAIRMAN BRASS: Dr. Waldum.

10 DR. WALDUM: I'm a gastroenterologist, and
11 we, too, normally do endoscopy of all patients. We
12 never treat patients for a long time without
13 endoscopy.

14 CHAIRMAN BRASS: Could you quote data to
15 support that practice?

16 DR. WALDUM: What?

17 CHAIRMAN BRASS: Could you quote outcomes
18 data to support that practice?

19 DR. WALDUM: We feel that if you are going
20 to use a drug for a long time, it's important for the
21 doctor and for the patient to know what you are
22 treating.

23 CHAIRMAN BRASS: Dr. Cohen.

24 DR. COHEN: My feeling is I don't think
25 you're going to mask any serious underlying disease

1 like gastric cancer, esophageal cancer, duodenal
2 ulcer. I just don't think it's going to happen.
3 Although I think in the United States we try to
4 endoscope everybody, we have not been as successful as
5 you have been.

6 CHAIRMAN BRASS: Dr. Steinberg.

7 DR. STEINBERG: The answer is there
8 probably are some concerns here. They're probably
9 very small concerns. There's only a very small
10 percentage of patients -- for instance, Barrett's
11 would be my concern -- that we're going to miss some
12 dysplasia on that small percentage who don't go to see
13 a doctor, who continue to take the medicine.

14 But we have no data. I know what's being
15 done in practice. What's being done is some internist
16 or family doctor referring for endoscopies, and the
17 gastroenterologist does it, and I, as one who does do
18 it, see very little problems to be concerned about in
19 the patients that I'm seeing, but there is a small
20 concern.

21 CHAIRMAN BRASS: Dr. Robinson.

22 DR. ROBINSON: As far as I know, there's
23 no demonstrable risk in patients self-treating for
24 heartburn, and although we as gastroenterologists do,
25 indeed, love to see these patients and would like to

1 continue our studies of an actual history of heartburn
2 and Barrett's esophagus, as yet we can't prove that
3 doing so is of great benefit to the patients who are
4 so treated.

5 CHAIRMAN BRASS: Really, really quick,
6 please.

7 DR. CASTELL: I promise it will be very
8 quick.

9 Just to make everybody comfortable on the
10 committee here, there are already many patients with
11 GERD that are being treated over the counter with
12 antacids and H2 receptor antagonists. So if that's a
13 burning question, don't let it be. This is not a new
14 change. All you're doing is talking about moving it
15 to maybe another level, but it's already happening.

16 CHAIRMAN BRASS: That doesn't make it
17 right.

18 Dr. Gilliam.

19 DR. GILLIAM: Well, I want to go -- I'm
20 referring to page 143, and I think it's the sponsor's
21 material, and they talk about the guidelines for the
22 American Society for Endoscopy, and --

23 CHAIRMAN BRASS: An unbiased group.

24 (Laughter.)

25 DR. GILLIAM: Well, okay. But the reason

1 I'm bringing up is that I think when things are
2 published like that, it becomes the standard of care,
3 and you know, if a lawsuit is brought, people do
4 literature searches and seeing, okay, what do the
5 experts in that field recommend, and you know, it says
6 here if drug therapy -- and I'm assuming that means
7 what's currently over the counter being antacids and
8 H2 receptor blockers and lifestyle modifications are
9 unsuccessful, which I don't think most people follow
10 anyway.

11 The endoscopy, you know, other diagnostic
12 tests are recommended, and I'm just worried that we're
13 going beyond what are kind of the standard of
14 treatment.

15 CHAIRMAN BRASS: But, again, maybe
16 somebody can correct me. I had interpreted that drug
17 failure to include a pump inhibitor failure.

18 PARTICIPANTS: Yes.

19 CHAIRMAN BRASS: And so that, again,
20 that's part of the reason why a patient over the
21 counter who is being symptomatically relieved of
22 symptoms would, in fact, meet those guidelines, and to
23 me the critical warning on the label is that if
24 symptoms persist, that that be a red flag, and we can
25 argue whether it will be a bigger red flag than if

1 they didn't have to take the drug and see the red
2 flag. That doesn't matter.

3 What matters to me is that that warning
4 must be communicated very effectively.

5 Yes.

6 DR. HARI SACHS: Forgive my naivete in
7 this regard, but let's say a patient takes this PPI
8 over the counter. Symptoms are relieved. They stop.
9 The symptoms recur so they start it again. Symptoms
10 are relieved. They stop it again and symptoms recur.
11 So they take it.

12 Now they've been taking it for a year.
13 They stop it. Symptoms recur. At that point would
14 patients be asked, "Hey, you know, you need to consult
15 somebody"?

16 You know, I don't know. Okay? And from
17 you guys from what you see, if you have a patient
18 thing you've been following that you treat with a PPI
19 for, say, a year, you know, they get a trial off
20 medicine to see if symptoms recur or, you know, they
21 stay on this indefinitely.

22 DR. STEINBERG: Well, we see patients
23 referred to us that have been on all sorts of
24 durations of therapy, and we wind up endoscoping them.
25 There are no guidelines as to a year or six months or

1 anything like that, and very few of these people wind
2 up having lesions in there that are clinically
3 significant or worrisome, but we really don't have the
4 data upon which to make judgments as to who should be
5 scoped, who isn't.

6 I know what the guidelines are, but the
7 guidelines I don't think are based on good data.
8 There's impressions. There's this, that and the
9 other, and I think as long as the labeling says that
10 if your symptoms recur after a ten-day use you should
11 see your physician, I would be happy with that kind of
12 labeling.

13 CHAIRMAN BRASS: Quickly, please.

14 DR. SHUSTER: To reassure Dr. Gilliam, the
15 guidelines that are put out by the four
16 gastrointestinal societies are usually passed through
17 the boards of each of the four, and it's emphasized by
18 a preamble that is uniform for every article that
19 comes out, and that simply states that this is a
20 guideline and not a standard of care, and it's not to
21 be used as such. It is based on a judgment, which in
22 turn is based on an evaluation of the literature.

23 CHAIRMAN BRASS: Okay. I would like to
24 call these questions, and does anybody object to just
25 acclamation that it's going to be used chronically?

