

Ricola

August 3, 1999

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, DC 20204

5884

RECEIVED
12/13/99
12:04

RE: Ricola® Herbal Health™ Mood Formula

To Whom It May Concern:

Pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 ("DSHEA"), Ricola, Inc. ("Ricola"), Morris Plains, New Jersey 07950, hereby notifies the Food and Drug Administration that within the past 30 days the Company has begun marketing a dietary supplement with a label that bears statements of nutritional support. Ricola is the distributor of this product.

The dietary supplement for which the statements are made is Ricola® Herbal Health™ Mood Formula. Per serving size of one tablet, the supplement contains: St. John's Wort standardized extract, 300 mg; Positive Mood Support Blend, 75 mg (extracts of gotu kola leaf, hops strobile and passionflower); Bio-enhancing herbal blend, 12.5 mg (extracts of hyssop, lemon balm leaf, peppermint leaf, sage leaf and thyme leaf); Thiamin, 1.5 mg; Riboflavin, 1.7 mg; Niacin, 20 mg; Vitamin B₆, 2 mg; Folate, 200 mcg; Vitamin B₁₂, 6 mcg; and Pantothenic acid, 10 mg.

The statements of nutritional support for this product read as follows:

- Promote a positive outlook the natural way with Ricola® Herbal Health™ Mood Formula.
- This science-based formula delivers research-recommended levels of the highest quality dual-standardized St. John's Wort, along with an anti-stress vitamin B complex and a skillfully crafted blend of some of the world's best-loved positive mood herbs.
- This advanced formula is further enhanced by a special blend of healthful Ricola herbs.

A copy of the outer package and inner-container label for the product is attached.

Ricola USA, Inc.
51 Gibraltar Drive
Morris Plains, NJ 07950
Phone: 973-984-6811 ■ 800-323-9073
Fax: 973-984-6814
E-mail: info@ricolausa.com

973-0162

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These statements are accompanied by the required disclaimer indicating that the statements have not been evaluated by FDA and that the product is not intended to diagnose, treat, cure or prevent any disease.

Ricola certifies that it possesses adequate substantiation for these statements of nutritional support; that the substantiation renders them truthful and non-misleading and thus permissible under the DSHEA; and that the information contained in this notice is complete and accurate.

Sincerely,

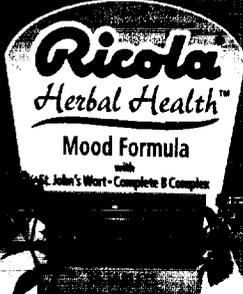


Dan Thomas
President

Enclosure

Original plus two copies enclosed

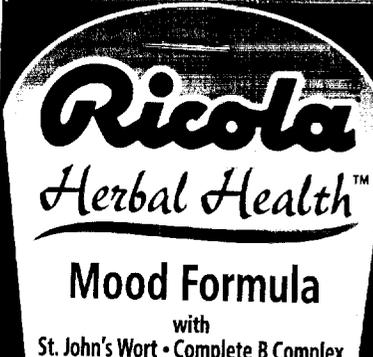
Ricola® Herbal Health™ Mood Formula



Supplement Facts
Serving Size: 1 tablet

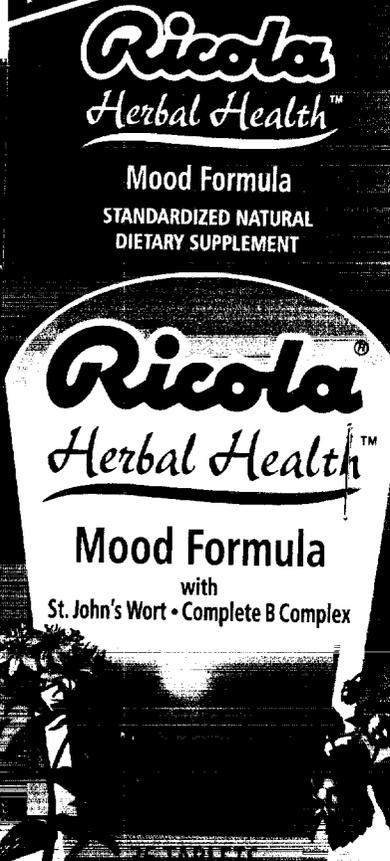
	Amount Per Serving	% Daily Value
Thiamin (as thiamin hydrochloride)	1.5 mg	100
Riboflavin	1.7 mg	100
Niacin (as niacinamide)	20 mg	100
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100
Folate (as folic acid)	200 mcg	50
Vitamin B12 (as cyanocobalamin)	6 mcg	100
Panthenic acid (as D-calcium pantothenate)	10 mg	100
St. John's wort standardized extract (0.3% hypericin and 0% hyperforin) (aerial parts)	300 mg	†
Positive mood support blend	75 mg	†
Extracts of ginkgo leaf (10% ginkgolides), hops extract and passionflower (whole plant)		
Bio-activating herbal blend	12.5 mg	†
Extracts of lemon balm (parts), lemon balm leaf, peppermint leaf, rose leaf and thyme leaf		

† Daily values not established.



Ricola
Herbal Health™
Mood Formula
with
St. John's Wort • Complete B Complex

Trusted Herbal Experts For 60 Years



Ricola
Herbal Health™
Mood Formula
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St. John's Wort • Complete B Complex

STANDARDIZED NATURAL DIETARY SUPPLEMENT

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Exp: _____
Batch: _____

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