

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

ARMS#

13345



6 - MD NOTES

000001

Adult Wellness Packet
 Family Planning Wellness Packet

CV Risk Assessment	Present	Absent
a. Smoking	<input checked="" type="checkbox"/>	<input type="checkbox"/>
b. Hypertension	<input type="checkbox"/>	<input checked="" type="checkbox"/>
c. Inactivity	<input type="checkbox"/>	<input checked="" type="checkbox"/>
d. Obesity	<input type="checkbox"/>	<input checked="" type="checkbox"/>
e. Dietary Fat	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Family Planning Method Discussed: None
 Use, Efficacy, Side Effects: discussed
 Alternate Methods: to a doctor
 HIV, STD's: discussed
 Return Visit Scheduled: pregnancy

ORDERS:

CC: Patient presents for general PE and pap smear. She currently reports using no birth control and is trying to achieve pregnancy. She had her last Depo Provera shot over a year ago and took almost 9-10 months to get her first menstrual period. Since that time she has been irregular and had two periods over the last month the second of which was quite heavy. She has had unprotected intercourse and is not pregnant. She also has had fatigue but she admits this may be due to the fact that she has a 1 1/2 and 2 1/2 y/o child at home.

PMH: Hospitalized at age 10-12 or so one time for complications of asthma. Hospitalized times two for OB. No allergies. Currently on no medications.

FH: Parents are both living but their health status is unknown. She has five siblings, 4 brothers 1 sister which she thinks are all in good health.

SH: Patient does smoke. We discussed that and she is not willing to quit at this time. She does not work outside the home.

ROS: HEENT: Negative. CARDIORESPIRATORY: Negative. GI: negative. GU: See HPI. LOCOMOTOR: Neg. NEURO: negative.

O: HEENT: Ears negative. Eyes show PERRL. Mouth negative. NECK: palpably normal thyroid, no significant adenopathy. CHEST: Clear. HEART: Regular without murmur or gallop. BREASTS: without palpable mass. ABDOMEN Shows no tenderness, mass or organomegaly. PELVIC: External negative, vagina appears stimulated. Cervix visualized. Small eversion is evident. Pap smear is done. Bimanual shows a retroflexed uterus, adnexa are clear.

A: 1. Prolonged fatigue. 2. Irregular menses. 3. Otherwise normal PE.

P: 1. Will obtain CBC and thyroid profile. Start on Prenatal vitamins pre-pregnancy to ensure adequate Folate levels. 3. RTC when achieves pregnancy or in one year for repeat pap.

t2-17-98 [REDACTED]

WILL CORRECT THE RECORD ON FILE FROM 2-13-97 TO 2-13-98

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 Follow-Up Adverse Report
 Thomas S. Donaldson 03-19-99
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1998																				
JANUARY				FEBRUARY				MARCH												
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3		1	2	3	4	5	6	7	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28	22	23	24	25	26	27	28
25	26	27	28	29	30	31								29	30	31				
APRIL				MAY				JUNE												
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4				1	2			1	2	3	4	5	6	
5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13
12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20
19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27
26	27	28	29	30			"a" 25	26	27	28	29	30	28	29	30					
JULY				AUGUST				SEPTEMBER												
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4						1		1	2	3	4	5		
5	6	7	8	9	10	11	2	3	4	5	6	7	8	6	7	8	9	10	11	12
12	13	14	15	16	17	18	9	10	11	12	13	14	15	13	14	15	16	17	18	19
19	20	21	22	23	24	25	16	17	18	19	20	21	22	20	21	22	23	24	25	26
26	27	28	29	30	31		"a" 25	26	27	28	29		27	28	29	30				
OCTOBER				NOVEMBER				DECEMBER												
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3		1	2	3	4	5	6	7	1	2	3	4	5		
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26
25	26	27	28	29	30	31	29	30						27	28	29	30	31		

[REDACTED] WREATH MANUFACTURING,
 BUSINESS WAS STARTED ON 10-01-98 AND SHUT
 DOWN ON DECEMBER 02 OR 04-98

~~1~~ WEEKS OF MANUFACTURING
 DAILY PRODUCTION WOULD VARY FROM 30 TO 50 WREATHS
 AND 5,500 WREATHS WERE MANUFACTURED FOR
 THE 1998 HOLIDAY SEASON. "MAGIC HORSE" WAS USED
 BY MRS. [REDACTED] DURING THIS TIME PERIOD.