1 Okay. Then I'd like to go on to the
2 second part of the question, and I'm going to just
3 change it if the committee will accept it to: is the
4 treatment of chronic heartburn, comma, including
5 patients who may have GERD, comma, an acceptable OTC
6 indication?

7 In other words, I don't think the label is
8 going to say GERD. I think it's going to say chronic
9 heartburn, and we need to understand that will include
10 patients who have GERD.

11 Is that acceptable to everybody as a
12 rephrasing of the question?

13 All those who feel that this is an
14 acceptable OTC indication, please raise your hand.

15 (Show of hands.)

16 CHAIRMAN BRASS: All those you feel it is
17 not an acceptable indication, please raise your hand.

18 (Show of hands.)

19 CHAIRMAN BRASS: Abstentions, please raise
20 your hand.

21 (Show of hands.)

22 CHAIRMAN BRASS: Do those who have voted
23 no wish to make any points that they don't feel were
24 brought out in the discussion that are critical to
25 their decision?

1 Oh, I'm sorry. What was the vote?

2 DR. TITUS: The vote was seven yeses, it
3 was acceptable; six noes, not acceptable; and one
4 abstention.

5 CHAIRMAN BRASS: Yes, Dr. Neill.

6 DR. NEILL: I'm probably being overly
7 semantic, but I think that goes into what we've
8 demonstrated today, which is that working for the
9 government, Talmudic scholars, and Jesuit priests have
10 nothing on us when we look at FDA dockets in the
11 Federal Register.

12 (Laughter.)

13 DR. NEILL: My only concern about having
14 GERD as a chronic maintenance or prevention of GERD as
15 an OTC indication revolves around our ability to
16 appropriately refer patients into physicians.

17 Having said that, I'm not aware that
18 having been referred to me, since I'm the one who is
19 able to talk a quarter of my patients into coming to
20 you gastroenterologists, the other three-quarters
21 continue to come to me for another few years and whine
22 about it. I don't know that I do them any good.

23 Having said that, I agree that the numbers
24 are very small, and I'm thrilled to hear a group of
25 esteemed gastroenterologists confirm for me what I've

1 been doing silently and guiltily, and I'm not going to
2 feel guilty about it anymore.

3 So I've abstained in order so as not to
4 imply that this is an inappropriate indication, the
5 caveat, again, being that the labeling for this needs
6 to be clear.

7 CHAIRMAN BRASS: Again, any of the no
8 votes want to register specific concerns that were
9 instrumental in their decision making?

10 Dr. Blewitt, you had a comment?

11 DR. BLEWITT: I would simply add that this
12 would seem like an appropriate -- that perhaps it's
13 not appropriate to sort of accept that chronic use,
14 you know, has to be maintained at its current levels.
15 It seems to me that with appropriate labeling, but
16 even moreover with an opportunity for a good,
17 effective consumer education program you might be able
18 to reduce the amount of chronic use, you know, and
19 increase the amount of appropriate referral.

20 CHAIRMAN BRASS: But I think if that
21 becomes a caveat then we play -- if that caveat
22 becomes essential to a yes vote, then we've placed a
23 burden of proof which I'm not sure is necessary.

24 DR. BLEWITT: Well, this was a post hoc
25 statement.

1 CHAIRMAN BRASS: Yes, Dr. Steinberg.

2 DR. STEINBERG: I guess I'm a little
3 confused. The current labeling is projected to say
4 ten days of use. Are you suggesting that the labeling
5 should be changed?

6 CHAIRMAN BRASS: We're talking generically
7 now, not about their specific label. So that we've
8 accepted that it's going to be used chronically. So
9 as a general question, is that an appropriate thing to
10 do?

11 The next question is: based on the
12 results of the actual use in label comprehension
13 studies, has the sponsor presented adequate data to
14 substantiate that consumers will be able to use
15 omeprazole appropriately in the OTC setting for acute
16 symptomatic treatment, prevention up to ten days?

17 By, I think, our previous vote, I think
18 the answer to that is no, that we have not seen that
19 consumers will reliably use that, in my opinion, for
20 a short period of time.

21 I think we can discuss these issues
22 further, and again, when I say it has not been shown,
23 it's in the context of the chronicity of use, the
24 concern about the ten-day use, and we talked about
25 interacting drugs and some other things. So I don't

1 know what other people would like to comment about
2 conclusions from the actual use studies.

3 Yes, Dr. Geller.

4 DR. GELLER: I will say that the reported
5 compliance is very optimistic because if you look
6 carefully at the denominators as you go through these
7 studies, I mean, in randomized trials, I know who I
8 want to analyze: everyone who's randomized. But in
9 use studies, I have this problem of disappearing
10 denominators. You have the number who consent and
11 meet the entry criteria, and the number who complete,
12 and then the number who are evaluated, and these
13 numbers decrease quite a bit.

14 And when compliance was reported, it was
15 reported based on the number which the company or the
16 people conducting these studies considered evaluable.
17 So the numbers are very optimistic.

18 CHAIRMAN BRASS: Yes, Dr. Shuster.

19 DR. SHUSTER: Again, I'd like to point out
20 that we are looking at noncompliance as if it were a
21 sin, and it isn't. What I'm saying is that it's a
22 blessing, that these are people who are doing the
23 right thing. If they're using chronic therapy for a
24 chronic problem, that ten days of treatment does not
25 solve a chronic problem.

1 CHAIRMAN BRASS: I just want to emphasize
2 the answer to this question is not implied to be
3 judgmental. The question is simply put that the
4 original intent was organized to tell consumers to use
5 it this way. Whether that was a correct strategy or
6 not, I think our previous discussion has shed some
7 light on.

8 But we've been asked to address
9 specifically whether or not the actual use studies
10 addressed these factors appropriately in terms of what
11 the intent of those actual use studies were. To the
12 degree they identify concerns that we need not be
13 concerned about in the future or can be modified by
14 changes in the label, that may be good.

