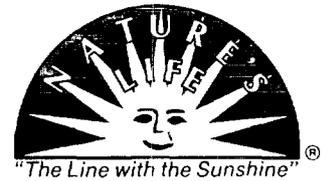


NATURE'S LIFE®

LOCAL (714) 379-6500
FAX (714) 379-6501
USA (800) 854-6837



"QUALITY YOU CAN TRUST" 1762 '99 FEB -9 P2:31

M.K. HEALTH FOOD DISTRIBUTORS, INC. 7180 LAMPSON AVE. • GARDEN GROVE, CA 92841-3914 • USA

Dr. Elizabeth A. Yetley, Ph.D., Director
Office of Special Nutritionals - HFS-450
United States Food & Drug Administration
200 C Street SW, Washington, D.C. 20204

January 28, 1999

FEB -4 1999

Notice of a 403(r)(6) Statement -
Multiple Statements and Ingredients

Dr. Yetley,

This letter serves notice that M.K. Health Food Distributors, Inc., dba Nature's Life, located at 7180 Lampson Avenue, Garden Grove, California, 92841, U.S.A. is marketing a dietary supplement whose label bears 403(r)(6) statements as follows:

Lipotropic Complex

Helps the Liver Metabolize Fats

Nature's Life Lipotropic Complex has the vitamins, minerals, amino acids and herbs to help your liver break down and burn fats.

Vitamin B-6, Chromium, Choline, Inositol, I-Methionine, Betaine HCl, Milk Thistle Seed, I-Carnitine and Lecithin, are the dietary ingredients that are the subjects of these statements and Lipotropic Complex is the name of the dietary supplement that is the subject of these statements.

Regards & Health,

A handwritten signature in black ink, appearing to read "Karl Riedel". The signature is fluid and cursive, with the first name being the most prominent.

Karl Riedel

encl: Two Copies of this Notice

cc: M.K., C.M., K.C.

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