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NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA
AND 21 CFR §101.93.

This notification is being filed on behalf of Doctor's Best, Inc. which is the manufacturer of the product which bears the statements identified in this notification. Its business address is: 1120 Calle Cordillera, Suite 101, San Clemente, CA 92673. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is Blood Fat Balancer.

The text of each statement for which notification is now being given is as follows:

Statement 1: Blood Fat Balancer contains three ingredients that help maintain normal cholesterol and triglyceride levels in the blood.

Statement 2: Gugulipid® is a standardized extract of "gum guggul," a traditional Ayurvedic herb that has been shown to help normalize cholesterol and triglycerides.

Statement 3: Inositol hexanicotinate is a flush-free form of niacin, a vitamin known to help regulate cholesterol, LDL, HDL and triglycerides.

Statement 4: Pantethine, a derivative of pantothenic acid (vitamin B5), is converted in the body to "coenzyme A," which plays important roles in cellular energy production and metabolism of fats.

Statement 5: Pantethine helps keep cholesterol, LDL, HDL and triglycerides within normal limits.

Statement 6: Regulates cholesterol metabolism.

Statement 7: Normalizes triglyceride levels.

Statement 8: Raises HDL cholesterol.

Statement 9: Helps maintain a healthy cardiovascular system.

The following summary identifies the dietary ingredients or supplement for which a statement has been made.

<u>Statement Number</u>	<u>Identity of Dietary Ingredient or Supplement that is the Subject of the Statement</u>
1	Blood Fat Balancer
2	Gugulipid®
3	Inositol hexanicotinate
4	Pantethine
5	Pantethine
6	Blood Fat Balancer
7	Blood Fat Balancer
8	Blood Fat Balancer
9	Blood Fat Balancer

The following identifies the brand name of the supplement for which a statement is made.

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling</u>
1	Doctor's Best	Label
2	Doctor's Best	Label
3	Doctor's Best	Label
4	Doctor's Best	Label

5	Doctor's Best	Label
6	Doctor's Best	Labeling
7	Doctor's Best	Labeling
8	Doctor's Best	Labeling
9	Doctor's Best	Labeling

I, Richard M. Conant, am authorized to certify this Notification on behalf of Doctor's Best, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that Doctor's Best, Inc. has substantiation that each statement is truthful and not misleading.

Date Signed: January 26, 1997

By: 
Richard M. Conant
Director of Nutrition Research