Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

ARMS#

12880

2 - LABEL SAMPLE

[redacted] [redacted]

SUGGESTED USE: As a Dietary supplement, orally, adults, ONE to TWO caplets two to three times per day, or every four hours, on an empty stomach one hour before meals. DO NOT EXCEED EIGHT CAPLETS PER DAY.

CAUTION: AS WITH ANY DIETARY SUPPLEMENT, SEEK ADVICE FROM A HEALTH CARE PRACTITIONER PRIOR TO USE IF YOU ARE PREGNANT OR NURSING, OR IF YOU HAVE HIGH BLOOD PRESSURE, HEART OR THYROID DISEASE, DIABETES, DIFFICULTY IN URINATION DUE TO PROSTATE ENLARGEMENT, OR IF TAKING A MAO INHIBITOR OR ANY OTHER PRESCRIPTION DRUG, OR INTEND ON TAKING TO REDUCE WEIGHT. REDUCE IF NERVOUSNESS, TREMOR OR NAUSEA OCCUR. NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18. KEEP OUT OF THE REACH OF CHILDREN.

G723 07/00

All-Natural Herbs

Metabolife™

Dietary Supplement 356

Herbal formula to enhance your

DIET

and provide

Energy

90 Caplets

INDEPENDENTLY LABORATORY TESTED FOR "SAFETY"

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	% Daily Value
Vitamin E 6 I.U.	20%
Magnesium Chelate 75mg	19%
Zinc Chelate 5mg	33%
Chromium Picolinate 75mcg	62%

INGREDIENTS: Guarana concentrate (40mg naturally-occurring caffeine), Ma Huang concentrate (12mg naturally-occurring ephedrines), Bee Pollen, Ginseng Root, Ginger Root, Lecithin, Bovine Complex, Damiana Herb, Sarsaparilla Root, Goldenseal Herb, Nettle Leaf, Gota Kola Herb, Spirulina Algae and Royal Jelly.

READ ENTIRE LABEL BEFORE TAKING

Metabolife International, Inc.
5070 Santa Fe Street
San Diego, CA 92109
(619) 490-5222

*Based on multi species clinical laboratory testing.

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Attn: Mr. David Radle

From: [redacted]

Thank You