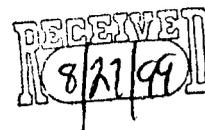


**NOTIFICATION PURSUANT TO**  
**SECTION 6 OF DSHEA**



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Schiff® Inositol Powder Product #10222 bearing the statements set out below:

**Weider Nutrition International, Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **Inositol (myo-inositol)** is as follows:

- (Statement 1) Myo-inositol is commonly found in foods and the human body. Inositol is converted into phosphatidylinositol (PI), one of the phospholipids that make up cell membranes. PI helps to control cell responses to external stimuli and provide precursors for eicosanoid synthesis.
- (Statement 2) Inositol, a member of the B-complex family, helps transport fat out of the liver and aids in the metabolism of carbohydrates and fats.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 16th day of August, 199 9.

WEIDER NUTRITION INTERNATIONAL, INC.

BY:

LR Bucci

DR. LUKE R. BUCCI  
Vice President of Research