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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 19, 2005

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Flex-a-min® Super Glucosamine supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WorldWide Sports:

Ingredients: Vitamin C, Manganese, Sodium, Glucosamine Hydrochloride, Methylsulfonylmethane (MSM), Boron, Silica and Hyaluronic Acid

- Soothes Achy Joints
- With other key joint health ingredients like Vitamin C and Hyaluronic Acid, this formula provides extra nutritional support to help revitalize cartilage and support your joints.
- It also contains MSM, a mineral that is vital in the formation of collagen, connective tissue, and healthy joint cartilage.
- MSM helps to synergistically enhance the rejuvenating qualities of Glucosamine.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

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