



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 244-2000 ■ Fax: (631) 218-7480

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REC 212 2004

Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

December 6, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Glucosamine Chondroitin & MSM with Gelatin supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

**Ingredients:** Gelatin, Glucosamine Hydrochloride, Chondroitin Sulfate, Methylsulfonylmethane (MSM)

- Promotes Comfortable Joint Movement.
- Promotes joint health in the body including in the knees and hips.
- Promotes flexibility and mobility.
- Cushion and lubricate joints
- Ease joint stress due to exercise and physical activity.
- Glucosamine provides the building blocks for glycosaminoglycans, the lubricating structure in cartilage.
- Gelatin provides the building blocks for collagen, the chief structural protein in cartilage and bone.
- Chondroitin builds and maintains the structural framework of joints to cushion joints and support movement.
- MSM supplies vital ingredients that nourish joints and maintain healthy connective tissue.

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The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in black ink, appearing to read "Angelica S. Vrablic". The signature is fluid and cursive, written over the printed name.

Angelica S. Vrablic, Ph.D.  
Manager, Nutrition Research

ASV/mb