

NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA  
AND 21 CFR §101.93

REC  
MAY 1 2003

This notification is being filed on behalf of New Chapter, Inc., which is the manufacturer of the product(s) which bear the statements identified in this notification. Its business address is: 22 High St. PO Box 1947, Brattleboro, VT 05302. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R §101.93. The dietary supplement product on whose label or labeling the statements appear is Kava Oasis™.

The text of each structure-function statement for which notification is now being given is:

(Statement 1): Gently and safely promotes peace of mind.

(Statement 2): Used traditionally to promote higher states of consciousness, recent European research highlights the herb's combined effects of promoting calm and increasing mental clarity.

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MAY 8 1 2003

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement(s) that is the subject of the Statement</u>
1.	Kava, Valerian, Lavender, Passion Flower, Chaste Tree, Gotu Kola, Ginger, Chamomile
2.	Kava

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1.	Kava Oasis™	Label and Labeling
2.	Kava Oasis™	Label and Labeling

I, Margaret Kilroy, am authorized to certify this Notification on behalf of New Chapter, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that New Chapter, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: May 13, 2003 By: Margaret E. Kilroy, Quality Assurance Technician  
[Name]  
[Title]

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The text of each structure-function statement for which notification is now being given is:

(Statement 3): Recommended by Hippocrates to promote healthy sleep, two species of the herb called *mexicanus* and *officinalis* are now recognized as valuable sources of active compounds called valepotriates, which cultivate a calm and peaceful mind.

(Statement 4): Used in traditional Tibetan and Ayurvedic traditions as a "broom of the brain" to sweep away troubles from an agitated mind, modern European pharmacopoeias include lavender as a key herb to promote mental stability and composure.

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<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement(s) that is the subject of the Statement</u>
3.	Valerian
4.	Lavender

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
3.	Kava Oasis™	Label and Labeling
4.	Kava Oasis™	Label and Labeling

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The text of each structure-function statement for which notification is now being given is:

(Statement 5): More than 90 licensed phytonutraceuticals in Germany feature this important herb capable of quenching the fires of an uneasy mind.

(Statement 4): According to a U.S. government database, ginger leads the list of all botanicals with the highest amount (17) of soothing compounds, while it advances the delivery of other herbal constituents.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement(s) that is the subject of the Statement</u>
5.	Chamomile
6.	Ginger

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
5.	Kava Oasis™	Label and Labeling
6.	Kava Oasis™	Label and Labeling

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The text of each structure-function statement for which notification is now being given is:

(Statement 7): A recent German study shows vitex to possess significant positive mood balancing effects.

(Statement 8): Regarded historically for its ability to enhance longevity and clarity of mind, modern research shows gotu kola can help maintain the body's detoxification systems during periods of occasional stress.

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<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement(s) that is the subject of the Statement</u>
7.	Chaste Tree
8.	Gotu Kola

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
7.	Kava Oasis™	Label and Labeling
8.	Kava Oasis™	Label and Labeling

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The text of each structure-function statement for which notification is now being given is:

(Statement 9): Recommended in the earliest written records of the Aztecs to counter stress, passion flower is now recognized in the prestigious German Commission E as an important herb to help counter restlessness.

(Statement 10): According to the German Monograph E Series, these concentrated herbal extracts have demonstrated the ability to promote emotional well-being and serenity.

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<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement(s) that is the subject of the Statement</u>
9.	Passion Flower
10.	Kava, Valerian, Lavender, Passion Flower, Chaste Tree, Gotu Kola, Ginger, Chamomile

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
9.	Kava Oasis™	Label and Labeling
10.	Kava Oasis™	Label and Labeling

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