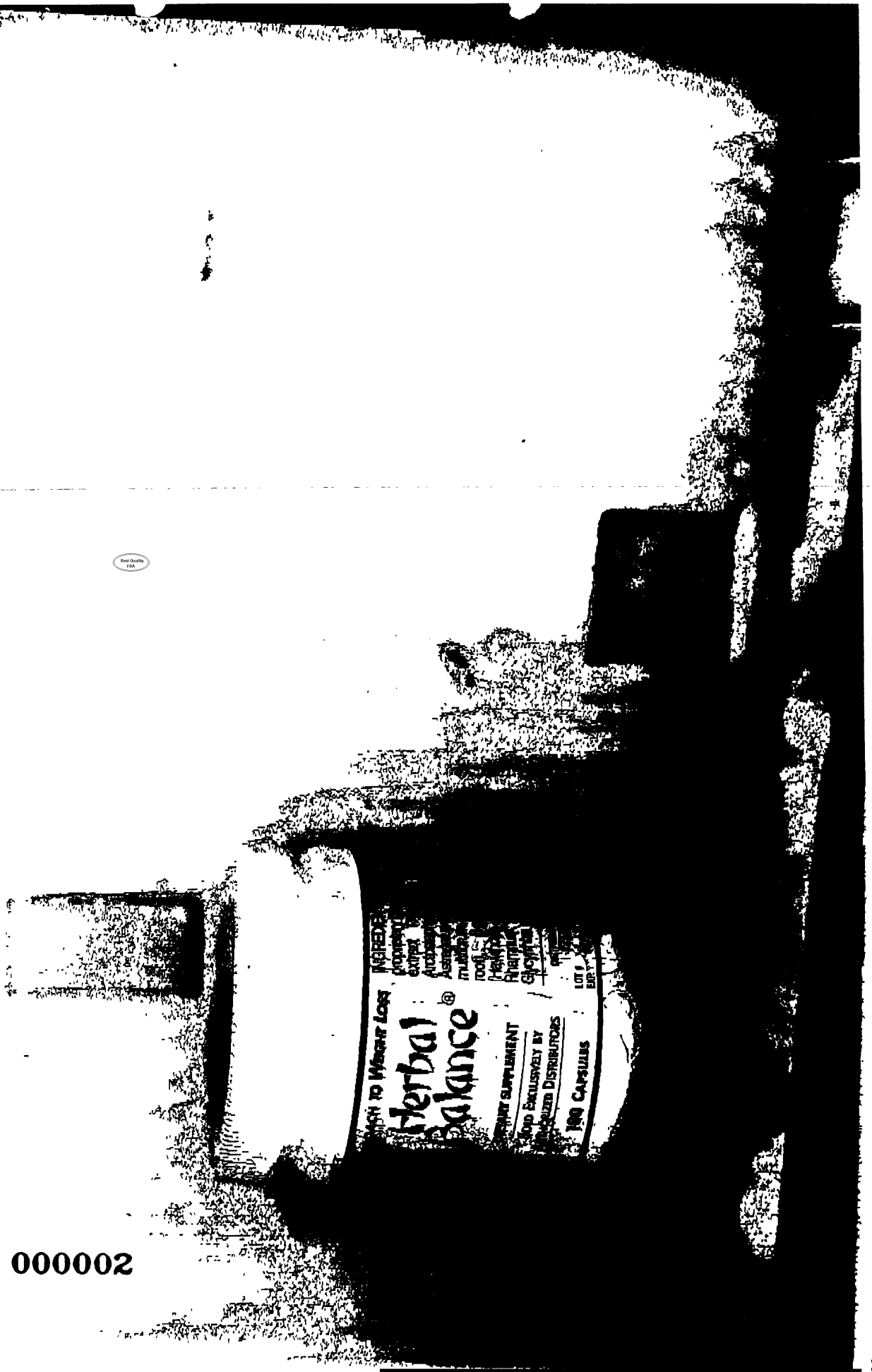
Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