15 So I don't think this should be
16 interpreted as a good or bad. I think it's a yes or
17 no.

18 Yes, Dr. Shapiro.

19 DR. SHAPIRO: I feel somewhat schizoid
20 with apologies to where we've been convinced that
21 chronic treatment might be -- or I've been
22 convinced -- that chronic treatment might be
23 preferable to short-term treatment to now have to
24 respond to this question.

25 CHAIRMAN BRASS: Well, we can ask him if

1 he would like to withdraw the question given your
2 previous discussion, but I think we would still like
3 to get some insight into the actual use studies and
4 behaviors, but I will leave it to the --

5 DR. DeLAP: I think our biggest interest
6 is just in knowing what you think is the appropriate
7 use, and you know, we structured it this way kind of
8 because this was the way the data were structured
9 coming into us, but if you --

10 CHAIRMAN BRASS: I actually thought we'd
11 get to that in I because I talks about the appropriate
12 indication, and H was focused specifically on the
13 actual use data, and I don't disagree that I think
14 many of the points of the actual use study that are
15 the most pertinent have already come out in the
16 discussion and a judgmental or inferred judgmental
17 discussion of it may not add very much.

18 DR. KATZ: I was going to say given the
19 discussion that's gone forward so far, you can go
20 ahead and skip H and go on to I because that will come
21 into part of the decision making process for I.

22 CHAIRMAN BRASS: Thank you.

23 So without objection, I will so do, and I
24 is: has the sponsor provided sufficient evidence to
25 support the approval of omeprazole ten milligrams

1 and/or 20 milligrams for use in the OTC setting?

2 And I'll put it as an "or" so that if you
3 think either dose has been shown you would vote yes,
4 and I want to emphasize that this is really the
5 critical demonstration of efficacy question. So that
6 unless the sponsor for this particular question has
7 shown evidence in their data presented, then your vote
8 would be no. If you feel the sponsor has shown
9 evidence to support the approval, then one would vote
10 yes. So it's not an extrapolation. It's not what you
11 think would have happened, should have happened, could
12 have happened. Okay?

13 Yes, Dr. Elashoff.

14 DR. ELASHOFF: Is this irrespective --
15 let's see. Is this to refer only to efficacy issues,
16 and that even though you might think that safety
17 issues precluded approval?

18 CHAIRMAN BRASS: No.

19 DR. ELASHOFF: So that this is only
20 efficacy or is this the combination of the two?

21 CHAIRMAN BRASS: It is the combination of
22 the two so that it clearly says to support the
23 approval of, and that involves both the safety and
24 efficacy databases.

25 Dr. D'Agostino.

1 DR. D'AGOSTINO: I just want to make sure
2 for myself that now we're going back to the six
3 studies we looked at, and in those six studies we have
4 some convincing evidence on the ten-day.

5 CHAIRMAN BRASS: That is absolutely
6 correct. So this is based on the data that has been
7 presented to us today, yes.

8 DR. D'AGOSTINO: And if we say yes and so
9 forth, all of this discussion about GERD and chronic
10 use and what have you, we're not saying that these
11 studies allow us to give a blessing to chronic use
12 since, again, within that ten days and the type of
13 labeling that would follow from the --

14 CHAIRMAN BRASS: That is correct.

15 Yes, Ms. Cohen.

16 MS. COHEN: Are you going to separate out
17 the ten milligrams from the 20 milligrams?

18 CHAIRMAN BRASS: I proposed not doing
19 that. I proposed doing it as an "or." So if you
20 thought either was, you would vote yes, and then if
21 asked to I would separate after the initial vote.

22 Dr. Geller.

23 DR. GELLER: I'm having a little problem
24 because the labeling is saying for no more than ten
25 days, but we've all agreed that people are going to

1 not obey that, and given that they're not going to
2 obey that, some of us believe those people should go
3 to doctors after a certain point, which I'd rather not
4 try to define.

5 So this is not a black-white issue for me
6 here. So this overall assessment for over the counter
7 is different from this efficacy question.

8 CHAIRMAN BRASS: Well, you are correct.
9 We're talking specific -- we're going to talk about
10 two specific populations, and we're going to separate
11 those by the vote, and if you feel that either there
12 are safety concerns that preclude approvability or the
13 absence of data to support efficacy, then you would
14 not be able to recommend approval.

15 DR. GELLER: I think you should say that
16 again to make sure everybody gets the question right
17 this time and we can vote once instead of twice.

18 (Laughter.)

19 CHAIRMAN BRASS: Okay. The vote is on --
20 will be on approvability. By definition approvability
21 is based on the evidence presented to us and requires
22 both demonstration of safety and efficacy in the OT
23 setting for the indication that would be proposed.

24 DR. STEINBERG: Dr. Brass, can I comment?

25 CHAIRMAN BRASS: Please.

1 DR. STEINBERG: I think the ten milligram
2 and 20 milligram are very different. I think the ten
3 milligrams is the dosage, and the 20 is really very
4 different. My feeling is you should vote just on the
5 ten, which would be a vote separately, but it's the
6 ten milligram that I think the discussion has revolved
7 around.

8 CHAIRMAN BRASS: Okay. We will vote each
9 indication separately for each dose. We'll do a ten
10 milligram dose because what I'm trying, unless there's
11 objection, what I'm trying to do is we've been
12 presented data, and our reaction to that data will be
13 very helpful to both the sponsor and the agency in
14 their future deliberations and to only vote on a
15 subset of the data, I think, minimizes our impact on
16 the overall process, but I will accept the point, and
17 we will separate the ten and 20 in the voting.

18 Yes.

19 DR. GELLER: I do have one question for
20 the company. Based on the discussions here where the
21 efficacy is clearly greater for 20, yet so are the
22 risks, are you going for the ten? Is that what you
23 want to do, or are you going for anything? What's
24 going on here?

25 (Laughter.)

1 DR. LEVINE: We do not think that there's
2 a risk issue between ten and 20. I've been trying to
3 explain we've been talking about risk potential, given
4 some of the theoretical issues, but we don't believe
5 there's any risk difference between ten and 20
6 milligrams.

7 DR. GELLER: So you're going for any,
8 anything?

9 DR. LEVINE: We will let you vote.

10 CHAIRMAN BRASS: Thank you.

11 Okay. Has the sponsor provided sufficient
12 evidence to support the approval of omeprazole ten
13 milligrams for use in the OTC setting for acute,
14 symptomatic heartburn?

