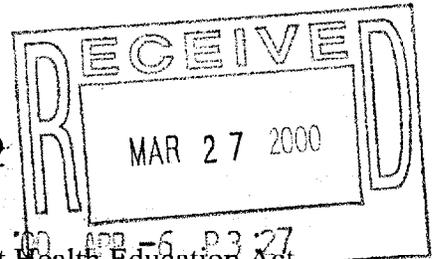


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® Creatine Monohydrate, Product #12889** bearing the statements set out below:

Weider Nutrition International., Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure function claim for **Creatine Monohydrate** is as follows:

- (Statement 1)** Supports muscle function in all age groups.
- (Statement 2)** Creatine Monohydrate is an effective way to support a healthy heart and maintain normal muscular function in any age group.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 21st day of March, 2000.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: _____

DR. LUKE R. BUCCI

DR. LUKE R. BUCCI
Vice President of Research