

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

ARMS#

13381



2 - LABEL SAMPLE

000001

#133E IIN-9344
Consumer Adverse Event F/U
4-27-99 KACG

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Starlight
Int'l

**STARLIGHT
INTERNATIONAL**

Dietary Supplements

**Thermogenic Weight
Management System**

TRIM (FR)

Scientists and medical doctors have now shown that reducing calories alone is not sufficient to effectively lose weight. Simply limiting the amount of calories you eat sets off an internal alarm that tells your body's metabolism to slow down and conserve energy. So, while you may be eating less, you're not losing fat.

The key to effective weight loss and long-term maintenance is in increasing your metabolic rate — stepping up the natural fat-burning process of the human body. While vigorous exercise programs are very effective at speeding up your body's metabolism and an important element in maintaining optimum health, now there's an additional way to burn fat.

NaturalTRIM® is a unique formulation of special, dietary herbs and minerals which actually boost the body's natural fat-burning abilities through a process known as thermogenics. By helping you increase the rate of your body's metabolism, NaturalTRIM assists you in losing weight and keeping it off.



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Suggested Usage: One capsule four times per day. Adjustments in the amount and time of taking the product may be made in accordance with work schedules and sleep or appetite patterns.

Warnings/Precautions: Not recommended for children under the age of 18. Individuals with diabetes, hypertension, epileptic seizures, glaucoma, thyroid, heart or prostate disease as well as pregnant/lactating women, or individuals taking an MAO inhibitor or any other prescription drug should consult their physician prior to the use of this product. Do not exceed suggested usage and discontinue use if rapid heart beat occurs as a result of taking this product. The recommended dosage of ephedrine for a healthy adult woman is 100 Mg. in 2-4 hour periods for not more than 12 weeks. Excessive use of this product may be hazardous to a person's health. This product contains 22 Mg. of ephedrine alkaloids per capsule.

NOTE: This product contains Cascara Sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain. Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

Keep out of reach of children. Store in a cool, dry place protected from light.

STARLIGHT INTERNATIONAL



Dietary Supplement

Thermogenic Herbal Complex

TRIMA

120 Capsules

Ingredients: Bladderwrack, Goldenrod Leaf, Parsley Leaf, Uva Ursi Leaf, Ephedra Sinica, Corn Silk Pistils, Hawthorn Berries, Fumitory Herb, Cascara Sagrada Bark, Licorice Root, Marshmallow Root, Magnesium Gluconate, Calcium Gluconate, Apple Pectin, Chromium Picolinate (50 Mcg. per capsule).

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Thermogenic Weight Management System
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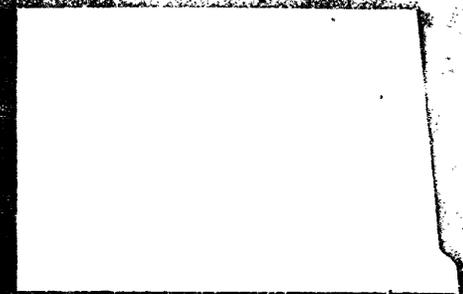
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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Extensive, double-blind clinical studies prove the safety and effectiveness of NaturalTRIM[®] through documented case histories indicating a 50% to 70% increase in weight reduction from participants. As a result of these studies and continued testimonials from thousands of satisfied customers, medical doctors and nutritional professionals throughout the United States recommend the NaturalTRIM[®] Thermogenic Weight Management System to their patients who want to lose weight.

The NaturalTRIM[®] Thermogenic Weight Management System was created in 1988 for the personal use of Hollywood's major motion picture and television personalities. Designed to work simply, safely, and effectively, NaturalTRIM[®]:

