Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

ARMS#

11918

2 - LABEL SAMPLE

or best results, follow these directions:

veryone's body is different, so you may have to djust the way you take the tablets. Start by aking 2 tablets around 10:00 a.m. and 1 tablet round 3:00 p.m.

: will not harm you if you need to take 2 or 3 ablets two (2) times per day. Most people get antastic results with 3 tablets daily.

xercise and lowering fat intake will speed up fat oss so you will reach your ideal healthy weight ooner.

RE YOU DRINKING ENOUGH WATER?

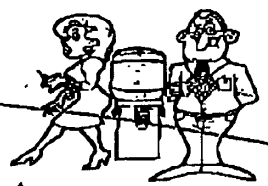
If not, you could end up with:

Excess Body Fat
Poor Muscle Tone
Digestive Complications
Muscle Aches
Water Retention Problems

Vithout proper water intake, your kidneys cannot unction properly and some of their work is dumped nto the liver. Your liver's primary function is to etabolize stored fat into fuel energy for your body. owever, if your liver is busy handling the work of our kidneys, it cannot effectively metabolize fat and eight loss essentially grinds to a halt.

dditionally, when you don't drink enough water our body starts to hold on to every drop outside of e cells and you may suffer water retention which auses swollen feet, hands and legs.

is recommended that you drink at least 8 glasses of ater per day.



ur
ll-natural product
not to be confused with the chemical Ephedrine.

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If you would like more information, or have questions regarding any of our products, call:

[redacted]

Ask about our other cutting edge products!!!

Be Young Again

90 Day Natural Face Lift

HerbalGenics brings this proven European oral skin care product to the U.S. market.

OPC 92

ANTIOXIDANT

50 x More Powerful Than E
20 x More Powerful Than C
as an Antioxidant

Nature's most powerfull free-radical fighter! Miraculously helps prevent and improve virtually every health problem.

Super Aloe Plus

Stimulates Cell Growth • Cleanses

Reaches deepest body tissues. Has 6 antiseptic agents. Settles nerves. Detoxifies and normalizes metabolism.

Super Formula AD

Helps your body cope with Stress Overload

Lets you enjoy a constant higher energy level. Significantly increases energy and endurance during competition.

ULTRA HI ENERGY

Have all the energy you need!

Eliminate mid-afternoon blahs. Elevate your mood. Feel good all over! Get through the most long, difficult or exhausting days with energy to spare!

The information in this brochure is not intended for medical or health claims, but for educational purposes only.

If you have any serious health condition, you may need to contact your physician.

HerbalGenics, International

BE THIN AGAIN

Contains

CHROMIUM PICOLINATE

LOSE WEIGHT

LOOK Great!! **FEEL Great!!**

... by simply taking 3 all-natural herb tablets daily and eating healthy foods.

- ✓ Lose Body Fat
- ✓ Control Appetite Naturally
- ✓ Curb Desire for Sweets
- ✓ Increase Energy Level
- ✓ Lower Cholesterol
- ✓ Increase Muscle Tissue Growth (heart, skeletal muscle & other vital organs)
- ✓ Maintain Healthy Body Weight

BE THIN AGAIN

changes the balance of your body's ability to burn fat for energy.

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WHY DIETS DON'T WORK

Most dieters who achieve significant weight loss, lose far too much (approximately 30%) lean body mass (muscle & organic tissue). Not only does this diminish strength and agility, but affects appearance as well.

With less muscle pleasing curves flatten, chests sink, and arms and legs appear spindly. The loss of lean body mass lowers the metabolic rate which makes it harder to keep the fat off permanently. This is known as the "Yo-Yo" syndrome.

There is now scientific evidence that **BE THIN AGAIN** with Chromium Picolinate, can accelerate fat loss while helping preserve or even increase muscle tissue.

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HOW DOES BE THIN AGAIN WORK?

BE THIN AGAIN features a unique blend of specialized, synergistically blended herbs, placed in combination with the patented biological wonder, Chromium Picolinate. This special blend of herbs and nutrients works by making your body more sensitive to the hormone - insulin. Insulin builds body muscle by stimulating amino acid uptake, while accelerating protein breakdown.

BE THIN AGAIN improves your metabolism so that your body relies more on using stored fat and less on stored proteins.

The result---
more muscle and less fat!

WHAT IS CHROMIUM PICOLINATE?

It's a bioactive chromium with important clinically proven benefits. Chromium is vital to good health and is essential for the efficient functioning of insulin. Poor responsiveness to insulin is common and is linked with increased risk of being overweight, heart disease, elevated blood fat, high blood pressure and diabetes. 90% of American diets provide much less than the minimal amount of chromium recommended by the National Academy of Science. Most forms of chromium are not easily absorbed by the body, but chromium picolinate, being bioactive is. In fact, in tests in major hospitals and universities, it has been shown to significantly reduce body fat, help build lean strong body muscle and lower elevated cholesterol.

BE THIN AGAIN INGREDIENTS

Sugar Cravings

Chromium Picolinate - Offsets sugar cravings. Involved in the metabolism of glucose. This essential mineral maintains stable blood sugar levels through proper insulin utilization.

Chromium Polynicotinate - Another source of Chromium Picolinate, however, this enters the bloodstream and activates 3 times faster.

Energy appetite

MaHuang Extract - Helps convert fat into energy. Improves blood circulation and controls appetite. Also used as a decongestant.

Energy appetite mental

Guarana Extract - Increases mental alertness, fights fatigue and helps diminish appetite. A high energy source desired by many for a natural lift.

Energy mental

Kola Nut Extract - Increases energy, circulation and alertness.

appetite

Spirulina - satisfies the body's hunger, purifies and builds the blood.

Energy metabolism

Red Korean Ginseng - Increases energy, reduces stress, stimulates mental and physical vigor and lowers cholesterol. Also protection against radiation.

Bee Pollen - Valuable diuretic that builds resistance to weakness and disease, improves digestion and fights hypoglycemia.

Chinese Licorice - Stimulates glands, rejuvenates, helps maintain intestinal tract and is also an antioxidant.

Potassium Citrate - Increases energy, helps maintain liver and digestive tract. Used by body builders.

Amino

Ascorbic Acid - Natural form of Vitamin C and also an antioxidant.

Magnesium Aspartate - Converts blood sugar to energy. Neutralizes stomach acid.

Energy

Siberian Ginseng - Increases energy, builds strength and stamina.

Amino

L-Carnatine - Amino acid that builds lean muscle.

appetite

Green Tea Extract - Increases mental awareness, fights fatigue and helps diminish appetite. Also is a major antioxidant.

BE THIN AGAIN SAVES YOU MONEY

During the test market period users of **BE THIN AGAIN** reported an average savings of $3.00 per day on food expense.

$90.00 a month saved and better health.

BE THIN AGAIN
pays for itself!