15 All who would like to vote yes on that
16 question, please raise your hand.

17 (Show of hands.)

18 DR. TITUS: Higher. Thank you.

19 CHAIRMAN BRASS: All those who would like
20 to vote no on that question, please raise your hand.

21 (Show of hands.)

22 CHAIRMAN BRASS: All those who would like
23 to abstain, please raise your hand.

24 (No response.)

25 DR. TITUS: There are two yeses, 11 noes,

1 and zero abstentions.

2 CHAIRMAN BRASS: Next question: has the
3 sponsor provided sufficient evidence to support the
4 approval of omeprazole 20 milligrams for use in the
5 OTC setting for acute, symptomatic heartburn?

6 All in favor, please vote yes at this
7 time.

8 (Show of hands.)

9 CHAIRMAN BRASS: There were two.

10 All those voting no, please raise your
11 hand.

12 (Show of hands.)

13 DR. STEINBERG: Dr. Brass, can I ask you
14 is this vote based on the two prevention studies or
15 the six studies?

16 CHAIRMAN BRASS: It is in total all the
17 data that has been presented to us today.

18 Next question -- oh, I'm sorry.

19 DR. TITUS: There are two yeses for 20
20 milligrams and 11 noes.

21 CHAIRMAN BRASS: Next question: has the
22 sponsor provided sufficient evidence to support the
23 approval of omeprazole ten milligrams for use in the
24 OTC setting for prevention of episodic or chronic
25 heartburn?

1 All those --

2 DR. GANLEY: We need to probably --

3 CHAIRMAN BRASS: Separate those two?

4 DR. GANLEY: Yeah, and I think the other
5 thing that's important here is the way the follow up
6 is.

7 CHAIRMAN BRASS: I understand.

8 DR. GANLEY: If you vote yes, then you're
9 essentially saying that there's no more information
10 needed from them, such as an actual use study or a
11 labeling comprehension study.

12 If you vote no, then you can qualify it
13 and say we think it is acceptable for chronic therapy,
14 for example, but you have to do these and these
15 studies.

16 CHAIRMAN BRASS: Correct. Okay. So we
17 have four votes left on Question I.

18 Has the sponsor provided sufficient
19 evidence to support the approval of omeprazole ten
20 milligrams for use in the OTC setting for prevention
21 of episodic heartburn?

22 PARTICIPANT: If you're separating
23 episodic from --

24 CHAIRMAN BRASS: All in favor, please
25 raise your hand yes.

1 (Show of hands.)

2 CHAIRMAN BRASS: All opposed, please raise
3 your hand no.

4 (Show of hands.)

5 DR. STEINBERG: Perhaps I don't understand
6 the question. Episodic heartburn over a chronic
7 period of time and chronic heartburn are the same.

8 CHAIRMAN BRASS: We are talking about
9 based on the evidence presented to -- well, based on
10 the evidence presented to us in totality.

11 DR. STEINBERG: But heartburn is an
12 episodic issue, and I don't see how when you're
13 talking about prevention there's a difference between
14 prevention of episodic heartburn and prevention of
15 chronic heartburn. They're both episodic and they're
16 chronic.

17 CHAIRMAN BRASS: I think the implication
18 was from the discussion, and again, I was happy to
19 lump them, but I think the supposition was that a
20 patient -- that there's an implication as to frequency
21 and severity that would differentiate.

22 So, for example, prevention of episodic
23 heartburn might be a person who has it once a month
24 with a specifically provocative meal as opposed to the
25 person who has three episodes a week and is taking it

1 on a chronic basis for that purpose.

2 Abstentions on that question?

3 (Show of hands.)

4 CHAIRMAN BRASS: Okay. We have to do it
5 again because we didn't get everybody's vote.

6 Has the sponsor provided sufficient
7 evidence to support the approval of omeprazole ten
8 milligrams for prevention of episodic heartburn?

9 Yes, please raise your hand.

10 (Show of hands.)

11 CHAIRMAN BRASS: No, please raise your
12 hand.

13 (Show of hands.)

14 CHAIRMAN BRASS: Abstentions, please raise
15 your hand.

16 (Show of hands.)

17 CHAIRMAN BRASS: For ten milligrams for
18 prevention of episodic, there are two yeses, ten noes,
19 and one abstention.

20 CHAIRMAN BRASS: Has the sponsor provided
21 sufficient evidence to support the approval of
22 omeprazole 20 milligrams for use in the OTC setting
23 for prevention of episodic heartburn?

24 Yeses, please raise your hand.

25 (Show of hands.)

1 CHAIRMAN BRASS: Noes, please raise your
2 hand.

3 (Show of hands.)

4 PARTICIPANT: I think someone's confused.
5 I see the gastroenterologists on the other side of the
6 table.

7 CHAIRMAN BRASS: Abstentions, please raise
8 your hand.

9 (Show of hands.)

10 DR. TITUS: There are two yeses, ten noes,
11 and one abstention, but I don't know what we voted on.

12 CHAIRMAN BRASS: That was 20 milligrams
13 for episodic.

14 Has the sponsor provided sufficient
15 evidence to support the approval of omeprazole ten
16 milligrams for prevention of chronic heartburn?

17 Yeses, please raise your hand.

18 (Show of hands.)

19 CHAIRMAN BRASS: Noes, please raise your
20 hand.

21 (Show of hands.)

22 CHAIRMAN BRASS: Abstentions, please raise
23 your hand.

24 (Show of hands.)

25 CHAIRMAN BRASS: Has the sponsor provided

1 sufficient evidence to support the approval of
2 omeprazole 20 milligrams for use in the OTC setting
3 for prevention of chronic heartburn?

4 All in favor, please raise your hand yes.

5 (Show of hands.)

6 CHAIRMAN BRASS: Noes, please raise your
7 hand.

8 (Show of hands.)

9 CHAIRMAN BRASS: Abstentions, please raise
10 your hand.

11 DR. TITUS: For the last two votes they
12 were the same for ten and 20 milligrams for chronic.
13 it was three yeses, nine noes, and one abstention.