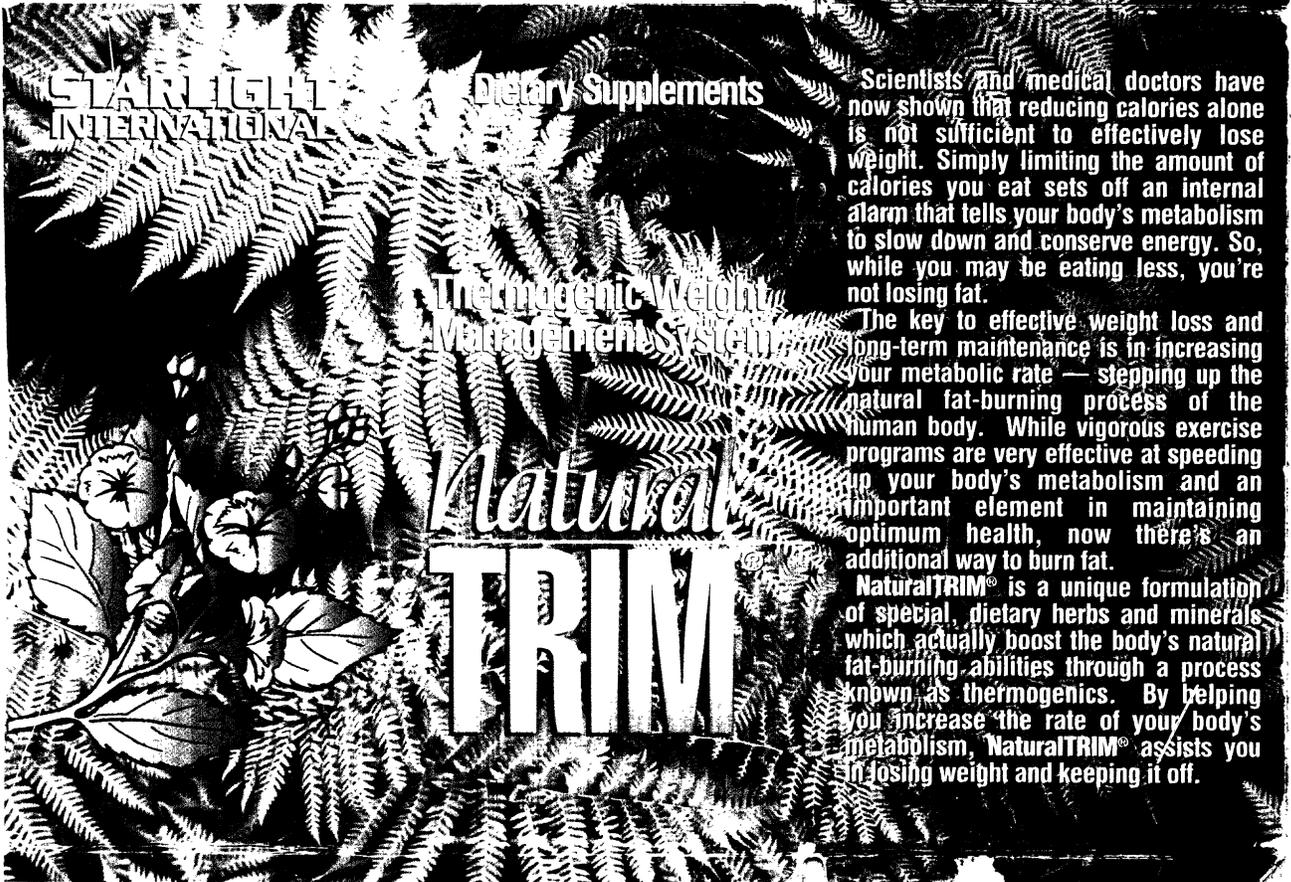
- Helps To Suppress Your Appetite
- Helps You To Burn Calories Faster
- Contains No Drugs Or Artificial Ingredients

This package contains:
• Thermogenic Herbal Complex
120 Capsules
• Active Booster Compound
30 Caplets

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#13381 MIN-9344
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Exhibit #



STARLIGHT INTERNATIONAL Dietary Supplements

Thermogenic Weight Management System

Natural
TRIM

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Exhibit #



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- Helps You To Burn Calories Faster
- Contains No Drugs Or Artificial Ingredients

This package contains:
• Thermogenic Herbal Complex
• 120 Capsules
• Active Booster Compound
• 30 Caplets

