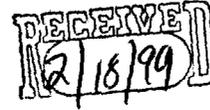




5235 '99 FEB 19 P306

February 16, 1999

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington DC 20204



Re: Notification of DSHEA nutritional support claim for AmeriFIT Baby Boomer Calm Dietary Supplement

Dear Sir or Madam:

The purpose of this letter is to provide notification pursuant to section 403 (r)(6) of the Federal Food, Drug, and Cosmetic Act ("the Act") and 7 C.F.R. § 101.93 that AmeriFIT, Inc., is marketing a dietary supplement that bears a statement of nutritional support as defined in section 403 (r)(6) of the Act.

The labeling for Baby Boomer Calm bears the following statements:

"Calm "

"Herbal Nutrition for Relaxation"

". . . find a little rest and relaxatoin"

AmeriFIT, Inc. has on file substantiation that the above statements are truthful and not misleading. To the best of my knowledge, the information contained in this notice is complete and accurate.

Sincerely,

Craig Larsen  
Director of Product Development and Quality Assurance

97S-0162

LET3171

Corporate Headquarters  
166 Highland Park Drive  
Bloomfield, CT 06002  
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