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 Attachment 5 page 1 of 1 TSD

MESSAGE

DATE _____ TIME _____

Caller _____ Patient _____

Phone _____ Doctor _____

Please Call Back _____ Urgent _____ Call Pharmacist _____ Left Message _____

Fever _____ Nausea & Vomiting _____ Diarrhea _____ Cough _____ Sore Throat _____

Remarks:

Informed [redacted] that her pregnancy test was positive. She figured that it would be as her home pregnancy test was. She will make an appointment for OB physical. She still has prenatal vitamins left from her previous pregnancy. She will begin taking them. She knows that she is not to use drugs, tobacco or alcohol.

T12-24-98/ [redacted]

PATIENT [redacted] # _____ Date 12/22/98

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SD

PATIENT:

CH

C. C.:

OB per i pap.

B. P. *122/86*

P.

T. *967*

AGE

WT. *150*

HT.

66"

ALLERGIES:

*Prenatal
Wellness Packet
1-499 ER*

ORDERS:

S: Patient comes in for routine OB examination. She overall is frustrated that she is feeling somewhat nauseated. She also states that her LMP was very scanty and light in the first part of November so she is unsure whether or not if this is true or not.

O: Examination is unremarkable.

A: Healthy patient, expect no untoward problems.

P: Will get an ultrasound for evaluation of dates.



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PATIENT

PHYSICIAN:

TIME:

DATE:



145

114/99

PATIENT:

CHART #

C. C.:

B. P.	P.	T.	AGE	WT.	HT.	ALLERGIES:
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S: [REDACTED] is in for her monthly checkup. She is feeling excessively tired. She is also extremely worried about the magic herb pill and the Ginseng that she took when she was early pregnant. She brought the bottles in with her and I looked over the labels for her and they do have MaWong, licorice and cromion picklinate in it along with the regular Ginseng. There is a warning on the Ginseng bottle not to be taken in pregnancy but I do not know why. She is not having any bleeding or cramping.

ORDERS:

O: Vital signs are normal. She has not gained any weight at all. Her palpable fundus is only about 2 cm. up from the pubic bone and I could not hear fetal heart tones today.

A: 1. Herbal products ? effect on pregnancy. 2. I spoke with the patient directly telling her that there is no way for anyone to know what effect this might have had on the fetus but that in general, any toxic effect on the fetus between the first and the fourth week of pregnancy usually ends up in fetal demise and not a continued pregnancy. I reassured her that probably everything is just fine. 2. Small for dates.

P: 1. Get an ultrasound (as it happens today!) 2. Reassurance. 3. She will be back in four weeks. 4. She did decline the HIV test today but she will have the regular prenatal panel drawn.

PATIENT: T2-4

PHYSICIAN:

TIME:

DATE: 2-2-99

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 JD

PATIENT:

CHART #

C. C.:

B. P. P. T. AGE WT. HT.

ALLERGIES:

3/1/99

ORDERS:

I had a phone call from the FDA today about her over the counter herbal supplements. Dr. Calvert from the FDA wanted permission to talk with [REDACTED] I called [REDACTED] today and I spoke with her about talking to the FDA , she said it was fine to give them her telephone number so that Dr. Calvert can call her and talk with her about her usage of the over the counter herbs. So I called Dr. Calvert back and gave him [REDACTED] number as well as her name. I do have the two bottles of the things she took They are in my left hand bottom drawer. They can be signed over to the FDA at any time they come to get them. [REDACTED] did give me permission to give them those meds.

t3-3-99

PATIENT:

SICIAN:

TIME:

DATE: 3-1-99

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