14 CHAIRMAN BRASS: Now, as one of the noes,
15 I would like to expand upon my vote and try to explain
16 my rationale. I think that the evidence provided by
17 the sponsor gives every assurance that this drug would
18 have efficacy in the prevention of chronic heartburn.
19 I am convinced of that. I tend to believe that 20
20 milligrams would be better than ten milligrams, and
21 that the efficacy will be there.

22 I also have only very limited questions
23 about safety, and they have to do with developing a
24 label that can be shown to convey to consumers how to
25 use this drug appropriately in the setting of chronic

1 heartburn that conveys key elements of proper use, any
2 warnings that need to be considered, and when to see
3 a physician; that whether or not that label ends up
4 being congruent with the efficacy data that has
5 already been developed or requires additional support
6 of studies will be up to what that actual indication
7 looks like.

8 My point here is that we do not have an
9 indication, a label, an indication and studies of that
10 label which reflect how we expect this drug to be
11 used, nor do we have data that without knowing that
12 it's hard to say we have efficacy data that is
13 congruent with that labeling.

14 I don't know if that's clear, but that was
15 why I ended up voting no, even though I have great
16 confidence that this drug will be, based on the data
17 we've been presented, be able to meet that kind of
18 standard.

19 Dr. Geller.

20 DR. GELLER: I would like to address
21 further the issue of the ten-day limitation. This
22 group was unanimous in believing that would not be
23 adhered to, and so I wonder if that should be included
24 in the label, and if not, I think that the implication
25 is that longer term studies are necessary.

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1 I guess I would just like this group to
2 discuss this to advise the company on how to proceed.

3 CHAIRMAN BRASS: Well, again, from my
4 perspective if the label is for ten-day use, and
5 that's felt to be critical for the proper use of the
6 drug, then the sponsor has failed to meet a standard
7 because, in fact, the drug is going to be used by more
8 than ten days.

9 If the ten-day window is not an absolute
10 window, then that needs to be better defined,
11 communicated to a consumer and then an assessment made
12 to see whether the existing database is adequate for
13 that new --

14 DR. GELLER: Yeah, my concern is that the
15 studies conducted don't test longer term use according
16 to directions. So are you saying you think such
17 studies would have to be done then?

18 CHAIRMAN BRASS: I'm not prejudging what
19 a modified label would look like. So I'm not
20 prejudging whether additional studies would need to be
21 done.

22 Dr. D'Agostino.

23 DR. D'AGOSTINO: I have very much the same
24 feeling in response to this question. I think that
25 the efficacy studies for the ten days are quite good

1 studies and quite clear in their results.

2 I'm concerned as we started doing more of
3 the talking about the chronic use of it and so forth,
4 and it's very much what Nancy is saying, that the
5 unfolding of actual use studies and labeling and so
6 forth may say that you want to go beyond the ten days,
7 and if you do, then I think you need to -- there's a
8 point where you have to ask for more studies, and
9 again, I think the studies are convincing, but there
10 are so many issues left unsettled and undone that I
11 think the discussion between the drug company and the
12 FDA now hears our concerns and really has to be done
13 very seriously.

14 CHAIRMAN BRASS: Dr. Sachs.

15 DR. HARI SACHS: What I think I would need
16 to see, for example, to turn my no vote to a yes
17 because I agree short term efficacy for prevention was
18 shown. My concerns is the likelihood that much longer
19 term chronic use would be done. I would want to see
20 some of the longer term studies, and there may be data
21 based on the prescription use which would certainly
22 reassure me as to safety.

23 I think, number two, if you're putting it
24 into the OTC market, there's going to be a lot more
25 exposure of pregnant women who may take it for GI

1 symptoms, not realizing they're pregnant, and you
2 know, that needs to be addressed a little bit. I know
3 it has been addressed slightly, but there wasn't
4 consensus, and I think you need to have that.

5 I also think there's going to be a lot of
6 self-selection that I'm not sure was demonstrated,
7 especially if people are going to be using it over a
8 long term.

9 CHAIRMAN BRASS: Dr. Uden.

10 DR. UDEN: Well, first of all the acute,
11 symptomatic heartburn, I think for both doses it was
12 very clearly shown in the studies that how they ran
13 them it didn't work. But in the episodic where there
14 was mixed results and even the sponsors themselves
15 admitted it, for the episodic they were directed to
16 take it an hour before their challenge.

17 Clearly, if it's taken -- well,
18 intuitively, if it's taken, you know, two, three or
19 four hours before the insult, then it might work
20 better, but that was not what was presented to us.

21 And so that's how the decision was made.

22 CHAIRMAN BRASS: Dr. Cohen.

23 DR. COHEN: I think that some of the
24 panelists are trying to recreate the prescription
25 dosage of the drug. Twenty milligram for long term

1 use, those data are available. That's the way we've
2 used it for the past ten years. It's really the lower
3 dose for short term use for the prevention of
4 heartburn, and I can't see reinventing now the
5 prescription dose and redoing the studies. It's clear
6 that it works on the prescription dose 20 milligrams
7 daily for four, eight weeks, or prolonged treatment.
8 That was done.

9 Short term it works in this very limited
10 sphere for prevention, but I think you're talking
11 about something completely out of the context of OTC
12 usage.

13 CHAIRMAN BRASS: Well, that's again why I
14 said that it wasn't necessarily clear to me that
15 additional efficacy would, in fact, be presented.
16 What we have now is a complete disconnect between the
17 efficacy data, the actual use data and the label
18 comprehension as far as I'm concerned and what any
19 label might look like.

20 Those need to be made congruent, and there
21 are a variety of strategies that one might employ,
22 given the expectation of efficacy and the experience
23 with this drug that would convince people that
24 consumers would be able to use the drug safely and
25 with clear expectations.

1 I think it does no good to say we're going
2 to fool everybody and, say, put ten days on it or ten
3 milligrams and who in the hell cares how they actually
4 use it. I think that if we believe that a more
5 chronic use is appropriate and that there needs to be
6 specific warnings, under what circumstances that's
7 inappropriate, that needs to be demonstrably conveyed,
8 and it may or may not require additional efficacy data
9 to accomplish that end.

