

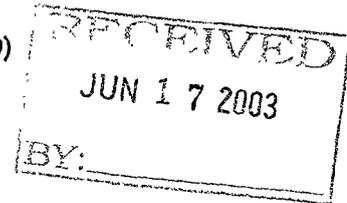
1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936 • 800/726-0886
www.Jarrow.com

FAX NUMBERS
Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132

1519 12 21 2003

May 21, 2003

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
5100 Paint Branch Parkway
College Park, Maryland 20740
Reference phone #301-436-2373



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

Niacinamide is the form of niacin that circulates in the bloodstream. Niacinamide is utilized by all body tissues to synthesize nicotinamide adenine dinucleotide (NAD) and nicotinamide adenine dinucleotide phosphate (NADP), the active forms of niacin. NAD and NADP are essential for over 200 enzymes and function as a hydrogen donor or electron acceptor (important for the synthesis of energy - ATP). NAD is also involved in the activation of folate and regeneration of reduced glutathione. Niacinamide and niacin are the two forms of Vitamin B3. Niacinamide does not cause flushing or skin irritation.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Niacinamide

(4) Name of the dietary supplement(s)

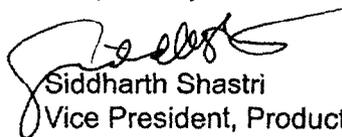
Niacinamide 250 mg • 100 capsules

(5) The following disclaimer appears on the label in bold:

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,


Siddharth Shastri
Vice President, Product Development

97S 0162

LET

12271

\$ 4717