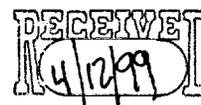


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Metaform® Hyperdrive 360™ Product #52440 & #52476** bearing the statements set out below:

Weider Nutrition International., Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure-function claim for **Carbohydrate, Protein, Creatine, Glutamine & Taurine** as follows:

- (Statement 1)** Amino Acids from a proprietary protein source of whey and casein for quicker uptake, greater absorption and improved nitrogen retention.
- (Statement 2)** Proprietary Dual Carbohydrate Matrix from a high glycemic, rapidly absorbed and easily digested source of energizing carbohydrates. Recent studies indicate that high glycemic carbohydrates, such as glucose and glucose polymers, taken after exercise increase the uptake of creatine monohydrate and glutamine while serving as a direct precursor to glycogen or stored energy in muscle. In addition, current research suggests that ingesting ample carbohydrates (1 gram per 2.2 lbs of bodyweight) after intense exercise mitigates muscle protein breakdown, which in turn leads to more positive nitrogen balance and consequent upgraded anabolic effects in muscle.
- (Statement 3)** Pure Creatine Monohydrate has been shown to increase muscle contractile strength, while promoting increased hydration and muscle cell volume. Hydrated muscle cells are more resistant to catabolism (breakdown).
- (Statement 4)** Glutamine is the most abundant amino acid in the body and constitutes more that 50% of the free intracellular amino acid pool that may be used to support gluconeogenesis. HyperDrive 360™ is one of the only post exercise formulas to contain this vital amino in the form of Glutamine Peptide for greater tolerability.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 5th day of April, 1999.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: _____



DR. LUKE R. BUCCI
Vice President of Research