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May 29, 2003
JUN 17 2003

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
5100 Paint Branch Parkway
College Park, Maryland 20740
Reference phone #301-436-2373

Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

Green tea contains biochemical compounds called polyphenols, which include flavonoids. Green tea contains the flavonoid EGCG, a potent antioxidant.

Jarrow Formulas' Green Tea is water extracted, produced from fresh leaves that are chopped, rolled, and quickly steamed, a process that retains polyphenols. Jarrow's green tea consists of 50% polyphenols, including 33% catechins. Catechins are flavan monomers, the building blocks of OPCs. OPCs, OligoProanthoCyanidins, are polymers (or chains) of flavans. Catechins are generally more bioavailable and more potent an antioxidant than proanthocyanidins.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Green Tea 5:1 Extract

(4) Name of the dietary supplement(s)

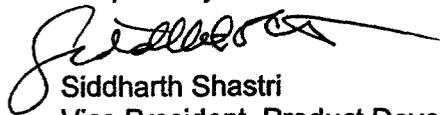
Green Tea 5:1 100 gm powder • 1000 gm powder

(5) The following disclaimer appears on the label in bold: These

statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,



Siddharth Shastri
Vice President, Product Development

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