10 Yes, Dr. Shapiro.

11 DR. SHAPIRO: Mr. Chairman, just as a
12 matter of logic, it seems to me that what has been
13 demonstrated is that ten days of use works. We know
14 from countless studies of prescription use that 20
15 milligrams of use for longer term also works.

16 The recommendation is ill conceived. The
17 ten-day limit is ill conceived. If the over-the-
18 counter use were to use it for chronic heartburn and
19 use it as long as you like, that would make sense to
20 me, and it seems to me logically that we already know
21 that.

22 CHAIRMAN BRASS: Again, this is part of
23 the difference between an over-the-counter
24 consideration and a prescription. If we did not need
25 to have some sense that a consumer would be able to

1 translate your and my understanding into an
2 appropriate use in the out-patient setting, there
3 would be no deliberation about any prescription to OTC
4 switch because we already know they work.

5 And so the issue is being able to convey
6 the key messages in an over-the-counter setting, and
7 if there were any safety or efficacy concerns, be able
8 to demonstrate that the label adequately addresses
9 them.

10 So I don't disagree with your logic. I
11 think it's an issue of where the bar is placed in an
12 over-the-counter setting.

13 Dr. Blewitt.

14 DR. BLEWITT: Just for the record, these
15 studies were carried out over 14 days.

16 CHAIRMAN BRASS: I appreciate the clarity.
17 Thank you.

18 Yes, Dr. Ganley.

19 DR. GANLEY: Yeah, I just have some or one
20 main question, and I'm getting a little mixed signals
21 here from Dr. Cohen and Dr. Shapiro. On the one hand,
22 Dr. Shapiro and I can understand your rationale that
23 if people were going to take it, they should take it
24 all the time and we can label it very easily like
25 that, and, Dr. Cohen, I got the sense that you would

1 want a limitation possibly of four to eight weeks or
2 am I wrong in understanding some of your previous
3 comments?

4 DR. COHEN: My feeling is that the data
5 that were just presented would justify approval for
6 OTC usage at ten milligrams for short-term use, and I
7 think most patients would use it like that.

8 I think if you're going for long term use,
9 at ten milligrams you really have to present more data
10 on what the healing rates are going to be, what the
11 effects on the esophagus are going to be. I think
12 that we should stick to the studies that were
13 presented.

14 DR. GANLEY: Well, you had a prevention
15 study that showed 20 milligrams was effective. Why
16 not give 20 milligrams if there's no safety issue?

17 And please define what you mean by short
18 term.

19 DR. COHEN: I think the short term is just
20 the length of the study, and that's how we evaluate it
21 today. We show that over short term you had
22 prevention of symptoms at the lower dose, which I
23 think is a more appropriate OTC dosage. I think that
24 would be more embraced by the medical community, by
25 the patient community, and that's traditional that you

1 go, and that's what we did with the H2s. We went to
2 a half dosage.

3 It's been used. It's not been abused.
4 It's been used appropriately, and it's had wide
5 physician and patient acceptance, and that's what I
6 always thought was appropriate for this drug approval:
7 ten milligrams with the appropriate wording as
8 presented for ten or 14 days for the prevention of
9 heartburn.

10 DR. GANLEY: I think as we had thought
11 about this internally, I think the question that came
12 up when you connect the prevention data with the
13 actual use data, we came to the realization that
14 people were going to use this longer than ten days or
15 14 days, and our view was, well, if we're going to do
16 that and that's an appropriate OTC indication, we
17 ought to label it appropriately.

18 And I'm not sure that labeling it for 14
19 days as opposed to ten days really addresses the issue
20 that we have at hand, that people are actually going
21 to use it longer, and if they are going to use it
22 longer, how long should they use it and should they
23 stop and see what happens.

24 I mean those are the issues that we need
25 to grapple with here, I think.

1 CHAIRMAN BRASS: And I think that from my
2 perspective Dr. Cohen's logic I don't disagree with,
3 except for the fact we know that's not what happens.
4 A high percentage of the population won't stop at
5 that. They use the drug for more than the intended
6 period of time, and that the ability to be able to say
7 whether that's correct or not or guide them in proper
8 use.

9 From my perspective, I think a period of
10 time and then a discontinuation with an instruction
11 that it is okay to then restart the therapy or an
12 instruction to seek medical advice or something like
13 that, but I think, again, there has to be a match
14 between what's actually going to happen in the OTC
15 setting and the education of the consumer.

16 Dr. Robinson.

17 DR. ROBINSON: Perhaps I just don't read
18 what I'm supposed to, but if I'm not mistaken, there
19 are, of course, already OTC acid suppressing drugs on
20 the market. I don't believe any of them are approved
21 or have labels for long-term use. Yet we all know
22 that all of the patients who take them take them as
23 long as they feel they need them, and nobody has felt
24 any need to fix that.

25 And so I'm not sure why you need to fix it

1 for this drug at this time.

2 CHAIRMAN BRASS: Dr. Katz.

3 DR. KATZ: The one difference is that the
4 products that are out there are actually indicated for
5 acute symptom treatment. This is not acute
6 symptomatic relief. So there's a disconnect in one
7 sense.

8 The products that people are currently
9 taking they're taking to relieve their current
10 symptoms of heartburn. They're taking to prevent a
11 meal induced heartburn.

12 Here we're talking about, and we've been
13 addressing the issue of chronicity of therapy so that
14 right away you're talking about a different treatment.
15 This acutely, as you even said earlier, would not work
16 if someone takes it to relieve their acute heartburn
17 symptoms.

18 So that we have a different drug with a
19 different label and a different population of people
20 who may be using it long term. That's actually what
21 we're asking you to deal with to help us look at how
22 would we convey the information that needs to be
23 conveyed to a consumer so that they can understand how
24 to use this product appropriately.

25 CHAIRMAN BRASS: Dr. DeLap.

1 DR. DeLAP: Yeah, if I can just expand a
2 little more on that, I think one of the things that's
3 near and dear to my heart is the notion that we should
4 label these products so that consumers can use them to
5 best advantage, and we shouldn't have something on the
6 labeling of a product that we know is suboptimal or
7 that we strongly believe may be suboptimal.

