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NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA AND 21 CFR §101.93.

This notification is being filed on behalf of NDS Nutrition, LLC, which is the manufacturer of the product which bears the statements identified in this notification. Its business address is: 13423 Lynam Drive, Omaha, NE 68138.

This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label and labeling the statements appear is Nocturnal.

The text of each statement for which notification is now being given is as follows:

Statement 1: Support to maximize muscle recovery.

Statement 2: Support to maintain muscle strength.

Statement 3: Support to enhance muscle gains.

The following summary identifies the dietary ingredient or supplement for which a statement has been made:

Statement Number	Identity of Dietary Ingredient or Supplement that is the Subject of the Statement
1	Nocturnal
2	Nocturnal
3	Nocturnal

The following identifies the brand name of the supplement for which a statement is made:

Statement Number	Brand Name	Label/Labeling	
1		NDS	label/labeling
2		NDS	label/labeling
3		NDS	label/labeling

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I, Cory Wiedel, am authorized to certify this Notification on behalf of NDS Nutrition, LLC. I certify that the information presented and contained in this Notification is complete and accurate, that (company name) has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 10-25, 2005 By: _____