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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

December 6, 2004 ~~DEC 22 2004~~

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Liquid Aminos supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

**Ingredients:** L-Alanine, L-Arginine, L-Aspartic Acid, L-Glutamic Acid, Glycine, L-Histidine, L-Hydroxylysine, L-Hydroxyproline, L-Isoleucine, L-Leucine, L-Lysine, L-Methionine, L-Phenylalanine, L-Proline, L-Serine, L-Threonine, L-Tyrosine, L-Valine

- Our unique formula contains a blend of essential and non-essential amino acids designed to support exercise and post-exercise states, or to be used any time as part of your bodybuilding diet.
- Amino Acids are the building blocks of protein, which plays a role in normal growth and development.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.  
Manager, Nutrition Research

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