8 In that regard, I think one of the
9 concerns that I had as I was listening to some of the
10 discussion is that people are talking to their
11 physician over the course of this research took the
12 medicine differently than people that weren't. People
13 that weren't talking to their physician might have
14 been more compliant in obeying the ten-day limit, but
15 people that actually had the advice of the health care
16 professional were ignoring the labeling.

17 So that says something to me about, you
18 know, what's the standard of care here and what should
19 people really be doing, and then it comes back to,
20 well, if it's the standard of care that people take
21 these medicines longer for these kinds of situations,
22 why can't we label it that way.

23 And then it comes back to, well, what else
24 do we need to know to be able to go in that direction.

25 I agree, I think, with some of the

1 sentiment about the long history of effectiveness of
2 this medicine for, you know, heartburn and various
3 manifestations. So I don't have too many reservations
4 about that, but I think we do need to have more work,
5 and I think I'm reflecting what I've heard from the
6 community. We need to have more work on how you label
7 it.

8 CHAIRMAN BRASS: Dr. Neill.

9 DR. NEILL: There are also some clear
10 implications for how many tablets go in the box, my
11 experience being patients are going to take this. If
12 it works, it will be a few days before they go back to
13 their drugstore, pick up another box of 24 to take.
14 When it doesn't work, they're going to call me and
15 come in and ask for the different proton pump
16 inhibitor that is not approved for OTC.

17 CHAIRMAN BRASS: Do you want to put your
18 phone number on the --

19 DR. NEILL: No.

20 (Laughter.)

21 DR. NEILL: The implication being that
22 because it's prescription, of course, it must work
23 better. Otherwise why would Prilosec have gone over
24 the counter? It can't possibly work as well.

25 I feel I'm the one person who voted no for

1 episodic and yes for chronic because I feel
2 comfortable with the efficacy data, and while I would
3 like to see actual use data in a 20 milligram dose or
4 in a ten milligram dose for that indication, my level
5 of discomfort in prevention of chronic is not so great
6 as to feel that that requires a no vote.

7 CHAIRMAN BRASS: Dr. D'Agostino.

8 DR. D'AGOSTINO: It's been said around the
9 table already, but I think it should be reiterated.
10 When this committee gave its blessing to the H2
11 antagonist, the types of studies that were before us
12 were relief from a meal and prevention for a meal.
13 There was no long-term involvement involved in it.
14 There were with the relief studies that they were
15 spread over a couple of weeks, but it was just
16 basically if you got an upset stomach, a heartburn,
17 take the pill, and then we did the analysis where we
18 actually were separating. If you took it day after
19 day, we separated the episodes where you have to have
20 two or three days of no drug so that we could see what
21 was happening basically on a particular episode where
22 there was a build-up and so forth.

23 These studies that we see before us are
24 really playing on -- and the way you're describing the
25 prescriptions -- are really playing on the build-up as

1 a part of the feature, and it's a new world for us,
2 and I think that we've made the right decisions.

3 CHAIRMAN BRASS: Dr. Shuster.

4 DR. SHUSTER: I'm confused. I don't know
5 how the FDA operates here. My impression had been
6 that the labeling is based on and the indication is
7 based on proven efficacy. For example, when
8 cimetidine came out, it was approved for six weeks of
9 treatment and very specific indications. A study in
10 the New England Journal by Fortran showed that it was
11 much more often used for off-label indications than
12 for the labeled indications, appropriately so as
13 events showed.

14 So my first question is: is the approval
15 based on what we project as the appropriate use or is
16 it based on data, evidence proven studies?

17 CHAIRMAN BRASS: I will try to answer
18 that. It is based on the data that's presented in
19 studies. In the case of OTC use, part of that
20 database is the expectation of how consumers will
21 actually use the product, and to the degree that there
22 are either concerns about misleading information, use
23 that will substantially differ from the efficacy
24 studies that make them noncomparable, efforts have to
25 be made to bring those two into congruence so that we

1 can make a judgment about the safety and efficacy in
2 the OTC setting.

3 DR. SHUSTER: So what you're suggesting is
4 that the standards for consumers is more strict than
5 the standards for physicians, and that may have an
6 element of veracity to it. It's probably right.

7 What I would wonder though is whether
8 experts, physicians, health care professionals,
9 physiologists, pharmacologists and so forth cannot
10 make the decision that this is a safe drug even for
11 use beyond the proven studies and to say that we will
12 put it out there. I mean what you're suggesting is
13 you shouldn't put it out there if it's going to be
14 misused, and I think that's inappropriate.

15 DR. COHEN: Yeah, I would just comment
16 that the 20 milligram dose clearly has efficacy long
17 term. We didn't see any data that ten milligram has
18 efficacy at 12, 16 weeks. So you're talking about
19 long-term use, and there was no presentation of data.

20 CHAIRMAN BRASS: That's why I voted no.

21 DR. GANLEY: I think you bring up valid
22 points, and that's why I tried to pin you down on
23 short-term use, because generally, you know, labels
24 say use for four to six weeks in the treatment of
25 GERD, and then -- but that's a physician monitoring

1 it.

2 And so if you can envision here that it
3 may say on the label for an OTC product to use it for
4 four to six weeks and stop and don't restart it, and
5 if your symptoms recur, you see your physician. Okay?

6 If you want to be very empirical about
7 what data we have for long-term relief, but from my
8 sense in listening to you folks today is that if you
9 take people off this therapy and the symptoms come
10 back, you just put them back on it. There's no
11 empirical data in the database that suggests that's
12 beneficial. It's based on your experience.

13 DR. RACZKOWSKI: Yes, I think I was
14 thinking along somewhat similar lines to Dr. Ganley.
15 What I'm concerned about is the potential discrepancy
16 between the prescription labeling, which has for the
17 treatment of GERD you need to take it for a minimum of
18 eight weeks or so, and what we've talked about so far
19 is the 20 milligram dose for only a 14-day course, and
20 I'd like some advice from the committee on whether
21 you're recommending then that if a 20 milligram dose
22 would be approved for OTC use, would the paradigm then
23 be for longer term, and by that I mean not just 14
24 days, but eight weeks, et cetera, where we do have
25 data from the prescription use of the drug.

