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December 15, 2004

Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Black Cohosh supplements under the Rexall and/or Rexall Premium label(s):

- Natural Menopausal Relief.
- Black Cohosh has been successfully used in Europe for decades to alleviate the symptoms of menopause, including hot flashes, night sweats and mild mood changes.
- This non-synthetic answer to menopausal relief is perfect for women during the years immediately before, during and after menopause.
- It is a holistic solution to a natural stage of life.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.  
Manager, Nutrition Research

ASV/mb

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