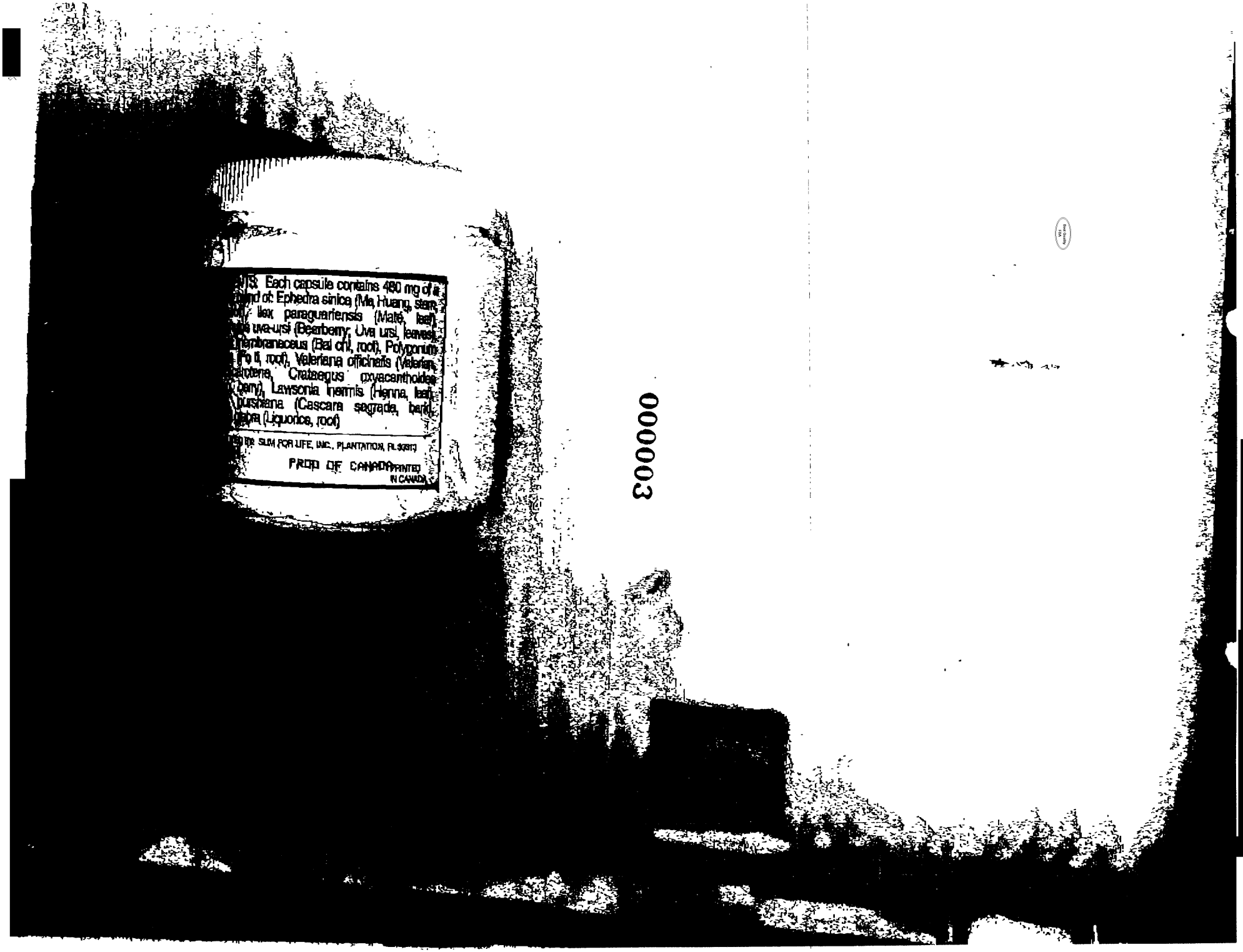
ARMS#

12523

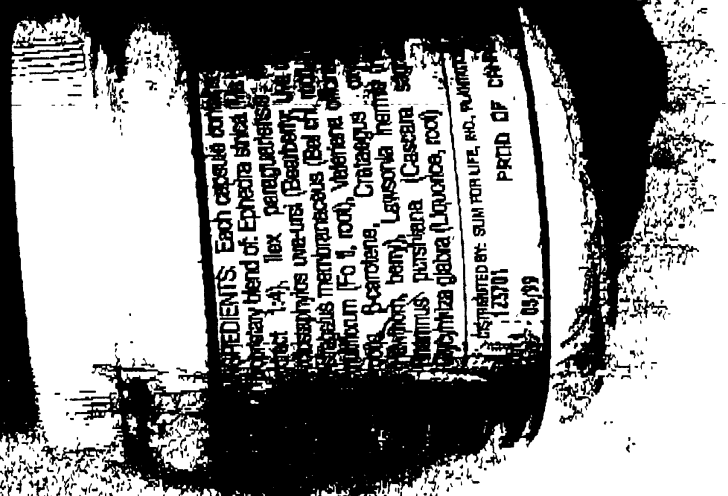
2 - LABEL SAMPLE



000002


Each capsule contains 480 mg of a
of: Ephedra sinica (Ma Huang, stem,
Ilex paraguariensis (Maté, leaf),
uva-ursi (Bearberry, Uva ursi, leaves),
membranaceus (Bai chi, root), Polygonum
Ho ti, root), Valeriana officinalis (Valerian,
Crataegus oxyacantholdes
berry), Lawsonia inermis (Henna, leaf),
burshiana (Cascara sagrada, bark),
glabra (Liquorice, root)
SLIM FOR LIFE, INC., PLANTATION, FL 33317
PROD OF CANADA
PRINTED IN CANADA

000003


INGREDIENTS: Each capsule contains
proprietary blend of: Echinacea purpurea
(Root 1:4), Ilex paraguariensis
Phytolacca decandra (Berry), Vitex
Arctostaphylos uva-ursi (Bearberry, Leaf),
Rhamnus purshiana (Bark of Fruit, Dry),
Taraxacum (Fo 1, root), Valeriana officinalis
(Root), β-carotene, Crataegus
(Leaf and berry), Lawsonia inermis (Leaf),
Rhamnus purshiana (Cascara Sagrada
Bark), Glycyrrhiza glabra (Liquorice, root)
DISTRIBUTED BY: SUN FOR LIFE, INC., PLANTATION
12701
PROD OF CANADA
- 08/99

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Best Quality FDA

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DIRECTIONS: Begin with a low dose and consider gradual dose level. Take capsules with food.
Day 1-2: One (1) capsule 1 hour before bedtime.
Day 3-4: One (1) capsule 1 hour before dinner.
Day 5-6: Two (2) capsules 1 hour before bedtime.
Day 7: As a second option to take before dinner.
Do not exceed four (4) capsules per day.

PERSONAL BALANCE should not be used by nursing mothers. If you have heart or blood pressure disorders or hyperthyroidism, consult your physician before taking this product. Do not use if you are taking an MAO inhibitor or any other prescription medicine. Consult your physician before taking this product if you are taking a sedative, tranquilizer, or other medication. Reduce or discontinue use if nervousness, tremors, loss of appetite or insomnia occur. Not recommended for persons under the age of 18.

KEEP OUT OF CHILDREN