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1 CHAIRMAN BRASS: Again, I think this could
2 be handled in different ways. Again, from my
3 perspective the indication is not GERD. It's chronic
4 heartburn. Some patients will have GERD, and we
5 understand that, and what I expect will happen is they
6 will self-select out to longer therapy as long as we
7 help guide that and have confidence that can be done
8 safely, and that that really is kind of the critical
9 transition.

10 There are some patients in this cohort who
11 can take a 14-day course, stop, and be drug free for
12 an extended period of time. There are others who
13 after three days will go right back on it, and I don't
14 think that's a bad thing either.

15 The challenge is how to convey that in an
16 appropriate way to the consumer.

17 Yes, Dr. Steinberg.

18 DR. STEINBERG: First of all, I want to
19 get back to this word "GERD." In my mind there is no
20 difference between GERD and chronic heartburn. So I
21 think that terminology is very confusing. I don't
22 think it should be differentiated.

23 But getting back to the whole issue of the
24 reason you voted against this being the studies are
25 not long enough, that's one of the main things you

1 said.

2 CHAIRMAN BRASS: Again, there's a lack of
3 congruence between the efficacy studies, the label and
4 the actual use studies.

5 DR. STEINBERG: Well, the actual use we
6 all agree is going to be long term, but long term will
7 mean different things to different patients. So how
8 is the sponsor to know how long term a long term study
9 should be even if they were doing one? Should it be
10 four weeks, eight weeks or a year? Because this drug,
11 in effect, will be used long term for years by some
12 people, and that's not a reasonable thing to ask.

13 CHAIRMAN BRASS: Well, again, there is
14 precedent, and correct me if I'm wrong, for much of
15 the efficacy data to come from the prescription NDA,
16 and those studies may be used in conjunction with
17 additional data to help support such an indication.

18 So, again, I don't view it as my job to
19 explain how those standards could be met, but I'm not
20 prejudging it the other way either. I can imagine
21 ways to do this without additional studies, and my
22 standard is congruence between the safety and efficacy
23 assessment for the database, the label, and
24 expectation of actual use, and I think there are a
25 variety of ways to get to that endpoint.

1 Dr. Sachs.

2 DR. HARI SACHS: The other question I
3 have, which is really additional information, is how
4 does a patient decide whether to put themselves on an
5 antacid and H2 blocker or a PP -- if this is OTC -- or
6 a PPA.

7 You know, I think there has to be some
8 consideration for the rather naive consumer.

9 CHAIRMAN BRASS: Well, I think that's the
10 marketplace, and again, I don't think that's an issue
11 where we, unless there's a clear health benefit
12 distinction or risk distinction, need to guide people
13 in doing that. I think that's a marketplace decision.

14 I don't -- very quickly please.

15 DR. ROBINSON: The only other thing I
16 would say is that of course, I think the data that you
17 want or need really all do exist already, and they
18 exist in the -- and I think you're probably not
19 looking at the data that were actually presented today
20 totally correctly because, in fact, most patients do,
21 in fact, take -- most of these subjects did, in fact,
22 take their medicine according to labeling. It wasn't
23 that most of them didn't, and the ones that didn't,
24 you have no idea what they're going to do next, but
25 you have no data to suggest that they'll take the

1 medicine for a year.

2 And people who have heartburn do use on
3 demand therapy now with all of the products and will
4 with this one as well, and if you have a bad week,
5 you'll take it for a week, and if you don't ever have
6 anymore trouble, you'll stop.

7 So the fact is putting this medicine on
8 the market is not going to guarantee that every person
9 that ever takes it will take it forever.

10 CHAIRMAN BRASS: I think I'd like to sum
11 up briefly on a positive note because I think we're
12 losing sight of some of the bottom line messages, and
13 that from the perspective of NDAGC, I think we have
14 really moved things very substantially, and that for
15 the first time the committee has agreed that a non-
16 acute, nonsymptomatic symptom, i.e., chronic use or
17 prevention, may, in fact, be under appropriate
18 circumstances an approvable OTC indication.

19 I think that is very significant if that
20 can be handled right.

21 Additionally, I think that the concept
22 that this product is very likely to be able to meet
23 such a standard and there is confidence that the
24 efficacy and safety database are appropriate for OTC
25 if done properly is also a nontrivial, significant

1 conclusion.

2 DR. NEILL: This is not a nonsymptomatic
3 symptom.

4 CHAIRMAN BRASS: Well, I'm sorry, but the
5 patient will continue to take it while they're
6 nonsymptomatic.

7 DR. NEILL: Right, but there are clear --

8 CHAIRMAN BRASS: So that, again, --

9 DR. NEILL: Unlike cholesterol, there are
10 clearly patient identifiable symptoms that they can
11 use to guide --

12 CHAIRMAN BRASS: I agree completely, but
13 again, it is a step in a direction that allows a more
14 chronic use during a period with an objective of
15 prevention.

16 Unless there are really burning issues, I
17 would like to adjourn the meeting and thank everybody
18 very much for their contribution.

19 Oh, Dr. DeLap.

20 DR. DeLAP: I'd like just to add my thanks
21 for all the hard work by the people around the table
22 and also the sponsor and our FDA staff, of course, and
23 I'm sure we will be having further conversations with
24 the company, and we will probably invite a number of
25 the Advisory Committee staff to help us in those

1 discussions as well.

2 CHAIRMAN BRASS: Thank you all.

3 (Whereupon, at 5:13 p.m., the meeting was
4 concluded.)

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C E R T I F I C A T E

This is to certify that the foregoing transcript in
the matter of: JOINT MEETING OF THE
 NONPRESCRIPTION DRUGS AND
 GASTROINTESTINAL DRUGS
 ADVISORY COMMITTEES

Before: FDA / CDER

Date: OCTOBER 20, 2000

Place: GAITHERSBURG, MARYLAND

represents the full and complete proceedings of the
aforementioned matter, as reported and reduced to
typewriting.

Rebecca Davis